

Healthy St. Mary's Partnership
Tobacco Free Living Action Team
December 12, 2019 from 10:45 p.m. – 11:45 p.m.
East Run Medical Center

Minutes

- 1. Attendance:** Caitlin Kirkpatrick – St. Mary’s County Health Department (SMCHD), Jacquie Heaney – SMCHD, Nat Scroggins – Minority Outreach Coalition (MOC), Angela Cochran – SMCHD, Brenda Wolcott – MedStar St. Mary’s Hospital (MSMH), Emily Whitsett – MSMH
- 2. Co-Chair Elections**
 - a. The team voted on the Tobacco Free Living team co-chairs. The 2020 Steering Committee members will be announced in the December 19 newsletter.
- 3. Health Education Surrounding Vaping/E-Cigarettes**
 - a. **Kick Butts Day – March 18, 2020**
 - b. Jacquie reached out to Mike Watson and Mike Wyantt from St. Mary’s County Public Schools (SMPCS) and Caitlin followed up at the School Health Council meeting last week. They are interested in the idea of an amnesty/collection event for vapes and pods and are working through their channels on approval.
 - c. The team discussed potential logistics of the event pending approval by SMPCS. The team would break up across all three high schools and potentially Fairlead Academy on the morning of March 18 to collect vapes and pods – the event would be over when the first bell for the day rings. Students who turn in a vape will be entered into a drawing for a big prize and those who turn in pods will be given a small prize. The team discussed the possibility of offering hot chocolate to encourage students to come up to the table. We would also split up Caitlin’s effects of smoking jars between the schools and having the youth quit resources cards available on the tables.
 - d. Big prize suggestions
 - i. Walmart gift card – Angela will reach out to see if they can donate
 - ii. Best Buy Gift Card – Brenda will reach out to see if they can donate
 - iii. Movie Theater Gift Card/Coupons – Jacquie will reach out
 - e. Small giveaway suggestions
 - i. Caitlin was informed that Leonardtown High School has “Raider Bucks” that students can collect to use to ‘buy’ prizes. It was suggested that we hand these out and see if the other schools have a similar program.
 - f. Caitlin and Jacquie will consult the TFL Jr team for more prize ideas and for ideas of a catchy name.
 - g. The team discussed how to spread the word about the event. Ideas included:



- i. Having Principals include it in their Sunday phone call.
 - ii. Have it included in school's morning announcements.
 - iii. A PeachJar flyer.
 - iv. Flyers posted in school hallways.
4. **Tobacco Retailer Compliance Checks & Education**
 - a. All retailers now have updated Tobacco 21 signage. The St. Mary's County Sheriff's Office will be sending a report in December on their compliance checks.
5. **Cancer Screening Program Updates**
 - a. Cathy has officially retired and the SMCHD team is working to hire a new nurse to coordinate the cancer screening program.
6. **TFL Junior Team**
 - a. The students have completed the Lung Health Ambassador program with Dr. Galiatsatos. In the final lesson they worked on ideas for their podcast and a social media campaign.
 - b. In the new year they will be focusing on starting to do outreach in the elementary schools as well as their podcast and social media campaign.
7. **Partner Updates**
 - a. SMCHD recently released the St. Mary's County [2019 Health Status Report](#).
 - b. Dee shared the MD GASP Fall 2019 Newsletter and a February article from The Enterprise titled, "Aiming to lower tobacco consumption in Maryland."
 - c. St. Mary's County Government Grounds go tobacco and vape free on January 1.
8. **Communications**
 - a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at:
<http://healthystmarys.com/newsletter/> or email stmaryspartnership@gmail.com.
9. **Upcoming Meetings:**
 - a. **TFL Team:** January 9, 2020 from 10:45 – 11:45 at East Run Medical Center.

