

# In-Home Intervention Program

## ❖ Who are we?

The In-Home Intervention Program (IHIP) is a 15 month program that serves children and adolescents aged 5-17 who have a mental health diagnosis and are at risk for an out-of-home placement (Residential Placement-RTC, Foster Care).

## ❖ What do we do?

The IHIP Case Specialist works with the child, family and other community supports (i.e., school, therapists, psychologists, teachers) to help strengthen overall functioning for the child while in the home and in the community.

## ❖ What are the requirements to receive services?

If interested in services the following has to be met:

- Completed referral (in full); can be found on [www.somdnetwork.org](http://www.somdnetwork.org).
- Aged 5-17 and reside in Calvert, Charles, or St. Mary's county.
- Medical Assistance (Private insurance is not accepted)
- Current mental health diagnosis
- Active therapist and regular participation in therapy (School based, Private Practice, Crisis Intervention, etc.)
- Behavior and other difficulties that have required hospitalizations, police activity, school suspensions or IEP/BIP, DSS, or DJS involvement, out of home placements (RTC, Outpatient therapy, Inpatient therapy, discharging from an RTC placement).
- Current assessment/evaluation (not over 2 years).
- Recommendation letter from therapist stating why the child is a good candidate for services.

## ❖ What to expect once I am accepted for services.

Once the referral has been reviewed and accepted, services will begin with an intake and assessments which help in creating a person centered plan to reach treatment goals based on the child's needs.

Services are then provided in weekly visits (2-3 times per week) which are more intensive the first 45 days. Visit times can range from 1 to 2 hours depending on the needs of the family. After the first 45 days and goals are being met, services are still provided 2-3 times per week (1 to 2 hours) but are less intensive.



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