



Chronic Disease Action Team Meeting

Tuesday, May 25, 2021

Agenda

1. Introductions
2. Review of Draft Healthy St. Mary's 2026
3. Eat, Live, and Be Healthy Webinar Series
4. More to Explore
5. 2021 Team Priorities
6. Partner Updates

Attendance

- Nancy Stone - St. Mary's County Health Department (SMCHD)
- Michelle Pottinger - SMCHD
- Lori Norton - SMCHD
- Michele Gaskill - Seedco
- Stacey Morgan - SMCHD
- Stephanie Thomas - SMCHD
- Shannon Heaney - SMCHD
- Andrea Hamilton - MedStar St. Mary's Hospital
- Jessika Hall - SMCHD
- Nya Ferguson - University of Maryland
- Sue Veith - Department of Economic Development
- Sherrise De Baugh - College of Southern Maryland
- Bree Burandt - SMCHD
- Synda Chase - CareFirst Community Plan
- Lynn Mejia - UnitedHealthCare Community Plan

Review of Draft Healthy St. Mary's 2026

- Draft
 - The team reviewed the Chronic Disease objectives and strategies sections and provided suggested edits.
 - If you have any further suggested edits please email Jacquie before May 28.
- Action items:
 - Review layout.
 - Review goals set.
 - Review categorization of strategies.
- Planned Public Comment Period: June 7 - 18
 - Please share on your organization's social media

Eat, Live, and Be Healthy Webinar Series

- Upcoming Schedule:
 - Friday, June 11, 2021 from 12:00 – 12:40 p.m. - Lunchtime Zumba Break
 - Wednesday, July 14, 2021 from 6:00 – 7:15 p.m. - Intuitive Eating
 - Wednesday, July 28, 2021 from 6:00 – 7:15 p.m. - Herbs & Spices
- Any new presentation ideas?
 - War Cycles - Nat will send Jacquie info
 - Yoga - September

More to Explore

- Booklet is updated and at printers
 - Already available on the website
 - Shannon and Jacquie will arrange to have booklets delivered to libraries/R&P once finished
- MSMH got needed signs replaced
- Library
 - Including More to Explore in Summer Reading videos with schools
 - Willing to send out one pagers with other summer reading info through summer lunch program
- Working on Press Release for next week
- Things to discuss:
 - Anyone able to help with printing one pagers?
 - MSMH
 - MOC
- Will have Suha take some booklets to outreach at Juneteenth.

2021 Team Priorities

- Suggestions from April meeting:
 - Turn resource guide developed by HEAL last year into an asset map
 - Jacquie got training on how to use google earth for basic mapping projects
 - Volunteers to help with project: Sue, Stacey, Brian
 - Jacquie will start email chain to start working on this project
 - Wellness Challenge
 - Andrea provided information on [MSMH's previous yearlong challenge](#)
 - The team discussed working this year to establish this program and launching it in January.
 - **Action Item:** Spend some time looking into similar programs and bring ideas for monthly challenges to June meeting.
- Trainings for healthcare providers on cultural competency/health disparities
 - If you come across a training you think would benefit our local providers please let the team know.

Partner Updates

- Health Connections has an online Diabetes Prevention Program (DPP) starting in July. [Call](#) to register! Next Living Well with Diabetes cohort will begin in September. Next in person DPP cohort will begin in October.
- The American Cancer Society has recommended to lower the age for colorectal screening. [SMCHD cancer screening program](#) is advertised as 50+, but if they meet eligibility requirements and are under 50, then they can utilize the program.
- Maryland Health Connection COVID-19 Special Enrollment Period is continuing until August 15.
- SMCHD asthma program is still open for enrollment for children aged 2-19 with asthma and on medical assistance.
- [2021 Juneteenth Celebration](#) on June 19 will be a hybrid event! Will have vaccines at the event.
- [Vaccine clinic appointments](#) are available! MedStar is also hosting clinics in the Lexington Park/Great Mills area. Call Health Connections to register for an appointment.
- CSM has been fielding questions on when the Wellness & Aquatics Center is opening. The partnership with R&P not yet finalized. The facility is currently slated to reopen in the fall.
- CareFirst Community Plan recently hired Isabel Robinson. She will be going out with Synda to events and doing outreach locally.

**2021 VIRTUAL
HEALTHY ST. MARY'S
PARTNERSHIP
ANNUAL MEETING**

**SEPTEMBER
30
2021**

DETAILS TO FOLLOW



**SAVE
THE
DATE**

Communications

- **Submit event and news updates/information at:**
<http://healthystmarys.com/newsletter/> or email
stmaryspartnership@gmail.com
- **Follow HSMP on Social Media**
 - Facebook: Healthy St. Mary's Partnership
 - Twitter: @HealthyStMarys

Upcoming Meetings

- Tuesday, June 22, 2021 from 1:00 - 2:00 p.m.