

Healthy St. Mary's Partnership
Tobacco Free Living Action Team
November 7, 2019 from 10:45 p.m. – 11:45 p.m.
East Run Medical Center

Minutes

- 1. Attendance:** Angela Cochran – St. Mary’s County Health Department (SMCHD); Shannon Heaney – SMCHD; Stephanie Freeman – SMCHD; Nancy Stone – SMCHD; Cheri Reulet – MedStar St. Mary’s Hospital (MSMH); Emily Whitsett – MSMH intern; Nat Scroggins – Minority Outreach Coalition (MOC); Stephanie Scharmen – SMCHD; Caitlin Kirkpatrick – SMCHD; Jacquie Heaney – SMCHD; Tom Liske – community member

- 2. Health Education Surrounding Vaping/E-Cigarettes**
 - a. Kick Butts Day – March 18, 2020**
 - b.** At the October meeting we discussed possibly hosting a 5K or working with the School health Council to provide classroom materials to observe Kick Butts Day in March. Jacquie suggested that the team sponsor an amnesty day/trade in event for Juuls and Juul pods on Kick Butts Day. Action Team members would set up a collection table at the schools as students are arriving in the morning and offer a giveaway for those who turn in their Juul (or other vape product). Students will also receive a raffle ticket to be entered for a big prize. There will also be the option to turn in Juul pods for a piece of candy. The team discussed who would need to be involved in the planning/approval of the activity, sponsors, and how to get buy in from the students.
 - i. Need to discuss the idea with Mike Wyantt, the Director of Safety and Security with SMCPS, to make sure that it would be approved. Then would need to get approval and work on scheduling with all principals.
 - ii. The team discussed offering to do amnesty day at all high schools, middle schools, fairlead academies, St. Mary’s Ryken, and Kings Christian Academy.
 - iii. The team would need the support of the Sheriff’s Office for proper disposal of all collected products.
 - iv. Cheri will talk to DJS and Gregory Jones with Teen Court to see if they would be interested in partnering on this project.
 - v. In discussing how to get buy in from students to turn in the products (which are ~\$50) the team decided that the giveaway/prize needs to be a big enough draw. Jacquie and Caitlin will discuss prize/giveaway ideas with the TFL Jr Team and Cheri will discuss with students she works with.



- vi. Team members will need to dedicate time to be at the schools in the morning for collection events the week of Kick Butts Day. We will work on a schedule at the December meeting pending approval from SMCPs.

3. Tobacco Retailer Compliance Checks & Education

- a. Caitlin is currently distributing T21 signage to the final stores in the county. She will follow this up with education checks with all of the retailers. The Sheriff's Office does the compliance checks for the county and reports them to SMCHD. It will be reported out to the team if/when a retailer receives a violation.

4. Cancer Screening Program Updates

- a. THE Breast and Cervical Cancer Screening and Colorectal Cancer Screening programs have a steady client stream currently.
- b. Cathy Ertter is retiring at the end of October. The coordinator position for the cancer screening programs will be posted soon on the SMCHD website.

5. TFL Junior Team

- a. 21 students are participating in the Lung Health Ambassador Program with Dr. Galiatsatos from Johns Hopkins. They have 3 lessons left (1 in November and 2 in December) and will begin their podcast series in the new year. At their meeting today they will be voting for their club officers, taking a quiz provided by Dr. Galiatsatos, and brainstorming for the podcast.

6. Partner Updates

- a. It's HSMP election season! If you did not receive the ballot for HSMP Co-Chair and Vice Chair from stmaryspartnership@gmail.com please reach out to Jacquie to update your membership.
- b. Tom is a retired pulmonologist and is looking for places in the community to volunteer.
- c. All St. Mary's County Government grounds go smoke/vape free on January 1, 2020.
- d. SMCHD is working with the schools to provide vaping education to students to students after their second offense. The program rolls out at the high schools this month.

7. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email stmaryspartnership@gmail.com.

8. Upcoming Meetings:

- a. **TFL Team:** December 12, 2019 from 10:45 – 11:45 at East Run Medical Center.

