



ST. MARY'S COUNTY
HEALTH DEPARTMENT

Comprehensive Community Approaches that Address Childhood Trauma to Prevent Substance Misuse

VIT Action Team
February 25, 2021

Background

- September 2020 - RFA released by National Association of County and City Health Officials (NACCHO)
- 7 awardees selected
- January 1, 2020 through July 31, 2022
- Strengthening current evidence-based/informed programs
- Use data to tailor and implement current ACE prevention/mitigation strategies
- Implement an Academic detailing program

ADVERSE CHILDHOOD EXPERIENCES (ACES)

IN ST. MARY'S COUNTY, MD

TRAUMATIC OR STRESSFUL EVENTS ENDURED DURING CHILDHOOD

ABUSE & NEGLECT



PHYSICAL
EMOTIONAL OR
SEXUAL ABUSE



PHYSICAL OR
EMOTIONAL
NEGLECT

FAMILY DYSFUNCTION



SUBSTANCE ABUSE
MENTAL ILLNESS
DOMESTIC VIOLENCE
DIVORCE
INCARCERATION

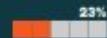
MOST COMMON ACES: ST. MARY'S COUNTY, MD



EMOTIONAL ABUSE



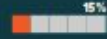
SEPARATION OR
DIVORCE



HOUSEHOLD
SUBSTANCE ABUSE



INTIMATE PARTNER
VIOLENCE



HEALTH
CONSEQUENCES



EARLY DEATH

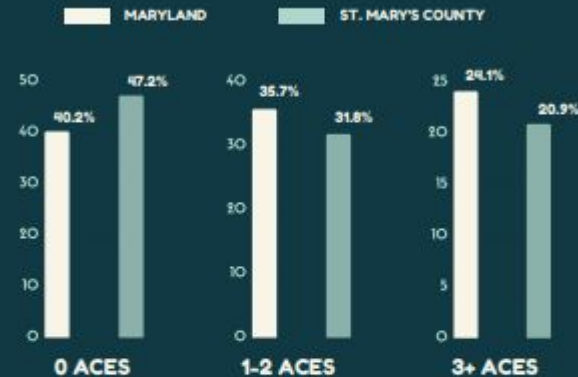


CHRONIC &
AUTOIMMUNE DISEASES



MENTAL HEALTH
DISORDERS

PREVALENCE OF ACES



ST. MARY'S COUNTY
HEALTH DEPARTMENT



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SMCHEALTHDEPARTMENT



SMCHD_GOV

DATA SOURCE: 2015 MARYLAND BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

Strategy and Approach

- Strengthening current evidence based community programs
- Expansion of evidence-based programs:
 - Department of Juvenile Services (DJS) ACE's Evaluation Program
 - Botvin Life Skills Training (LST)
 - Youth Mentoring Programs
 - Expansion of Healthy Families and Strong Beginnings Programs
- Implementation of an Academic Detailing Program
 - Academic detailing is interactive educational outreach to physicians to provide unbiased, noncommercial, evidence-based information about medications and other therapeutic decisions, with the goal of improving patient care

Partnerships

- VIT Action Team
- SMCSO
- SMCPS
- DSS
- Department of Juvenile Services
- Center for Children

Potential Impact

- Decreased trauma symptoms
- Improved knowledge of the risks of substance use
- Improved ability to deal with stress
- Improved refusal skills
- Improved coping skills among youth who engage with the mentoring and life skills training programs
- Coordinated, sustainable referral systems to connect youth to community resources
- Established and ongoing clinical outreach training on ACEs and SUD
- Engaged community partners within HSMP VIT action team working on violence, injury, and trauma as a core health issue within St. Mary's County
- Increased positive parenting practices through home visitation and education programs

Next Steps

- Recruitment/Staffing
- Initial conversation with partners
- Capacity Assessment and other meetings with NACCHO
- Establishing performance measures
- Utilizing VIT for feedback and program updates