



Behavioral Health Action Team Meeting

Friday, September 17, 2021

Agenda

1. Introductions
2. Health Equity
3. Youth & Geriatric Mental Health
4. Telehealth Access
5. Partner Updates

Attendance

- Maryellen Kraese - St. Mary's County Health Department (SMCHD)
- Dr. Wauchilue Adams - St. Mary's County Public Schools (SMCPS)
- Melanie Barry - SMCPS
- Gregory Jones - St. Mary's County Teen Court
- Suha Ansari - SMCHD
- Jacquie Wells - SMCHD
- Michelle Turkaly - SMCHD
- Rachel Solomon - Pathways, Inc
- Kristin Voto - SMCHD
- Jordan - Serenity Place
- Stephanie Freeman - SMCHD
- Jasmine Humphrey - St. Mary's County Department of Social Services
- Jennifer Voohaar - Hope & Healing Psychotherapy
- Jessica Roberson - Hope & Healing Psychotherapy
- Nina Reed - Department of Aging and Human Services, Local Care Team
- Jaime Barnes - SMCHD
- Ashley Alhambra - Pathways, Inc
- Jess Jolly - Pyramid Walden
- Nat Scroggins - Minority Outreach Coalition
- Zemaria Frank - SMCHD
- Greg Reuss - American Foundation for Suicide Prevention
- Elena Bell - SMCHD

Health Equity

- Updates from SMCHD Health Equity team on their survey and follow up in disparately impacted communities in Lexington Park? Common themes/needs from community members?
 - What questions are on the assessment? - Access to food, healthcare, child care, but not much of a response on mental health.
 - What neighborhoods are they concentrating on? - Lexington Park
 - If you have materials that Suha can share in the community please reach out to Suha to share.
 - Suha suggested more targeted outreach for mental health, possibly door to door as the Health Equity team as noticed that they receives better responses with that form of outreach.
 - The Health Equity Team received 133 survey responses from residents of apartment complexes in Lexington Park.
- Discussion: What health equity data are you collecting already? What is your organization doing to address health equity?
 - The Action Team should continue to brainstorm ideas to help break the mental health stigma.
 - If you have any data that you are collecting please bring to the next action team meeting or share directly with Suha.
 - If you have any neighborhoods in Lexington Park that you think would benefit from targeted Outreach please let Suha know.
 - Maryellen mentioned the Senior Living Apartments on Pegg Rd as a suggestion.

Youth & Geriatric Mental Health

- Asset Map & Gap Analysis Project
 - Jacquie shared the [google map](#) that Zemaria drafted. Maps are color coded.
 - Please email Jacquie if you need access to view the map.
 - Orange - Youth mental health, Yellow - Youth substance abuse ,Red - Youth mental health and substance abuse
 - Blue - Geriatric mental health , Green - Geriatric substance abuse, Purple - Geriatric mental health and substance abuse
- Discussion:
 - Where are there gaps in the services?
 - Missing available psychiatry services but map does include a few psychiatrists. Are there more psychiatrists in the county that aren't listed on the map?
 - What does the map not show?
 - Add the Cove. and edit Walden Sierra to be Pyramid Walden.
 - Capacity/ability to take on new clients-
 - Add more info about each provider-
 - What input have you received from clients in regards to finding a service provider?
 - Lengthy wait periods for appointments, which can sometimes be months.
 - Lack of provider availability people can feel defeated after calling several providers and being turned away.
 - Jacquie will compare [211.org](#) and [findhelp.org](#) to see which is more up to date/user friendly – these may be better to use as a living resource rather than the google map which is hard to keep up to date.

Telehealth Access

- Telehealth Access Point Project
 - Subcommittee met on August 31
 - Selected vendor for telehealth booths - TalkBox.
 - ADA compliance for telehealth booths is still a work in progress and still in negotiating process. Looking at another potential provider to see if they have ADA compliant booths.
 - Need Letter of Commitment from pilot locations (Lexington Park Library, Pyramid, Charlotte Hall Library) before ordering laptops/booths
 - Jacquie is still waiting for feedback from Delaware libraries on their telehealth booths.

Partner Updates

- Nina Reed is new to DAHS - she is the new Local Care Team Coordinator. Latae (LMB) is leaving the agency.
- The SMCHD Health Equity Team continues to conduct door to door survey and continuing to encourage vaccine registration in Lexington Park, where vaccine registration is still very low.
- Pyramid Walden launched PHP in Lexington Park (9-2 M-F, in person) daytime IOP (M,T, Th 9-12- in person but also virtual option).
- Hope & Healing Psychotherapy has new providers joining the practice so open availability for in person and telehealth. They recently had 2 providers complete certified first responder counselor training. Accepts Tri-Care and Blue Cross for insurance.
- The Department of Social Services is providing rent assistance and utilities - past due cost to avoid eviction.
 - [Emergency Rental Assistance Program \(ERAP\) Flyer](#)
- SMCHD Behavioral Health Division is interviewing for the suicide prevention coordinator. They will have a table at community assistance day on October 29 from 11-2 hosted by the Lexington Park Library and Three Oaks Center – contact Amy Ford (Lexington Park Library) about getting a table. BH will also have table at the [Southern Maryland Out of the Darkness Walk](#) on October 24.

Partner Updates

- September is Recovery Month – the SMCHD Prevention Team has been doing lots of outreach in the community.
- Red Ribbon Week is in October – the SMCHD Prevention Team will be doing outreach in schools throughout the week.
- There will be a Medication Take Back event on October 23 at 9am at the Governmental Center!
- The Annual MD Suicide Prevention Conference is October 6 - virtual and 6.25 CEUs. Register [here!](#)
- Register for [HSMP Annual Meeting and Virtual Exhibit Hall](#) held on September 30th. Last day to sign up for a virtual table is Friday, September 24, 2021.
 - There will be a special evening session of the Annual Meeting from 5:30 - 7:00: [More than Sad: Suicide Prevention for Parents](#).
- NAACP is hosting a [community health fair](#) on Saturday, September 18th from 12-4pm in Lancaster Park.
- Pathways' Vocational Program is still accepting referrals to help individuals that experience mental health obtain and maintain jobs in the community. Their clinic is currently on wait list for Medicare and private, Day program is currently open and other programs, Community support and TAY are accepting referrals. They also have 3 MISA beds open, dual diagnosis MH w/ substance abuse for 3 males. Dawn Sisk will be the contact 240-587-8047.

Communications

- **Submit event and news updates/information at:**
<http://healthystmarys.com/newsletter/> or email stmaryspartnership@gmail.com
- **Follow HSMP on Social Media**
 - Facebook: Healthy St. Mary's Partnership
 - Twitter: @HealthyStMarys

Upcoming

- Friday, October 15, 2021 from 10:00 - 11:00
- HSMP Annual meeting is September 30.
 - <http://healthystmarys.com/hsmpannual2021/>
- If you are interested in presenting on your program/organization at a future meeting please email Maryellen, Greg, Zemaria, or Jacquie.