

# St. Mary's County Training Proposal



Fall 2020



# ABOUT US



**Our young people deserve quality mentoring experiences.** Since Maryland's affiliate of [MENTOR: The National Mentoring Partnership](#) launched in 2018, Maryland MENTOR has sought to uplift the urgency of a march toward quality mentoring. With the mission and vision to increase the quality and quantity of mentoring relationships across the country and to close the mentoring gap, we know programs can only do this when they feel supported, empowered and have the tools and resources to sufficiently carry out safe and effective mentoring relationships.

Maryland MENTOR is a non-partisan organization that galvanizes the Maryland mentoring movement. We serve as community-based experts and create statewide infrastructure to expand quality relationships for young people. We fulfill this role through our unique role as a unified clearinghouse for training, research, public awareness, mentor recruitment, and advocacy. Maryland MENTOR provides the critical link between MENTOR's national efforts and local organizations and programs that foster and support quality mentoring relationships across the state.



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# BACKGROUND

- **2018** | Maryland MENTOR as part of the 2018 Statewide Listening Tour visited southern Maryland counties, including St. Mary's County to begin outreach efforts. Findings from the Listening Tour can be found in our subsequent [Upholding the Covenant](#) report.
- **2019** | Jeff Walker, Maryland MENTOR Technical Assistance made contact with Dr. Brewster around the possibility to bring more training to the county focused on the relationship between mentoring and anti-drug education and those impacted by substance abuse and misuse/opioid epidemic.
- 2020 | St. Mary's County Health Dept. team members attended the overview of "[Mentoring Youth Impacted by the Opioid Crisis](#)" webinar during National Mentoring Month, January 2020
- Fall 2020, Maryland MENTOR, Jeff Walker and





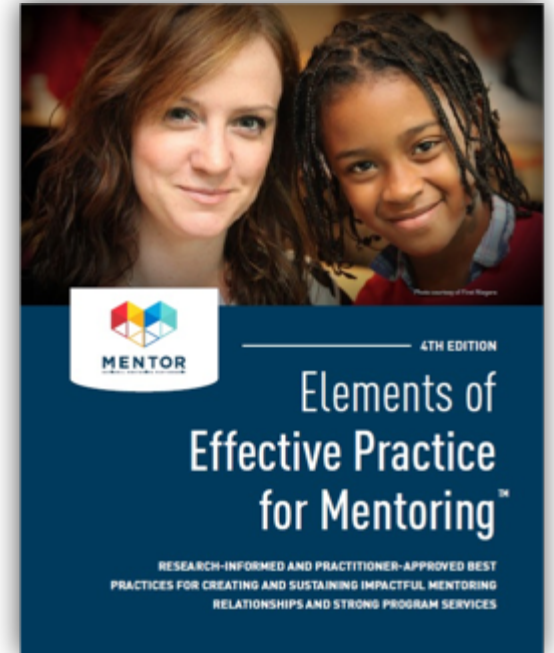
# Proposed Approach



We propose a series of four introductory trainings based on mentoring best practices, *The Elements of Effective Practice for Mentoring, 4<sup>th</sup> Edition* to begin to familiarize mentoring programs in St. Mary's County with the power of quality mentoring as we drive toward improved outcomes for our youth.

MENTOR's cornerstone publication, the Elements of Effective Practice for Mentoring™, details research-informed and practitioner-approved Standards for creating and sustaining quality youth mentoring programs and consequently, impactful mentoring relationships. The Fourth Edition, released in September 2015, reflects the most up-to-date research, practice, and thinking in the mentoring field.

The six evidence-based Standards are intended to be applicable across almost every type of youth mentoring program. Each Standard includes Benchmarks to ensure the safety and effectiveness of mentoring relationships, as well as Enhancements that may be promising, innovative and useful for programs. Additionally, a Program Planning and Management section offers recommendations for designing, building, and strengthening mentoring programs and services.





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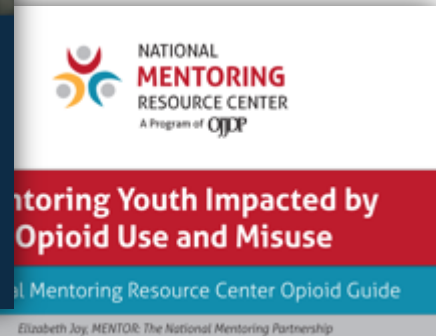
# Training Overview

- **Training 1: Elements of Effective Practice for Mentoring Elements Part 1 – 3 hrs.**
  - Recruiting
  - Screening
  - Matching
- **Training 2: Elements of Effective Practice for Mentoring Elements Part 2 – 3 hrs.**
  - Monitoring & Support
  - Training
  - Closure



# Training Overview (cont'd)

- **Training 3: e-Mentoring Best Practices – 2 hrs.**
  - Identifying best practices for e-mentoring for programs during COVID.
- **Training 4: Mentoring Youth Impacted by the Opioid Crisis – 3 hrs.**
  - Deep dive on best practices in working with youth who have been impacted by the opioid epidemic.



# Add'l Available Topics

- Best Practices for Mentoring LGBTQ Youth
- Best Practices for Group Mentoring
- Best Practices for Working with Boys and Young Men of Color
- Best Practices for STEM Mentoring
- Best Practices for Peer Mentoring





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# Budget

- Series of four trainings - \$5000
  - Includes prep time and two moderators
- Individual / A la carte selections - \$1500/training



# Thank you!

For more information & next steps, please reach out to us!

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