

Healthy Eating & Active Living Action Team Meeting

Wednesday, June 23, 2020 3:00 - 4:00 p.m.



Agenda

1. Introductions
2. More to Explore
3. Healthy Food Drives
4. Complete Streets
5. Public/Private Partnerships
6. Resource Guide
7. Partner Updates



Introductions

- Shannon Heaney - Co-Chair
- Brian Abell - Co-Chair
- Jacquie Heaney - Co-Chair
- Lynn Meija
- Sue Veith
- Rebecca Floyd
- Nat Scroggins
- Joanne Payton
- Donovan Weekley
- Taylor Berry
- Laila Moasser



More to Explore



- Signs are updated at all locations, except those that have been closed:
 - All 3 libraries
 - Point Lookout
 - St. Mary's River State Park (Closed for Construction)
 - CSM
 - Historic St. Mary's City - July 8
 - Home Grown Market
- Library is ready for all-digital program
- One Pager & full booklet available on website
- Suggested dates: Friday, July 3 - Monday, September 28
- # of sites: 12 to be eligible for prize
- Social Media Campaign

Healthy Food Drives

- HEAL Co-Chair Brian Abell and others assisted County's Health Department and Social Services Department with providing and organizing volunteers at SMCPS Food Distribution Sites after COVID-19 outbreak among food service workers in May.
- Grant program through SMC Economic Development for small business & non-profits
 - Direct outreach to pantries to explain that they are eligible and should apply
 - 0-15 employees - \$5,000; 16-30 employees \$7,500
 - Link on SMC DED webpage
 - Nat (mailing) & Sue (calls) willing to help
 - Sports non-profits are also eligible

Complete Streets

- Complete Streets study to see what's needed where in St. Mary's and Calvert
- The grant dollars will be used to hire a consultant
- Our team will be a part of the study



Public/Private Partnerships (PPPs)



- Action team voted to add to advocacy agenda in May
- Steering Committee still needs to vote to officially adopt
- Letter of Support of Bringing YMCA of the Chesapeake programs and facilities to Lexington Park area - the County's YMCA Exploratory Committee's June meeting was cancelled, but they are expected to meet again on July 22 and HSMP support letter should be provided before that meeting.
- Brian will write letter and provide to Jacquie for approval by Steering Committee
- Sue can help with Letter of Support
- Letter of support written by HEAL and endorsed by Steering Committee
- SportsPlex Feasibility Study follow-up needed, consultants started study in January - may have been impacted by COVID

Resource Guide

- Google Sheet delayed, but plan is to soon provide name, address, reopening plans, categorize by various fitness and other offerings & by virtual / outdoor / indoor activities.
- Indoor gyms allowed to reopen June 19. Still offering/encouraging outdoor activities.
- Jacquie will start the google sheet & share with editing access so we can use collective brain to update



Partner Updates

- Southern Maryland Tennis Foundation - Individual and small group lessons are being offered outdoors for up to 4 players at a time. Brian Abell notes family reactions to coronavirus precautions and their eagerness to resume full activities are EXTREMELY VARIED. Some families are not yet ready for any group activities outside the family, other families are ready to go with basic precautions, and yet others want to proceed without masks when close to others or practicing social distancing!
- Lynn - working from home, no large events scheduled at this time, 500 mask resource (<https://asprwgpublic.hhs.gov/aspcc/facecover/Pages/default.aspx>), additional masks available - reach out to lynn
- Nat - closing out fiscal year
- Rebecca - working from home, telehealth benefits expanded, virtual health information being shared
- Sue - R&P and transportation looking at bicycle infrastructure projects - grant submitted, improvements on St. Andrews Church rd; submitted county-wide plan for mapping (online for maryland and regional maps) - routes identified and sent to state - this will lead to upgrades to routes and signage; met with Shannon Farm property consultant - behind Home Grown Farm market - to connect the two facilities and activities; all farm markets open - walk up starting at markets now
- Shannon - working from home; leadership movement at health department; safe route to school still on hold (extended through end of FY21);
- Community Health Assessment Brainstorming coming virtually in the next week or so!
- Update coming on HSMP Annual Meeting



Communications

- Submit event and news updates/information at:
<http://healthystmarys.com/newsletter/> or email
stmaryspartnership@gmail.com
- Follow HSMP on Social Media
 - Facebook: Healthy St. Mary's Partnership
 - Twitter: @HealthyStMarys



Upcoming Meetings

- July 22, 2020 3:00 - 4:00 p.m.

