



Behavioral Health Action Team Meeting

Friday, February 18, 2022

Agenda

1. Introductions
2. Health Equity
3. Telehealth Access
4. 2022 Action Team Planning
5. Partner Updates

Attendance

- Zaneta Artis-Wheeler (Walden)
- Shan Chen (SMCHD)
- Rachel Holbrook (Seedco)
- Carolyn Cullison (On Our Own)
- Amanda Leal (Serenity Place)
- Amanda Walton (SMCHD)
- Christopher Shea (SMCHD)
- Jacqueline Wells (SMCHD)
- Joana Naranjo (SMCHD)
- Maryellen Kraese (SMCHD)
- Michelle L. Turkaly (SMCHD)
- Nicole Barrows (SMCHD)
- Stephanie Freeman (SMCHD)
- Suha Ansari (SMCHD)
- Tori Poss (SMCHD)
- Virgie Bell (SMCHD)
- Nina Reed (Dept. Aging & Human Services)
- Greg Reuss (AFSP)
- Robin Schrader (SMCPS)
- Nathaniel Scroggins (MOC)
- Jesse Taylor (SMCHD)
- Amy Young (MCF)
- Bryce Johnson (Pathways Inc.)
- Marissa Kelsh (MSMH)
- Rob Elrod (MSMH)
- Dee Rathbone (NICAP)
- Amy Dickinson (Leonardtowntown Library)

Health Equity

- BHAT Health Equity Subcommittee meeting 2/1/22
 - Review spreadsheet list of salons/barber shops to implement our local-version of the HAIR model, training types to be offered
 - Shan and Jacquie developed an interest form and QR code (bottom right corner) for potential partners
 - It will be shared at the Cherry Blossom Festival
 - The team suggested individually reaching out to your local salon/barber shop to see if they are interested in becoming a partner



Telehealth

- No new updates since last meeting
 - Anticipation of booth delivery in April
- **Action items**
 - Re-establish who will be on subcommittee to work on process and procedures
 - Stephanie Freeman
 - Library Staff
 - Discussed contacting Amy Ford (Lexington Park Library)
 - Let us know if you're interested in joining!

2022 Action Team Planning

- Youth mental health needs
 - CDC's Parental Resource Kit
 - Area that needs help:
 - Communication with parents and keeping them informed of resources
 - Guidance for insurance coverage/waitlists
 - Nicole had a good experience with telehealth with QAM
 - Services that provide easy access to teletherapy
 - ZocDoc, Therapy Cafe, TalkSpace
 - Vetting process for some of these online/app platforms?
 - Maryellen mentioned potentially utilizing a peer for outreach to students
 - Schedule time to meet about this topic and discuss next steps
 - SMCPS just started evening counseling services. All appointments book up at lightning speed.
- Advocacy Agenda
 - The team viewed and discussed the 2022 Bills of Interest & the Cannabis bill
 - Please vote here on which bills you would like for the HSMP Steering Committee to approve of and for HSMP to draft an advocacy letter for

Community Garden at Lexington Manor Passive Park

- The Community Garden at Lexington Manor Passive Park received \$50,000 in grant funding.
 - The Community Gardens [webpage](#) is live on the HSMP website!
 - View the [presentation](#)
 - Interested in participating? Let us know!

Partner Updates

- St. Mary's County Health Department is asking for teens to submit their video questions to be answered on Drug & Alcohol Facts Week
- The Minority Outreach Coalition has reserved a spot for Behavioral Health at the Cherry Blossom Festival.
- Nina Reed has been in touch with Robin on connecting the LCT, school system, and families moving forward. She is interested in being the partner spotlight.
- SAVE THE DATE for the HSMP Annual Meeting - Thurs, September 29, 2022!
 - Please fill out this form to submit your ideas for potential upcoming topics and speakers!
- Stephanie Freeman - ACEs trainings will take place quarterly
 - The first training will be in March.
 - More info and registration to come!

Communications

- **Submit event and news updates/information through**
 - the website <http://healthystmarys.com/newsletter/>
 - or email stmaryspartnership@gmail.com
- **Follow HSMP on Social Media**
 - Facebook: [Healthy St. Mary's Partnership](#)
 - Twitter: [@HealthyStMarys](#)

Upcoming

- Friday, March 18, 2022 from 10:00 - 11:00 a.m.