



Behavioral Health Action Team Meeting

Friday, April 22, 2022

Agenda

1. Introductions
 2. Health Equity
 3. Telehealth Access
 4. Youth Mental Health Needs
 5. Advocacy Agenda
 6. Partner Spotlight: Local Care Team
 7. Partner Updates
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Introductions

- Maryellen Kraese - St. Mary's County Health Department (SMCHD)
- Jessica Jolly - St. Mary's College of Maryland (SMCM) Wellness Center
- Ashley Alhambra - Pathways Inc.
- Nina Reed - Department of Aging & Human Services
- Jessica Fowler - Pathways Inc.
- Robin Schrader - St. Mary's County Public Schools (SMCPS)
- Shan Chen - St. Mary's County Health Department (SMCHD)
- Jacquie Wells - St. Mary's County Health Department (SMCHD)
- Danica Mottola - Salisbury MSW Student
- Jessica Roberson - Hope and Healing Psychotherapy, LLC
- James McDaniel - Serenity Place LLC
- Jaime Barnes - St. Mary's County Health Department (SMCHD)
- Stephanie Freeman - St. Mary's County Health Department (SMCHD)
- Greg Reuss - American Foundation for Suicide Prevention (AFSP)
- Alexis Higdon - St. Mary's County Sheriff's Office (SMCSO)
- Suha Ansari - St. Mary's County Health Department (SMCHD)
- Bryce Johnson - Pathways Inc.
- Victoria Poss - St. Mary's County Health Department (SMCHD)

Health Equity

- BHAT Health Equity Subcommittee meeting 4/19/22
- Doing one last push with interest form - no responses from salons/barber shops so far
- Discussing other cultural hubs to use in the same fashion as the HAIR model
 - Discussed connecting with the faith community



**HEALTH ADVOCATES
IN-REACH & RESEARCH
(HAIR)**

The primary aim of HAIR is to engage barbershops and beauty salons as culturally relevant portals for health education and delivery of public health and medical services in the community.



INTERESTED IN MORE INFORMATION ON BECOMING A HAIR PARTNER? SCAN THE QR CODE TO FILL OUT THE INTEREST FORM!

Telehealth Access

- Waiting for word on telehealth booths to be completed
 - Fingers crossed we have a timeline by next month's meeting!
- Provider telehealth platform survey
 - 28 responses
 - Thank you to Tammy for sending out to providers

Youth Mental Health Needs

- The Youth Mental Health Subcommittee met on 4/21
- The subcommittee decided to move forward with holding focus groups with students and parents
 - Discussing stigma
 - Preconceptions about mental health
 - Parents are the biggest challenge; convincing them the importance of seeking mental health help for their child
- Target Age Group?
 - Middle school age & their parents
- Target population or area of the county?
 - Reviewing case data to identify middle schools
 - Identify schools that have low parent engagement
 - Review preferred communication method for parents to see which works best for each school (electronic communication, face-to-face, mail)
 - Potentially holding a focus group customized for each middle school
- VIT Action Team working on a complimenting project
 - Putting together a publication for parents on “What Happens Next” after your child goes to the ED/treatment

Advocacy Agenda

- Policy Brief
 - [HB293/SB241](#) (Crisis Response/988 Trust Fund)
 - Signed by the Governor yesterday!
 - [HB 56](#) (Commission on Student Behavioral Health and Mental Health Treatment)
 - Did not move forward
 - We will keep this on the agenda for next year
 - [SB94/HB48](#) (Suicide Fatality Review Committee)
 - Signed by the Governor on April 12!

Partner Spotlight: Local Care Team

- Nina Reed from the Department of Aging & Human Services will be presenting! View her presentation [here](#).

Partner Updates

- AFSP - May is Mental Health Awareness Month. There will be trainings taking place next month: May 3 - Talk Saves Lives for the LGBTQ+ community, May 10 - Volunteer Presentation
 - More information about AFSP's upcoming events [here](#)
- SMCHD - May 8-14 is National Prevention Week. SMCHD Prevention Team will have tables set up at the libraries that week with different themes each day!
- SMCHD's Medication Take Back Day on April 9 was very successful! 268 lbs of medication were collected! The next event will take place at the Senior Wellness Fair in October.
- SMCPS will be highlighting Maryland's Children's Mental Health Matters Week from May 1-7.
- [Run4Andy5K](#) is on May 22 at Leonardtown High School.
- SMCHD is looking to increase their participation in the Tri-County Subcommittee, focusing on behavioral health needs for the homeless population. They will be reaching directly out to some providers. [Message Jaime](#) for more information if you're interested!
- Save the Date for the [HSMP Annual Meeting](#) - September 29 at the Bay District Volunteer Fire Department!

Communications

- Submit event and news updates/information through
 - the website <http://healthystmarys.com/newsletter/>
 - or email stmaryspartnership@gmail.com
- Follow HSMP on Social Media
 - Facebook: [Healthy St. Mary's Partnership](#)
 - Twitter: [@HealthyStMarys](#)

Upcoming Meetings

- Friday, May 20, 2022 from 10:00 - 11:00 a.m.