



# Behavioral Health Action Team Meeting

Friday, May 20, 2022

# Agenda

1. Introductions
2. Health Equity
3. Telehealth Access
4. Youth Mental Health Needs
5. Partner Updates

# Attendance

- Bryce Johnson - Pathways, Inc.
- Maryellen Kraese - St. Mary's County Health Department (SMCHD)
- Jessi Fowler - Pathways, Inc.
- Marissa Kelsh - MedStar
- Margaret Williams - St. Mary's County Health Department (SMCHD)
- Tori Poss - St. Mary's County Health Department (SMCHD)
- Melanie Barry - St. Mary's County Public Schools Head Start
- Nathaniel Scroggins - Minority Outreach Coalition (MOC)
- Kristin Voto - St. Mary's County Health Department (SMCHD)
- Shan Chen - St. Mary's County Health Department (SMCHD)
- Jacquie Wells - St. Mary's County Health Department (SMCHD)
- Elena Bell - St. Mary's County Health Department (SMCHD)
- Joana Naranjo - St. Mary's County Health Department (SMCHD)
- Michelle Turkaly - St. Mary's County Health Department (SMCHD)
- James McDaniel - Serenity Place LLC
- Christopher Shea - St. Mary's County Health Department (SMCHD)
- Stephanie Freeman - St. Mary's County Health Department (SMCHD)
- Robin Schrader - St. Mary's County Public Schools (SMCPS)

# Health Equity

- Lack of interest in participation
  - 1 salon has responded to interest form
- Next steps:
  - Offering resources under HSMP's BHAT webpage
    - Organizations to reach out to us for training/additional resources as needed
  - Jessi Fowler to reach out to local hair salons

# Telehealth Access

- Waiting for word on telehealth booths to be completed
  - Late May, early June with upgrades
  - Maryellen is ordering laptops now
- Provider telehealth platform survey
  - 30 responses
  - Most common platforms
    - GoToMeeting, Simple Practice, Doxy.me, Zoom, Jituzu, Microsoft Teams, VSEE Clinic, Therapy Notes, BlueJeans
  - Most common method for patient/client to receive appt link
    - 41.9% receive it via email
      - Other: Generally a combination of email and text
- Libraries will be prepping the laptops for a user-friendly platform

# Youth Mental Health Needs

- The subcommittee decided to move forward with holding focus groups with students and parents
- Maryellen has shared a list of questions from previous youth focus groups [here](#) and [here](#) as well as [RUok? campaign and probe questions](#) (pre-COVID)
  - What questions do we want to utilize?
  - Pre-COVID-19 responses will be shared
- Focus on parental understanding
  - Defining mental health, education, what to look for, being aware of cultural/social norms

# Partner Updates

- SMCHD will be attending the Pyramid Walden Mental Health Month BBQ Celebration from 1pm-4pm.
- Save The Date for the HSMP Annual Meeting for September 29
  - Keynote Speaker has been secured!
- Community Baby Shower at Lexington Manor Passive Park from 10am-2pm. All are welcome! Giveaways, door prizes and educational materials available.
  - Send an email to [stmaryspartnership@gmail.com](mailto:stmaryspartnership@gmail.com) if you would like more info or [click here](#) to register as a vendor.
- SMCPS - Summer programs are now happening. They are hiring school social workers at the elementary level and 3 additional contract positions for the next school year.
- MOC has the following events in June: Continuing to hold obesity classes, Juneteenth (June 18th), and Men's Retreat event in Calvert County (June 25th)
- [Run4Andy](#) will be at Leonardtown High School on Sunday, May 22
- SMCHD is holding one-on-one referral counseling sessions for women who are smokers/vapers - contact [margaret.williams1@maryland.gov](mailto:margaret.williams1@maryland.gov) for more information. They will also be at the Gals Lead Teen Mentor Program event at The Port of Leonardtown Winery and Community Baby Shower event.
- SMCHD's SOAR program is continuing to accept referrals.
- Pathways, Inc has a new Outreach Specialist!

# Communications

- Submit event and news updates/information through
  - the website <http://healthystmarys.com/newsletter/>
  - or email [stmaryspartnership@gmail.com](mailto:stmaryspartnership@gmail.com)
- Follow HSMP on Social Media
  - Facebook: [Healthy St. Mary's Partnership](#)
  - Twitter: [@HealthyStMarys](#)

# Upcoming Meetings

- Friday, June 17, 2022 from 10:00 - 11:00 a.m.
  - Presentation by Maryellen's Summer Intern group at BHAT  
Meeting in July/August 2022