


# Behavioral Health Action Team Meeting

Friday, January 21, 2022

# Agenda

1. Introductions
  2. Health Equity
  3. Youth & Geriatric Mental Health
  4. Telehealth Access
  5. 2022 Action Team Planning
  6. Stakeholder Recruitment
  7. Partner Updates
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# Attendance

- Maryellen Kraese - St. Mary's County Health Department (SMCHD)
- Nat Scroggins - Minority Outreach Coalition
- Rob Elrod - MedStar St. Mary's Hospital
- Shan Chen - SMCHD
- Jaime Barnes - SMCHD
- Melanie Barry - St. Mary's County Public Schools (SMCPS)
- Michelle Turkaly - SMCHD
- Kristin Voto - SMCHD
- Bryce Johnson - Pathways, Inc
- Elena Bell - SMCHD
- Gregory Jones - Teen Court
- Robin Schrader - SMCPS
- Christina Otruba - Maryland Coalition of Families
- Amanda Walton - SMCHD
- Jessica Roberson - Hope & Healing Psychotherapy LLC
- Doris McDonald - McDonald Clinical Services
- Tori Poss - SMCHD
- Ashley Alhambra - Pathways, Inc
- Stacey Morgan - SMCHD
- Zaneta Artis-Wheeler - Pyramid Walden
- Katie Tippett - Serenity Place, LLC, Southern Maryland Psychological Association
- Janiece Frederick - Southern Maryland Community Network (SMCN)
- Karen Carloni - SMCN
- Jesse Taylor - SMCHD
- Nicole Barrows - SMCHD

# Health Equity

- Greg provided a brief background on the H.A.I.R. (Health Advocates in Reach & Research) Model. We would modify and adapt to focus on behavioral health resources.
- The following team members volunteered to be on a Subcommittee/Workgroup for this project:
  - Stacey Morgan
  - Nat Scroggins
  - Nicole Barrows
  - Kristin Voto
  - If you are interested in participating in this subcommittee please email [stmaryspartnership@gmail.com](mailto:stmaryspartnership@gmail.com)
- The team suggested the following trainings/topics to include as part of this program for local hairstylists and barbers:
  - Substance Use Training
  - Suicide Prevention
  - Coping Skills
  - Narcan Training

# Youth & Geriatric Mental Health

- The team review the draft report resulting from the asset map.
  - **Action item:** Please review the report and comment if you have any edits or suggestions.
- The team discussed next steps for this priority area. Suggestions included:
  - Build questions into Maryellen's focus group with the SLAC to get more youth perspective on resources available to them.
  - Build resource sharing for these target populations into HAIR Model Outreach.

# Telehealth

- No update currently. The libraries have been asked to provide dimensions of their entry ways to TalkBox so they can plan for the delivery. Booths are projected to be finished and ready for delivery in March/April.

# 2022 Action Team Planning

- The team discussed the Community Garden at Lexington Manor Passive Park. The Community Garden Advisory Committee is going to be launching a survey to gain more community input/feedback. SMCHD received grant funding for this project so HSMP will be working on some action items for the garden. They are still looking for an organization to take the lead on the community garden moving forward.
- There was a discussion around youth mental health needs.
  - Partners have a hard time keeping up to date on community services that are accepting clients and what insurances they are taking.
  - The volume of students that SMCPSS has that need services is high and there is an issue with openings.
  - Parents are having issues communicating with services and getting responses back.
  - The ED discharges with no connection to services.
  - The team discussed how the Local Care Team (LCT) works and connects adolescents to treatment, including communication between organizations for a soft handoff. However, there is a gap in youth whose parents put them into treatment and so they do not have any interaction with the LCT.
  - MCF can also help with that “hand-holding” for families to help them find resources.
  - The team discussed the idea of increasing communication between organizations for students when they return to school.

# Stakeholder Recruitment

- Who's missing from the action team?
  - Outreach Recovery
  - Nina - LCT Coordinator
  - DJS
  - Sheriff's Office/Parole & Probation/Corrections
  - Center for Children
  - Southern Maryland Center for Family Advocacy

# Partner Updates

- SMCHD's Harm Reduction program is offering telehealth for Hep C & buprenorphine treatment. Their doors are open to the public!
- Pathways is still taking referrals for their employment and transitional aged youth programs.
- MCF has recently received a Mental health block grant. They can now serve family members of those with a mental health issues of any age.
- Teen Court has seen an uptick in cases - predominantly assaults.
- SMCHD issued an RFP yesterday for mobile treatment. They received a new grant for older adult care coordination - RFP to come! They are offering an anti-stigma training through PESI - if you are interested let Jaime know. Their suicide prevention program is looking at offering trainings before the end of the fiscal year.
- SMCN is accepting referrals for their programs - offering in-person and telehealth options.
- SMCM has an open position for the executive director of the wellness center. Jess is looking to coordinate and collaborate with local providers in case they need to refer students out in the community!
- SMCHD is still taking referrals for the SOAR program - clients who are homeless or at risk of homelessness and have behavioral health concerns. Contact Kristin for more information.

# Partner Updates

- In addition to the 9 social workers in high schools/middle schools, SMCPs now has school social workers at 4 elementary schools.
- SMCHD Prevention Team has focus groups happening at SLAC in March related to bh issues they have experienced post-covid.
- March 21-27 is drug facts week info will be going out through the schools, including a way for students to ask questions to be answered by a professional.
- The new HSMP Coordinator, Shan Chen, started this week!
- HSMP is gathering updates to the Healthy St. Mary's 2026 plan. To collect organization updates, HSMP is launching surveys focused on each of the health priority areas in Healthy St. Mary's 2026 plan. The surveys can be accessed below.
  - Behavioral Health
  - Chronic Disease
  - Environmental Health
  - Violence, Injury, and Trauma
- We will be launching a new feature on the HSMP website soon. Jacquie will provide a walk-through when it is live!

# Communications

- **Submit event and news updates/information at:**  
<http://healthystmarys.com/newsletter/> or email  
[stmaryspartnership@gmail.com](mailto:stmaryspartnership@gmail.com)
- **Follow HSMP on Social Media**
  - Facebook: Healthy St. Mary's Partnership
  - Twitter: @HealthyStMarys

# Upcoming

- Friday, February 18, 2022 from 10:00 - 11:00 a.m.