

Healthy St. Mary's Partnership
Tobacco Free Living Action Team
October 3, 2019 from 10:45 p.m. – 11:45 p.m.
East Run Medical Center



Minutes

1. **Attendance:** Angela Cochran – St. Mary’s County Health Department (SMCHD); Shannon Heaney – SMCHD; Stephanie Freeman – SMCHD; Caitlin Kirkpatrick – SMCHD; Nat Scroggins – Minority Outreach Coalition (MOC); Brenda Wolcottt – MedStar St. Mary’s Hospital (MSMH)
2. **Health Education Surrounding Vaping/E-Cigarettes**
 - a. The team discussed next steps for this goal as we are handing the balloon experiment over to the TFL Junior team for their outreach at the elementary schools. Ideas that the team discussed included: a 5K around vaping/lung health awareness, a community flyer to pass out at recreation & parks events for Kick Butts day, and working with the School Health Council to develop classroom materials or an assembly that schools can hold for Kick Butts Day. The School Health Council discussed at their meeting on September 30 breaking up into subcommittees – one of which would be focused on vaping. Angela, Caitlin, and Jacquie will reach out to Mike Watson, the new Director of Facility Coordination, Health & Physical Education, and Athletics and coordinator of the School Health Council to see what the school system would be interested in partnering in.
3. **Tobacco 21**
 - a. The town hall meeting went well and the speakers were very informative. The webpage with key points covered and questions and answer is available at: <https://healthystmarys.com/t21/>. Media coverage of the event is also linked on the webpage.
 - b. T21 retailer materials are coming in mid-late October due to an issue with the printing. If you come across a retailer that is asking about the materials, please direct them to notobaccosalestominors.com where pdf versions are available to print.
4. **Cancer Screening Program Updates**
 - a. October is Breast Cancer Awareness Month.
 - b. Please keep spreading the word about the cancer screening program to the community.
 - c. Nat is working on developing a flyer to encourage men to get their mammograms after seeing [this video](#) featuring Beyoncé’s father who has breast cancer.



5. TFL Junior Team

- a. The team is inviting new members to their meeting today. They will also be voting on officers.
- b. They will start their 5 part Lung Health Ambassador series with Dr. Galiatsatos from Johns Hopkins on October 23. In 2020 they will be working on their outreach at elementary schools, starting their podcast series, and possibly doing more advocacy in Annapolis based on what new laws are proposed.

6. Partner Updates

- a. The Maryland Department of Minority Health and Health Disparities (MHHD) will be releasing an RFA for Health Departments in the coming weeks. It will be focused on the opioid epidemic, but they have stated that they will consider vaping programs as vaping/tobacco use is considered a gateway.
- b. MHHD's 16th Annual Health Equity Conference is December 5. Register online [here](#).
- c. Please complete your [evaluations](#) from the 2019 HSMP Annual Meeting.
- d. We are updating all membership information. Please take a moment to fill out [this form](#).
- e. Jacquie will be out of the office from October 10 – 20. If you need anything during this time please contact Jenna.
- f. SMCHD launched their [Strong Beginnings](#) program. This program will provide intensive case management service for women of reproductive age who are facing issues or have needs related to behavioral health, including mental health and substance use concerns for themselves or a partner.
- g. Caitlin, Angela, and SMCHD's behavioral health staff are working with the St. Mary's County Public Schools to provide vaping education for students who receive referrals for vaping.

7. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email stmaryspartnership@gmail.com.

8. Upcoming Meetings:

- a. **TFL Team:** November 7, 2019 from 10:45 – 11:45 at East Run Medical Center.

