


Behavioral Health Action Team Meeting

Friday, July 15, 2022

Agenda

1. Introductions
 2. Health Equity
 3. Telehealth Access
 4. Youth Mental Health Needs
 5. Partner Spotlight
 6. Partner Updates
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Introductions

- Maryellen Kraese - St. Mary's County Health Department
- Shan Chen - St. Mary's County Health Department
- Robin Schrader - St. Mary's County Public Schools
- Michelle Turkaly - St. Mary's County Health Department
- Christopher Shea - St. Mary's County Health Department
- Tori Poss - St. Mary's County Health Department
- Greg Reuss - American Foundation for Suicide Prevention
- Tiffany Daniel - CTLDomGroup Inc
- Kristin Voto - St. Mary's County Health Department
- Bryce Johnson - Pathways, Inc
- Maryanna Lanham - Dream Queen Foundation - Gals Lead Teen Club
- Rebecca Bowles - St. Mary's County Health Department
- Achianu (Divine) Folefac - ACT Team at the Southern Maryland Community
- Jodi Gardiner - Maryland Coalition of Families
- Jacquie Wells - St. Mary's County Health Department
- Jesse Taylor - St. Mary's County Health Department
- Janiece Frederick - Southern Maryland Community Network
- Gregory Jones - St. Mary's Teen Court
- Carolyn Cullison - On Our Own of St. Mary's County
- Justina Gray - Southern Maryland Community Network
- James McDaniel - Serenity Place LLC
- Japan Bhalja - St. Mary's County Health Department
- Suha Ansari - St. Mary's County Health Department

Health Equity

- **Action item:** Determine which organizations can offer training and/or resources on the topics below. Please reach out to [HSMP](#) if you or your organization are able to offer!
 - Substance Use Training
 - Pyramid, Project Chesapeake, Cannabis Alcohol Coalition (CAC)
 - Suicide Prevention
 - AFSP
 - Coping Skills
 - SMCPs - adolescent & child community, Dream Queen Foundation/GalsLead, CTLDomGroup Inc
 - Narcan Training
 - SMCHD Behavioral Health
 - Mental Health First Aid
 - Pathways - Bryce will double check if trainings can be done outside of organization; Alexis is a MHFA instructor for adults
 - Anti-Stigma
 - On Our Own, SMCHD
 - Medicaid Enrollment, Navigating Insurance
 - SoMD Community Network
 - Opioid Overdose Response Boxes
 - SMCHD Behavioral health team
 - Good Samaritan Law Information
 - SMCHD Behavioral health team
 - Anger Management/Conflict Resolution
 - CTLDomGroup Inc (Conflict resolution)
 - Maryland Coalition of Families also holds numerous support groups & trainings every month
- We will also need a point of contact for each of these trainings/topics.

Telehealth Access

- The telehealth booths and laptops have arrived
 - Hoping to launch at the end of month!
- The team is planning for a ribbon cutting ceremony
- Please review draft version of Acknowledgement of Use document
- Will include other additional resource guides to go in the booth
 - 211, 988 and local provider information
- Maryellen to follow up with SMCHD Medical Transportation about potentially providing transportation to these appointments
 - Hub and Spoke grant
- Discussing holding presentations to promote the telehealth booths (providers, LBHA, etc)
- The team discussed developing a short follow-up survey about experience using the booth

Telehealth Access (continued)

Lexington Park Library telehealth booth



Charlotte Hall Library telehealth booth



Youth Mental Health Needs

- Subcommittee meeting yesterday
- The team discussed arranging for an evaluator/facilitator to manage the survey and focus groups
 - Timeline to conduct focus groups - approx Fall 2022
 - Questions may or may not need IRB approval
- 2-3 sets of focus groups
 - Students (multiple, in-person, during the day)
 - Parents (multiple, in the evening, can be virtual)
 - School staff focus groups (one, in the evening)
- Coordinating with multiple schools and principals and have a written agreement in place

Partner Spotlight

- Welcome - Dream Queen Foundation & Gals Lead Teen Mentorship and Leadership Club!
 - Presenter: [Maryanna Lanham](#)
- Gals Lead Mentorship clubs are in several St. Mary's county high schools
- They have an after school group with meetings held at the Lexington Park Library - [click here](#) for more information!
 - Meetings are every Thursday at 5pm for middle school-aged youth
- Looking for volunteers, mentors and community liaisons
 - Sign up to coordinate with Maryanna [here](#)
- Website: <https://dreamqueenfoundation.org/>



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OUR PROGRAMS



WOMENS NETWORK:

1200+

Partner Updates

- Pathways has a new outreach education specialist!
- The Community Alcohol Coalition voted to include cannabis in its discussions and agenda and is updating its name to the Community Alcohol and Cannabis Coalition. They have recently created 2 new subcommittees for college and legislation.
- Divine has recently joined SOMD Community Network. They have a new assertive community treatment program to help individuals with serious mental health issues and substance use problems to reduce hospitalization and improve symptoms right where they are.
- Dream Queen Foundation has just added Calverton to their list of schools where they will have a club. They are looking for volunteers, mentors & community liaisons.
- AFSP is holding its SOMD Out of the Darkness Community Walk at Historic St. Mary's on October 23. Registration is open and they are looking for additional sponsors & vendors.
- 988 goes live tomorrow, July 16th.
- Teen Court is beginning to see the impact of recent legislation change which impacts youth under 13 years old (no criminal offenders under 13). Law enforcement is concerned about what happens moving forward since their hands are tied. Teen Court is actively working with the schools for a program. Law enforcement has been advising the schools since their responses are going to be significantly limited in the future.

Partner Updates (continued)

- The Safe St. Mary's Summer Party is tomorrow at the Great Mills Swimming Pool from 9am-12pm.
- HSMP's Violence, Injury & Trauma Action Team, the St. Mary's County Libraries, and the Early Childhood Advisory Council are hosting viewings of the film Paper Tigers at the Lexington Park Library on July 20th & 30th. Please share within your network!
- Southern Maryland Community Network's TCM case management and PRP program are accepting referrals! Contact Janiece Frederick at 443-924-1033 or email jfrederick@smcni.org for more information.
- SMCPS is requiring suicide gatekeeper training for all staff before the new school year. They are also looking for evidence-based programs to consider for student-focused suicide prevention efforts - contact Robin if you know of any. There is one opening on their social work team - they will be interviewing for that position soon. They are also looking for funding to sustain/expand its elementary school social work program (currently 4 school social workers for 8 elementary schools). Please share SMCPS' mental health & wellness websites! SMCPS will be adding counseling support at the secondary level this school year.
- Robin has a speaker ideas for parents that she found at a recent conference and is looking to find funding/a partner to bring this speaker in locally. Jodi interested in collaborating.

Communications

- Submit event and news updates/information through
 - the website <http://healthystmarys.com/newsletter/>
 - or email stmaryspartnership@gmail.com
- Follow HSMP on Social Media
 - Facebook: [Healthy St. Mary's Partnership](#)
 - Twitter: [@HealthyStMarys](#)

Upcoming Meetings

- Friday, August 19, 2022 from 10:00 - 11:00 a.m.
 - August Partner Spotlight - TBD
- Looking Ahead
 - HSMP annual meeting in September
 - Should we hold off on BHAT meetings?
 - November & December meetings
 - Elections for co-chairs