



Behavioral Health Action Team Meeting

Friday, June 17, 2022

Agenda

1. Introductions
2. Health Equity
3. Telehealth Access
4. Youth Mental Health Needs
5. Partner Updates

Attendance

- Maryellen Kraese - St. Mary's County Health Department (SMCHD)
- Jessica Jolly - St. Mary's College of Maryland (SMCM)
- Kristin Voto - St. Mary's County Health Department (SMCHD)
- Suha Ansari - St. Mary's County Health Department (SMCHD)
- V. Elena Bell - St. Mary's County Health Department (SMCHD)
- Shan Chen - St. Mary's County Health Department (SMCHD)
- Alexis Higdon - St. Mary's County Sheriff's Office (SMCSO)
- Joana Naranjo - St. Mary's County Health Department (SMCHD)
- Stephanie Freeman - St. Mary's County Health Department (SMCHD)
- Amanda Leal - Serenity Place LLC
- Gregory Jones - St. Mary's County Teen Court
- James McDaniel - Serenity Place LLC
- Bryce Johnson - Pathways, Inc.
- Michele Hepner - St. Mary's County Health Department (SMCHD)
- Chris Shea - St. Mary's County Health Department (SMCHD)
- Greg Reuss - American Foundation for Suicide Prevention (AFSP)
- Jacquie Wells - St. Mary's County Health Department (SMCHD)
- Robin Schrader - St. Mary's County Public Schools (SMCPS)
- Jennifer Foxworthy - Unstoppable You Ministries
- Eliot Willenborg - St. Mary's County Health Department (SMCHD)
- Michelle Turkaly - St. Mary's County Health Department (SMCHD)
- Robert Elrod - MedStar St. Mary's County

Health Equity

- Will reach out to Bella Salon & Spa (requesting training on coping skills, literature)
 - Updates on other locations?
- Next steps: Putting together a resource list of trainings under BHAT webpage
 - **Action item:** Find out which organizations can offer training on the topics below. Please reach out to HSMP if you/your organization are able to offer!
 - Substance Use Training (Pyramid, Project Chesapeake, CAC-Community Alcohol Coalition)
 - Suicide Prevention (AFSP/Greg)
 - Coping Skills
 - Narcan Training
 - Mental Health First Aid (Pathways - Bryce will double check if trainings can be done outside of organization; Alexis is a MHFA instructor for adults)
 - Anti-Stigma (On Our Own)
 - Medicaid Enrollment, Navigating Insurance (SoMD Community Network)
 - Opioid Overdose Response Boxes (BH team)
 - Good Samaritan Law Information (BH team)
 - Anger Management/Conflict Resolution

Telehealth Access

- The telehealth booths will be arriving today and will be assembled next week at Charlotte Hall & Lexington Park Libraries
- The team is planning for a ribbon cutting ceremony
- We are working on a draft version of an Acknowledgement of Use to be hung in the booth
 - Additional resource guides to go in the booth
 - 211, 988 and local provider information
- Connect with Rob Elrod & Greg R. about connecting hospital with this resource so they can refer patients.
- Maryellen to follow up with SMCHD Medical Transportation about potentially providing transportation to these appointments



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Youth Mental Health Needs

- The subcommittee has decided to move forward with holding focus groups with students and parents
 - Be on the lookout for next subcommittee meeting in a couple of weeks
- Maryellen has shared a list of questions from previous youth focus groups [here](#), [here](#) as well as [R U OK? campaign and probe questions](#) (pre-COVID)
 - [Summary findings](#) from R U OK? Campaign focus groups
 - Behavioral Health Integration & Pediatric Primary Care (BHIPP) funded pilot program for Salisbury Social Work Interns to conduct SBIRT assessments for pediatrics, up to age 21
 - **Action Item:** What questions do we want to utilize?
- Greg shared a [Carefirst Behavioral Health Request For Proposals](#) regarding youth behavioral health which highlights root causes, access, and workforce development
- Focus on parental understanding
 - Defining mental health, education, what to look for, being aware of cultural/social norms

Partner Updates

- Teen Court - Maryland Legislature this year made a modification to the juvenile justice system which is going to dramatically impact our youth. Effective June 1, 2022, they have eliminated Juvenile Court jurisdiction for children under the age of 13 except for children between the age of 10 – 12 who have committed felonies. They have eliminated the charging of juveniles under the age of 13 with misdemeanor offenses. This will result in no legal penalties for offenses such as assault 2nd degree, theft, vandalism, burglary 4th degree, etc.
- Community Alcohol Coalition is looking to update to Community Alcohol and Cannabis Coalition moving forward with cannabis ballot item in November. They are currently expanding CAC to include 2 new subcommittees (retailer subcommittee to acknowledge and promote safe retail sale of alcohol & subcommittee focusing on college and how to do education activity/promotion/outreach in regards to binge drinking & cannabis use).
- SMCHD is starting a volunteer core for general and emergency purposes. If you have any ideas for what volunteers could help with in the future, please contact [Eliot](#).
- AFSP will be attending this weekend's Juneteenth event. [Future events](#) include a Volunteer Training event on July 19th, Talk Save Lives training on July 21 6:30 - 8 PM and AFSP's Southern Maryland Community Out of the Darkness Walk in Historic St. Mary's City on Oct 23.
- HSMP is hosting an "Ask The Dietician: Nutrition during Pregnancy" Facebook Live event for mothers to ask questions regarding nutrition on Thurs. June 23.
- If you would like to participate in the Community Garden Advisory Board Meetings, please email [HSMP](#). The St. Mary's County Community Development Corporation has applied to be the garden management agency.
- The annual [More to Explore program](#) kicked off today! It's a passport program to encourage kids & families to go out within the county and explore. Added 5 new locations including farmers markets, community garden & Real Food Studio.
- Serenity Place has new clinicians so they have immediate openings for BlueCross BlueShield clients.
- SMCM is going to have a DSW intern. There are openings for a staff therapist position, case manager & supervisor for peer support groups.
- SMCPS has an open position for a Masters-level Social Worker. Also have some interns next year. Their social work team next year will be 13 staff + 2 interns. During the summer they have counselor available to students participating in summer school.
- Unstoppable You Ministries will be hosting a [Safety and Self Defense Workshop](#) on Saturday, July 30th at Faith Bible Church. It is open to the public!

Communications

- Submit event and news updates/information through
 - the website <http://healthystmarys.com/newsletter/>
 - or email stmaryspartnership@gmail.com
- Follow HSMP on Social Media
 - Facebook: [Healthy St. Mary's Partnership](#)
 - Twitter: [@HealthyStMarys](#)

Upcoming Meetings

- Friday, July 15, 2022 from 10:00 - 11:00 a.m.
 - Presentation by Maryellen's Summer Intern group at BHAT
Meeting in July/August 2022