

# St. Mary's County: **Help is available!**

## Mental health crisis, including suicidality:



call: 211

website: [211md.org](http://211md.org)

text: 741741



1-800-273-TALK (8255)

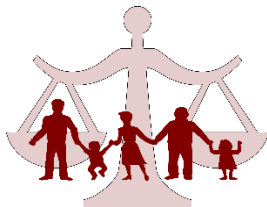
## Domestic violence, rape crisis & sexual assault:



call: 1-877-672-3876

website: <http://mscfv.org/st-marys-county>

## *Southern Maryland Center for Family Advocacy:*



call: 240-925-0084

website: [www.smcfa.net](http://www.smcfa.net)

## Substance use-related concerns & contacting Walden:



call: 301-997-1300

website: [www.pyramidwalden.com](http://www.pyramidwalden.com)

*Please discontinue use of Walden Sierra hotline 301-863-6661.*