



Behavioral Health Action Team Meeting

Friday, December 17, 2021

Agenda

1. Introductions
2. Health Equity
3. Youth & Geriatric Mental Health
4. Telehealth Access
5. Partner Updates

Attendance

- Bryce Johnson - Pathways Inc
- Ashley Alhambra - Pathways Inc
- Jacquie Wells - St. Mary's County Health Department (SMCHD)
- Michelle Turkaly - SMCHD
- Tori Poss - SMCHD
- Amanda Leal - Serenity Place
- Greg Reuss - American Foundation for Suicide Prevention
- Becky Sweeney - Southern Maryland Community Network (SMCN)
- Laura Stewart Webb - Pyramid Walden
- Janiece Frederick - SMCN
- Katie Tippett - Serenity Place; Southern Maryland Psychological Association
- Amy Young - Maryland Coalition of Families
- Jacinta Bottoms-Spencer - Reign4Ever Consulting, PSC; Conflict Resolution & Reconciliation
- Jaime Barnes - SMCHD
- Rob Elrod - MedStar St. Mary's Hospital
- Robin Schrader - St. Mary's County Public Schools
- Brandon Golder - Pyramid Walde
- Gregory Jones - Teen Court
- Carolyn Cullison - On Our Own of St. Mary's

Health Equity

- **The team reviewed the Health Equity Data Google Sheet.**
 - Please continue to input your organizations information.
 - Rob will reach out to Greg about data that the hospital can provide.
- The team discussed the H.A.I.R. (Health Advocates in Reach & Research) Model.
 - MSMH did similar work to this that was diabetes related a few years ago.
 - The program would provide education & resources (and also a sort of support group) to barbers/hair stylists so that they can make connections in the community and spread health information.
 - Greg attended an information session about the program to learn more information.
 - We will discuss next steps for this model at the January meeting.

Youth & Geriatric Mental Health

- The team reviewed the draft report outline.
 - There was discussion around additional gaps and suggestions/next steps to include.
 - Jacquie will work on this report for the January action team meeting.

Telehealth Access

- The two Talkbox Booths were placed into production this week!
- Lead times are generally 12-14 weeks so we are looking at potentially March for delivery/installation at the libraries.

Partner Updates

- Serenity Place is working on their TF-CBT trainings. They have clinicians with national first responder certification and are working on a plan to reach out and offer those services. They have a 6 week art therapy group hopefully starting in the Spring, more information to come.
- Maryland Coalition of Families offers a variety of services. Learn more [here](#).
- Pathways' Employment Program is accepting referrals. They also have a [self referral application](#). Their clinic in Lexington Park will be open on Tuesdays after the new year!
- Southern Maryland Community Network is in process of hiring another case manager. Apply [here](#). They are pausing on referrals until they can get this case manager hired.
- Pathway's TAY Program does not currently have any residential openings, but they are continuing to accept community consumers. Contact [Bryce](#) if you have a referral
- Rise in cases to teen court. Cases seem to be focused around fights. Greg has seen some studies recently on the impacts of covid isolation on youth.
- SOMD Psychological Association will not be having a December Meeting. Their next meeting will take place on January 25. They are hosting training on January 22 on executive functioning - flier coming soon.
- Pyramid Walden's Hope Place now has walkins on Monday afternoons. Their grief support group will be restarting in January (zoom or at Beacon of Hope).
- There will a Peer Support Specialist meeting at Health Connections on January 5th. Planning a WHAM training on March 8&9 for peer specialists. Contact [Laura](#) for more information!
- Pyramid Walden willsoon be offering virtual certification options for 15 to 18 year olds in Teen Mental Health First Aid as well

Partner Updates

- MSMH seeing an uptick in 10-12 year old suicides as well as substance induced psychosis. East Run clinic through Axis Healthcare is currently interviewing providers. Hospital in need of emergency psych services providers.
- SMCPS seeing an uptick in children and youth suicidal ideation and action. Seeing increase in risk assessments and EPs. They hired 2 new school social workers for the elementary level - starting in schools after the holidays. Still hiring for 3 more social work positions & contract positions as well. Working on additional evidence-based suicide prevention programming to implement.
- AFSP has It's Real: Teens and Mental Health programming available (as well as many other programs). Try to push that the crisis text line can be used ahead of when you are in crisis so that you are familiar with it.
- The Healthy St. Mary's Partnership is holding elections for the positions of HSMP Co-Chair and Vice-Chair for the 2022-2023 term. Individuals serving in these roles provide overall leadership for HSMP. Click [here](#) for candidate biographies and to cast your vote. The deadline for voting is 5:00 p.m. on December 30, 2021.
- HSMP is gearing up to start gathering updates to the Healthy St. Mary's 2026 plan. To collect organization updates, HSMP is launching surveys focused on each of the health priority areas in Healthy St. Mary's 2026 plan. The surveys can be accessed below.
 - [Behavioral Health](#)
 - [Chronic Disease](#)
 - [Environmental Health](#)
 - [Violence, Injury, and Trauma](#)

Communications

- **Submit event and news updates/information at:**
<http://healthystmarys.com/newsletter/> or email
stmaryspartnership@gmail.com
- **Follow HSMP on Social Media**
 - Facebook: Healthy St. Mary's Partnership
 - Twitter: @HealthyStMarys

Upcoming

- The team agreed to keep the same meeting schedule as 2021 (3rd Friday at 10:00).
 - Our next meeting will take place on Friday, January 21, 2022 from 10:00 - 11:00 a.m.
- Have a wonderful holiday season!