

Healthy St. Mary's Partnership
Behavioral Health Action Team
January 10, 2020 from 2:00 – 3:30 p.m.
St. Mary's County Health Department

Minutes

- 1. Attendance:** Alexis Higdon – St. Mary's County Sheriff's Office (SMCSO), Gregory Jones – Teen Court, Greg Reuss – American Foundation for Suicide Prevention (AFSP), Chris Shea – St. Mary's County Health Department (SMCHD), Maryellen Kraese – SMCHD, Lori Werrell – MedStar St. Mary's Hospital (MSMH), Dee Rathbone – National Institute for Citizen Anti-Drug Policy (NICAP), Jenna Guzman – SMCHD, Brenda Payne – SMCHD, Jamie Kane – SMCHD, Jessika Hall – SMCHD, Megan Hildenberger – community member, Stephanie Scharmen – SMCHD, Tammy Loewe – SMCHD, Tanya Hurst – SMCHD, Laura Stewart-Webb – Pyramid Walden, Jameika Butler-Turner – SMCHD, Kelsey Bush – Department of Aging and Human Services (DAHS), Natalie Lynch – SMCHD, Patrick Mattix – Project Chesapeake, Kelly Jay – Project Chesapeake, Barbara O'Neal – The Mission
- 2. CHIP/CHA Presentation**
 - a. Jenna presented on the upcoming timeline and roles of the action teams/partners in the 2020/2021 [Community Health Assessment](#) and writing of the new Community Health Improvement Plan.
- 3. Review of Previous Team Priorities**
 - a. Greg briefly updated the group on previous team priorities:
 - i. Suicide Prevention – The team hosted a panel event on LGBTQ youth suicide risk and prevention. The team also did a means restriction campaign and has promoted the RU Ok? campaign.
 - ii. Student Drug Testing
 - iii. ED Utilization – The team collected data from the hospital and developed a flyer to inform the community of resources for finding care in the community including the Maryland Network of Care website and 211.
 - iv. Youth Mentoring – The team hosted a round table at the library and has quarterly meetings scheduled at the library in 2020.
- 4. Team Priorities for 2020**
 - a. The team discussed the following ideas for team priorities for 2020. At the February meeting we will break into groups to discuss further and narrow the list down.
 - i. Mental Health Court
 - ii. Developing a sense of belonging in the community
 - iii. Mental Health resources for the aging population
 - iv. Mobile Crisis Team for behavioral health
 - v. Trauma Informed care training
 - vi. Holistic Care
 - vii. Increase mental health resources



5. Stakeholder Recruitment

- a. The following groups were discussed as needing representation on BHAT and/or in our upcoming Community Health Assessment:
 - i. Elderly
 - ii. DJS/SPP/DSS
 - iii. Homeless community
 - iv. Local colleges
 - v. Youth
 - vi. Citizens reentering the community
 - vii. Faith-based community
 - viii. Military community
 - ix. LatinX community-
 - x. LGBTQIA+ community

6. Provider Spotlight

- a. We will be featuring one provider at each meeting this year. The provider spotlight will be given approximately 10-15 minutes of the agenda to highlight their program, hand out flyers, and inform the team on what they offer. If you are interested in signing up for a month, please reach out to Jacquie.

7. Partner Updates

- a. SMCHD is offering [Mental Health First Aid](#) Trainings on January 30 and February 19.
- b. SMCHD is partnering with St. Mary's College of Maryland to offer a free event on [Finances & Mental Health](#) on February 3.
- c. Project Chesapeake will be opening a facility in Lothian this Spring.
- d. Save the date for the 2020 HSMP Annual Meeting on Thursday, September 24, 2020.
- e. The Calvert County Family Network with other Southern Region Local Management Boards will host [listening sessions](#) for the Juvenile Justice Reform Council (JJRC) on January 16.
- f. Southern Maryland Community Network has 2 openings in their housing stabilization program. For more information or to be added to their listserv for opening email jcisse@smcni.org.
- g. Dee shared an [article](#) on the vaping-associated lung injuries.
- h. Dee shared information on SMCHD's online opioid education [course](#) for parents.

8. Communications

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email stmaryspartnership@gmail.com

9. Upcoming Meetings:

- a. **BHAT:** February 14, 2020 from 2:00 – 3:30 p.m. at the St. Mary's County Health Department

