

Suggested Data Point	Does this data exist or is it developmental?	Reason to track?	Strategies to Address?	
Adolescent smoking/vaping	38.2% (any tobacco product, current use); 49% (lifetime e-cigarette); 35.2% (current e-cigarette) - YRBS	overarching topic to give an idea of trends	TFL Jr Team; policy advocacy	
Adults who are overweight/obese (segmented)	25.4% (adults who were not overweight or obese) - BRFSS; 16.2% (high school students overweight) - YRBS; 14% (high school students obese) - YRBS	track all 3	Get segmented data on overweight vs. obese adults as this will show progress; track programs that are in existence to change these data points in work to increase offerings; weight loss competitions (Biggest Loser); promotion of local programs; Lifestyle Change programs rather than weight loss centric programs	
Diabetes data	11% (diabetes prevalence); 10 per 1,000 population (incidence rate); 299.5 per 100,000 population (ED visit rate due to diabetes); 29.8 (mortality rate due to diabetes)	do we have pre-diabetes data?	Programs to help teach control of diabetes as well as prevention; nutrition education programs; discounted gym memberships with education aspects (silver sneakers program)	
Racial disparities in chronic diseases	ED visit rate due to diabetes (WNH - 217; BNH - 749.6); ED visit rate due to hypertension (WNH - 396.2; BNH - 1231); have a primary care provider (WNH - 76.8%; BNH - 60.5%);	make this a developmental strategy to really track over the next few years		
Preventive Screenings (diabetes, dental, eye exams, colorectal/lung/breast cancer screenings)	43.7% - Adolescents Who Received A Wellness Checkup In The Last Year; do we have data on screenings?	Look to see what other screening data we have	insurance coverage for screenings	
Tracking local physical activities offered locally (# of providers)	77% of St. Mary's County residents have adequate access to exercise opportunities	This will give us something to track and then an asset map will help to show changes	Asset Mapping; work w/ r&p as they develop their plan in 2021	Adequate access is defined as living in a census block within a half-mile of a park, or living within one mile (in urban areas) or three miles (in rural areas) of a recreational facility.
High School students reporting being physically active	39.2% of St. Mary's County high school students reported being physically active for a total of at least 60 minutes per day on five or more of the seven days prior to being surveyed; 49.5% - physically active adults in St. Mary's County		promote programs & accessibility	
Hypertension stats	519 per 100,000 - ED visit rate due to hypertension	heart disease data to be more broad than specifically hypertension		
Percentage of ER patients provided with resources for managing their chronic disease (hypertension, diabetes, cholesterol) in order to prevent hospital readmission			encourage/increase offerings of case management programs for follow up	
Tracking usage of HD website (chronic disease specific resource/info pages)				
Diabetes - those with other comorbidities (i.e. cardiac, obesity)				
Telehealth usage			increase access as a strategy not a data point	
ED visits for asthma	68.1 (per 10,000 population) - HSCRC; SMCHD asthma program referrals would be children specifically - could track referral rate?		promote Green & Healthy Homes Initiative	
Cancer data	Could track cancer incidence rate, cancer death rate, or pick certain cancers to track	incidence & death shows the two sides of it - prevention and control	support groups	About 56% of the cancer deaths, in St. Mary's County in 2018, were due to the following main cancers: cancer of the lung, pancreas, colorectum, breast, and the prostate