

Healthy St. Mary's Partnership  
HEAL Action Team  
January 22, 2020 from 1:00 – 2:00 p.m.  
Health Connections, MedStar St. Mary's Hospital

**Minutes**

1. **Attendance:** Stephanie Freeman – St. Mary's County Health Department (SMCHD), Sue Veith – Department of Economic Development (DED), Rebecca Floyd – Aetna, Brian Abell – Southern Maryland Tennis Foundation, Clara Brooks – St. Mark Bread of Life, Jenna Guzman – SMCHD, Christi Bishop – Recreation & Parks (R&P), Kathy Faubion – St. Mary's County Library (SMCL), Linda Fry – Church of Ascension Food Pantry, Cindy Tomlinson – St. Mary's County Government (SMCG), Erin Jewell – University of Maryland Extension (UME), Kyle Kebaugh – College of Southern Maryland (CSM), Andrea Hamilton – MedStar St. Mary's Hospital (MSMH), Jacque Heaney – SMCHD, Adona Leonard – Aetna
2. **CHIP/CHA Presentation**
  - a. Jacque and Jenna presented on the upcoming timeline and roles of the action teams/partners in the 2020/2021 [Community Health Assessment](#) (CHA) and writing of the new Community Health Improvement Plan (CHIP).
  - b. The team discussed integrating HEAL team recruitment into this year's CHIP / CHA process so as to involve new partners. It was suggested to bring new members to the March meeting for the CHA brainstorming session.
3. **Review Previous Team Priorities**
  - a. **Walk St. Mary's**
    - i. In 2020 the focus is distribution of the completed [Get Out and Walk!](#) Booklets. The health department is looking to put together a social media package to promote the campaign in the Spring/Summer.
  - b. **Complete Streets**
    - i. Sue brought a model [Complete Streets Resolution](#) for the team to review. Jenna will look through her files to see if she has an edited version of this from previous Complete Streets advocacy. Our meeting conflicts with a managers meetings at the county government, so we will need to set up a separate meeting time with John Deatrack.
    - ii. **Action Items:** Jenna will look through her files to see if she has a complete streets ordinance or resolution from previous advocacy work. Sue will reach out to John Deatrack for his availability. Team members can submit comments on the draft Calvert-St Mary's Metropolitan Planning Organization [Long Range Transportation Plan](#). We will monitor the status of the upcoming St. Mary's County Transportation Plan updates for the opportunity to suggest include Complete Streets through public comments and at public forums.
  - c. **Healthy Meeting Toolkit**
    - i. The [toolkit](#) is available online. Please continue to promote in the community.
  - d. **Healthy Food Drives**
    - i. Last year the team sponsored healthy food drives at the Easter Festival, HSMP Annual Meeting, Juneteenth, and the SMCG Employee Wellness Day. The team



discussed ways to promote the toolkit to the community so that other organizations host healthy food drives.

- ii. **Action Items:** Jacquie will reach out to Feed St. Mary's to offer to provide printed copies of the Healthy Food Drive Flyer for them to pass out. Jacquie will develop an letter for team members to use for outreach to food pantries encouraging them to use toolkit for encouraging healthy food donations as well as healthy ordering of food through Feed St. Mary's.

e. **More to Explore**

- i. We bought enough prizes last year that we will not need more this year. We need to replace all of the signs at the parks this year as many have broken or are lost. Christi will reach out for a quote on how much this will cost. Andrea will see if the hospital can cover this cost. If there are any locations in the county that you think should be added to the program please bring them to the February meeting. If you have any leftover booklets, please return them to the health department. We will need to do a drive for donations to cover the cost of printing the booklets this year.
- ii. Jenna and Jacquie submitted an abstract to present about More to Explore at the NACCHO 360 conference in Denver, CO.

4. **2020 Team Priorities**

- a. The team discussed the following suggested priorities:
  - i. Development of a Bike and Pedestrian Advisory Committee.
  - ii. Advocacy for [Public-Private Partnerships](#) That Will Increase the Number of Fitness and Recreation Programs, Service Providers and Indoor Facilities. Jenna reported on her work with the YMCA Exploratory Committee and Brian noted his participation in meetings with consultants conducting a SportsPlex Feasibility Study.
  - iii. Resource guide/directory of local fitness/recreation opportunities to be available online including GIS mapping.
  - iv. Determination of a way to derive better data on lives changed/impacted through programs

5. **Partner Updates**

- a. Together with Delicados, Inc., MedStar St. Mary's Hospital will host a free Women's Wellness Event on Saturday, Feb. 8. Admission is free, but registration is required by Feb. 1. Call Health Connections at 301-475-6019 to reserve your seat!
- b. Construction of the new playground at Dorsey Park is set to start at the beginning of April. R&P is waiting on budget approval for the new playground at Lancaster Park.

6. **Communications**

- a. Share events and news with HSMP partners through the HSMP Newsletter, calendar & social media outlets! Submit information at: <http://healthystmarys.com/newsletter/> or email [stmaryspartnership@gmail.com](mailto:stmaryspartnership@gmail.com)

7. **Upcoming Meetings:**



- a. HEAL team: Wednesday, February 26, 2020 from 1:00 – 2:00 p.m. at Health Connections, MedStar St. Mary's Hospital.

