

Healthy St. Mary's Partnership
Tobacco Free Living Action Team
August 1, 2019 from 10:45 p.m. – 11:45 p.m.
East Run Medical Center

Minutes

1. **Attendance:** Blair Innis – Legal Resource Center (LRC), Tom Liske – community member, Kim Dollarton – St. Mary's County Health Department (SMCHD), Stephanie Scharmen – SMCHD, Alyssa Salud-Benipayo – Summer Public Health Academy at SMCHD, Ashley Milcetic – SMCHD, Masada Johnson – Deep Launching, Nat Scroggins – Minority Outreach Coalition (MOC), Cheri Reulet – MedStar St. Mary's Hospital (MSMH), Caitlin Kirkpatrick – SMCHD, Jacquie Heaney – SMCHD
2. **Health Education Surrounding Vaping/E-Cigarettes**
 - a. Jacquie and Caitlin took the balloon experiment to Juneteenth and the Tri-County Youth Services Bureau (TCYSB) summer camp. At TYSB they turned it into a 30 minute lesson which we will be looking to adapt for the TFL Jr. Team to use when they visit elementary and middle schools. Jacquie is taking the experiment to the Beach Party in Leonardtown this weekend. If you'd like to incorporate the experiment into any outreach events you will be at let Jacquie know.
 - b. **Action Item:** We need donations of balloons to continue the experiment.
3. **Tobacco 21 Panel Event**
 - a. The [event](#) is scheduled for Thursday, September 26, 2019 from 5:00 – 7:00 p.m. at the St. Mary's County Fairgrounds. So far we have solidified Laura Hale, Kathy Hoke, Dr. Monika Lee, and Sgt. Myers. We have put in a request to the Superintendent to have a representative from the school system sit on the panel.
 - b. The team discussed questions to provide the panelists that will be planted in the audience if there's a break in the flow of the open question period.
 - i. Is the new IQOS device covered under the T21 law?
 - ii. Can youth/18-20 year olds be prescribed cessation products (patch, gum, lozenge, etc.)?
 - iii. Can retailers refuse the military exemption?
 - iv. Do you have to be 21 to sell tobacco products?
 - v. Does vaping lead to use of regular cigarettes?
 - vi. Why did Maryland include a military exemption?
 - vii. Is there a grandfather clause for 18-20 year olds?
 - viii. What are they doing for 18-20 year olds who can no longer purchase tobacco products?
 - ix. Why 21?
 - x. If vaping doesn't have tobacco in it why is it such a problem?



- xv. Why isn't the FDA regulating e-cigarettes?
 - xii. What is the school's policy for confiscating vape products?
 - xiii. Can a teen be put on Chantix?
 - xiv. What are the long-term effects of e-cigarettes?
 - xv. Why remove youth citations?
 - xvi. What is the sheriff's office going to do if they see someone under 21 smoking/vaping?
- c. We will meet briefly in September to finalize details for this event.

4. Cancer Screening Program Updates

- a. New guidelines allow the program to screen women ages 21-39 for cervical cancer. Due to this change the team is developing new flyers. The program can act as a navigator for those with health insurance who meet the income requirements.
- b. The team will be attending Fiesta Day in October at the Lexington Park United Methodist Church and the Community Health & Wellness Fair on October 18.

5. TFL Junior Team Update

- a. The school year starts at the beginning of September and we plan to meet with the Junior Team around the middle of the month to kick off the year. The team will be focusing on doing outreach to elementary and middle schools this year.

6. 2019 HSMP Annual Meeting

- a. [Registration](#) is now open!
- b. The TFL team will have a table at the Annual Meeting this year. Caitlin will provide her tar jars and cessation flyers for the table. Jacquie will print the Tobacco 21 flyer. If you would like to add any information about your organization or programs please bring materials to the September meeting.

7. Partner Updates

- a. If you hear of any Back to Schools nights/events please let [Caitlin](#) know so that she can attend.
- b. The NAACP [Back to School Fair](#) is August 10 from 12:00 – 3:00 p.m. at Lexington Park Elementary.
- c. St. Mary's Caring's [Back to School Blast](#) is August 29 from 5:30 – 7:30 p.m.
- d. The Legal Resource Center is working with MDH to develop a Tobacco 21 fact sheet and toolkit.
- e. The Behavioral Health Action Team is hosting a [Youth Mentoring Round Table Discussion](#) on August 29 from 5:30 – 6:30 p.m. at the Lexington Park Library.

8. Communications



- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at:
<http://healthystmarys.com/newsletter/> or email stmaryspartnership@gmail.com.

9. Upcoming Meetings:

- a. **TFL Team:** September 5, 2019 from 10:45 – 12:35 at East Run Medical Center.
- b. **2019 HSMP Annual Meeting:** September 19, 2019 from 8:30 a.m. – 3:00 p.m. at the Southern Maryland Higher Education Center.

