



Chronic Disease Action Team Meeting

Tuesday, August 24, 2021

Agenda

1. Introductions
2. SMCHD Tobacco Grant Updates
3. Eat, Live, and Be Healthy Webinar Series
4. More to Explore
5. Physical Activity Asset Map
6. 2022 Wellness Challenge
7. Partner Updates

Attendance

- Andrea Hamilton - MedStar St. Mary's Hospital
- Zemaria Frank - St. Mary's County Health Department (SMCHD)
- Caitlin Kirkpatrick - SMCHD
- Brian Abell - Southern Maryland Tennis Foundation
- Stephanie Thomas - SMCHD
- Blair Inniss - Legal Resource Center
- Michelle Pottinger - SMCHD
- Jessika Hall - SMCHD
- Bree Burandt - SMCHD
- Synda Chase - CareFirst BlueCross BlueShield Community Health Plan of Maryland
- Stacey Morgan - SMCHD
- Sue Veith - Department of Economic Development
- Jacquie Wells - SMCHD
- Laila Moasser - SMCHD
- Lynn Mejia - UnitedHealthCare Community Plan
- Nat Scroggins - Minority Outreach Coalition

SMCHD Tobacco Grant Updates

Caitlin Kirkpatrick - Local Tobacco Control Program Coordinator

- Planning to do lot of work in the schools this year.
- TFL Jr Team at Great Mills will start back up this school year.
- Lots of outreach in the coming months.
- Two RFPs coming soon - will be posted on the SMCHD website.
- Virtual cessation classes being offered.
- Caitlin is doing education at all high school health classes. (If you have programs that are available for teens let Caitlin know so she can provide them that info)
- Tobacco Enforcement - education on Tobacco 21 law and contract with the Sheriff's office for undercover checks of retailers.

Eat, Live, and Be Healthy Webinar Series

- Upcoming Schedule:
 - August 27 @ 10 and 1 - ToBe Fit, The Juggling Nutrition Magician Show (FoodPlay)
 - September 30 from 8:00 - 8:30 - Yoga with Lauri Bruce
 - WARCycles Events in September and October - Michelle any updates on this? (9/18 - Community Health Fair at Lancaster Park from 12-4 p.m. WarCycles will be at that event, 10/16 - still need to confirm the location)
 - October - Holiday Eating with Health Connections
- Any new presentation ideas please email Jacquie. Looking for ideas for November/December.

More to Explore

- Program closes on September 5
- Current numbers
 - 787 participants registered for More to Explore
 - 139 have logged at least one site
 - 28 have logged enough sites to complete the program (plus a handful of paper completions)
- HSMP & Libraries will do a spotlight on winners (either via social media or library can do something on site)
- How many winners would we like to draw?
 - 5
- Update the hints for locations next year - take photos of the location to help with describing where to look.

Physical Activity Asset Map

- Google Earth Project
- Last month the team reviewed and edited the [google sheet](#) with any new physical activity resources that exist in the county or updates to those listed.
 - Any volunteers to start inputting these resources into Google Maps?
 - Jacquie has instructions on how to do this.
 - Sue, Zemaria, and Brian volunteered.

2022 Wellness Challenge

- Jacquie and Andrea worked to develop a draft plan for the challenge. The team reviewed the draft and provided comments/edits.
- Jacquie will work on finalizing monthly challenges based on the discussion and begin developing images.

Partner Updates

- MOC is kicking off Diabetes workshop in October - mocstmarys.com for more info.
- Lynn has literature on diabetic foot care - email her for more info lynn_a_mejia@uhc.com
- All CareFirst employees must be vaccinated by November 1. Synda is interested in attending health fairs in the community that are happening - please let her know of upcoming events at Synda.Chase@carefirst.com
- MSMH is starting their DPP cohort in early October. Living Well with Diabetes workshop starting in September (the group meeting on Monday evenings still has openings). To register for any Health Connections give them a call at 301-475-6019.
- August 31 is [International Overdose Awareness Day](#) - SMCHD and Beacon of Hope are hosting an event at the Harm Reduction office in Lexington Park from 4-6. Narcan Training, Share Circle, and more!
- The Legal Resource Center is hiring 2 new staff attorneys!
- For local COVID-19 data, updates, and information visit <https://smchd.org/coronavirus>. For COVID-19 vaccine information visit: <https://smchd.org/covid-19-vaccine/>.
- Register [here](#) for the 2021 HSMP Annual Meeting on September 30!
 - There will be a virtual Exhibit Hall during the HSMP Annual Meeting. Sign up for a “table” [here](#).

Communications

- **Submit event and news updates/information at:**
<http://healthystmarys.com/newsletter/> or email
stmaryspartnership@gmail.com
- **Follow HSMP on Social Media**
 - Facebook: Healthy St. Mary's Partnership
 - Twitter: @HealthyStMarys

Upcoming Meetings

- No meeting in September.
- Next action team meeting will be October 26 from 1:00 - 2:00 p.m.
- HSMP Annual meeting is September 30.
 - <http://healthystmarys.com/hsmpannual2021/>