



Behavioral Health Action Team Meeting

Friday, August 19, 2022

Agenda

1. Introductions
2. Health Equity
3. Telehealth Access
4. Youth Mental Health Needs
5. Action Team Meetings for Sept., Nov. & Dec.
6. Partner Spotlight
7. Partner Updates

Introductions

- Maryellen Kraese - St. Mary's County Health Department (SMCHD)
- Jaime Barnes - St. Mary's County Health Department (SMCHD)
- Nathaniel Scroggins - Minority Outreach Coalition
- Michael Blackwell - St. Mary's County Library
- V. Elena Bell - St. Mary's County Health Department (SMCHD)
- Maegan Sapienza - Southern Maryland Community Network (SMCN)
- Alexis Higdon - St. Mary's County Sheriff's Office (SMCSO)
- Gregory Jones - St. Mary's County Teen Court
- Shan Chen - St. Mary's County Health Department (SMCHD)
- Jessica Jolly - St. Mary's College of Maryland Wellness Center
- Achianu Folefac - Southern Maryland Community Network (SMCN)
- Anna Guy - Hope and Healthy Psychotherapy, LLC
- Jennifer Cass - St. Mary's County Health Department (SMCHD)
- Joana Naranjo - St. Mary's County Health Department (SMCHD)
- James McDaniel - Serenity Place, LLC
- Brian Ayres - St. Mary's County Health Department (SMCHD)
- Maryanna Lanham - Dream Queen Foundation & Gals Lead Club
- Jaime Kane - CalvertHealth Medical Center
- Tiffany Daniel - CTLDomGroup & Veterans Yoga Project
- Amanda Leal - Serenity Place, LLC
- Jesse Taylor - St. Mary's County Health Department (SMCHD)
- Jacquie Wells - St. Mary's County Health Department (SMCHD)
- Greg Reuss - American Foundation for Suicide Prevention (AFSP)
- Justina Gray - Southern Maryland Community Network (SMCN)
- Eliot Willenborg - St. Mary's County Health Department (SMCHD)
- Suha Ansari - St. Mary's County Health Department (SMCHD)
- Kelly Muldoon - Empowered Connections
- Rob Elrod - MedStar St. Mary's Hospital (MSMH)

Health Equity

- Shan and Jacquie are working on a draft of the resource menu to be reviewed. Feel free to provide any contributions by emailing HSMP!

Telehealth Access

- There will be a Ribbon Cutting Ceremony on August 22nd at 8:00 am at Lexington Park Library.
- Next steps
 - Campaign to promote telehealth booths to local providers
 - Promotional campaign materials
 - Client experience follow up survey
 - Putting together a brief presentation for provider's offices

Youth Mental Health Needs

- The last YMH Needs Subcommittee meeting was held on August 8.
- The team discussed places to recruit students for the focus group (in-person or virtually)
 - Willows Rec Center's after school program
 - Libraries
 - The Cove
 - Wildewood Community
 - Discussed using Peachjar to recruit for parent focus group or to push out information
 - Stephanie Freeman also performs intake on middle school students
 - Faith-based communities who have youth organizations
 - Serenity Place is hiring one clinician and starting services around September-October. They will have a Teen Grief Support Group ages 13-17 that meets Monday from 6-7:30pm. Following this group, there will be a 6-week program for younger children. Flyers will be distributed next week.
 - Keep in mind that school is starting next week and it will be a stressful time for students and parents!
- Next steps:
 - Create a timeline
 - Securing questions for focus groups
 - IRB Process
 - Maryellen will secure evaluator at the end of this month
- The next subcommittee meeting will be on Monday, August 29 at 10:00 am

Action Team Meetings for Sept., Nov. & Dec.

- The Behavioral Health Action Team voted on meeting dates for September, November and December. Based on survey results, we will be meeting on the normal scheduled days:
 - September 16
 - November 18
 - December 16

Partner Spotlight

- Southern Maryland Community Network presented on its Assertive Community Treatment program.
 - Welcome, Maegan Sapienza!

Partner Updates

- The Dream Queen Foundation will be in Spring Ridge, Leonardtown and Great Mills High School in the fall and will have ongoing evening meetings in Lexington Park. Meetings are opening to the public! Click to [view the flyer](#) or [event calendar](#). They are continuing to [recruit mentors](#) locally to have its program at more schools.
- Serenity Place continues to have openings for BCBS and private pay. They are working on a waitlist for other insurance. They have a support group for youth available. Its Prince Frederick location should be opening soon.
- The SMCHD Community Health Corps is working on building an app and having a way to indicate if you're a mental health professional in volunteer system.
- American Foundation of Suicide Prevention is hosting its Southern Maryland [Out of the Darkness Walk](#) in Historic St. Mary's City on October 23. 988 has launched and is going well! If you need anything from AFSP, reach out to [Greg Reuss](#).
- Teen Court continues to handle cases that are referred to them. They are now beginning to see the effects of the recent law changes (juveniles under 13 cannot be charged with anything other than felony offenses so they are not referred to teen court). Teen court sessions will be held in the fall. [Greg Jones](#) will have spots available where they can have speakers from local organizations come to provide information and resources to these youth.
- HSMP's Food Security Subcommittee has launched its [St. Mary's County Food Security Survey](#). Please [share the flyers and posters](#) on your social media pages and website! The survey will be open until Oct 21. There will be Stakeholder Forums scheduled - stay tuned.
- [The HSMP Annual Meeting](#) is Sept 29. We are trying to solidify CEUs and will be opening up registration soon. There will be many speakers and presentation topics!

Partner Updates

- SMCHD's Behavioral Health Hub tours have been postponed due to ongoing construction. Harm Reduction will be moving in within next 1-2 weeks (Covid side of building) and they are looking at full occupancy by October 1.
- Empowered Connections has a new office opening in Bethesda that is looking for clinicians! It will be open September 1.
- HSMP's Environmental Health Action Team is looking at a bike share program, with some talks of having it at Lexington Park Library and looking at Tri-County. St. Mary's County Library is getting a mobile library that should be on the road in December/January. They are happy to partner with organizations to have you ride along and visit neighborhoods.
- Minority Outreach Coalition will be at tomorrow's Unity and Healing Day event at Historic Sotterley. This event is open to the public & free of charge!
- Virtual Yoga for Veteran's Yoga sessions are open to everyone and classes are free. Tiffany Daniels is the new state coordinator for Maryland for Veteran's Yoga Project and she is looking for in-person places to hold classes! She is planning on hosting a Mental Health First Aid course in January (more information to come). Mentioned that veterans will need to do new intake process in January that the telehealth booths could be useful for. If we get her the flyer she will share with local veterans.
- SMCHD Prevention & Outreach team recently participated in the Title I Parent & Family Conference in Green Holly Elementary School. There were over 500 bookbags donated! They also recently participated in conscious discipline training. The Prevention & Outreach team will be partnering with the school system to provide overdose emergency boxes in schools in the county.
- This is a reminder that August 31st is International Overdose Awareness Day and September is Recovery Month. Please share events being hosted for either of these awareness events!

Communications

- Submit event and news updates/information through
 - the website <http://healthystmarys.com/newsletter/>
 - or email stmaryspartnership@gmail.com
- Follow HSMP on Social Media
 - Facebook: [Healthy St. Mary's Partnership](#)
 - Twitter: [@HealthyStMarys](#)

Upcoming Meetings

- Friday, September 16, 2022 from 10:00 - 11:00 a.m.