



Violence, Injury, & Trauma Action Team Meeting

Thursday, January 26, 2023

Agenda

1. Introductions
2. New VIT Co-Chairs
3. 2023 Brainstorming
4. Partner Updates

Introductions

- Shan Chen - St. Mary's County Health Department
- Stephanie Thomas - St. Mary's County Health Department
- Alexis Higdon - St. Mary's County Sheriff's Office
- Stacey Morgan - St. Mary's County Health Department
- Taylor Spencer Davis - Southern Maryland Center for Family Advocacy
- Tori Poss - St. Mary's County Health Department
- Michael Blackwell - St. Mary's County Public Library
- Ali Wohlgemuth - St. Mary's County Health Department
- Barbara Smith - Cecil County, MD
- Anna Guy - Hope and Healing Psychotherapy, LLC
- Kelsey Bush - St. Mary's College of Maryland
- Stephanie Freeman - St. Mary's County Health Department
- Jennifer Alvey - Medstar St. Mary's Hospital
- Robin Schrader - St. Mary's County Public Schools
- Madison Mansfield - St. Mary's County Public Schools
- Jacquie Wells - St. Mary's County Health Department
- Tammy Loewe - St. Mary's County Health Department
- Norma Pipkin - Commission for Women
- Jennifer Cass - St. Mary's County Health Department
- Teresa Cox - St. Mary's County Public Schools

New VIT Co-Chairs



Kelsey Bush is the Community Affairs Liaison for St. Mary's College of Maryland. Before this appointment, Mr. Bush was the Interim Chief Diversity Officer at St. Mary's College Maryland. For 20 years, Mr. Bush worked for St. Mary's County Government, as the Local Management Board (LMB) and Youth Coordinator for St. Mary's County in the Department of Aging and Human Services Division of Human Services for 20 years. In that capacity, he developed youth-related initiatives and programs, monitored grants, and collaborated with other agencies and citizens on youth, family, and children-related issues. Additionally, Mr. Bush worked on equity, feeding, homelessness, and other quality-of-life issues. He served on multiple committees and collaborations through this position.



Taylor Spencer-Davis has been with the Southern Maryland Center for Family Advocacy (SMCFA) for seven years, where she now holds the title of Deputy Director. Her focus in this position has been to build a strong, dedicated team of community partners who all work together to serve the needs of survivors of intimate partner violence and sexual violence in St. Mary's County. Since Ms. Davis became Deputy Director, SMCFA has become the comprehensive provider of both intimate partner violence and sexual assault advocacy services for the entire County. Taylor also chairs the Domestic Violence Case Review Team, the Family Violence Coordinating Council, and the Sexual Assault Response Team for St. Mary's.

2023 Brainstorming

- What organizations are missing from the action team?
- What would make the VIT meetings more beneficial for you?
- What specifically are you passionate about related to Violence, Injury & Trauma?
- Identify 2023 areas of interest
 - Areas of interest, strategies

What organizations are missing from the action team?

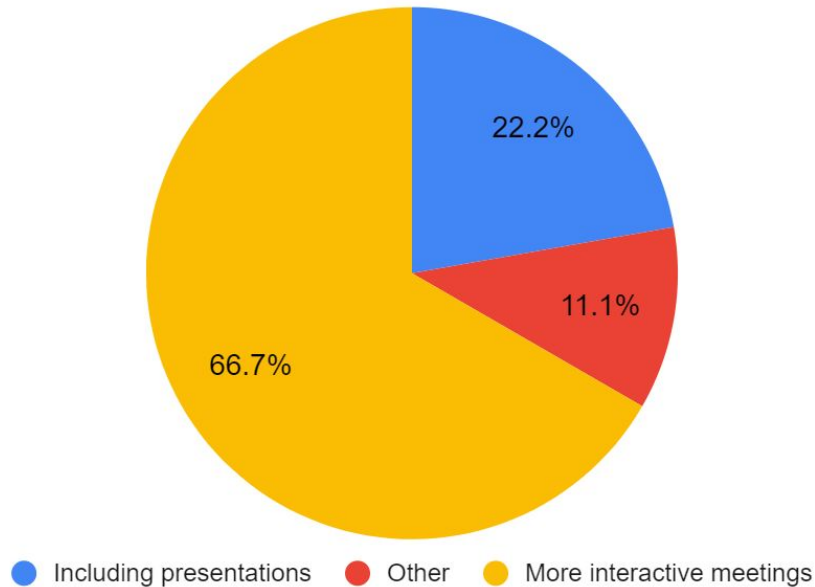
The team suggested the following organizations and possible points of contact:

- Politicians
- Local Management Board
- Department of Social Services
- Faith-based organizations
- Churches
- American Foundation for Suicide Prevention
- States Attorney's office (Jacquie to contact Jaymi Sterling)
- Maryland State Police
- College of Southern Maryland/St. Mary's College of Maryland (Michelle)
 - SMCM Title IX team
- The Base - Fleet & Family Center
- Department of Aging
- Recreation & Parks
- Youth representation (SMCPS representative)



Students, write your response!

What would make the VIT meetings more beneficial for you?



- The team discussed including presentations, such as a Partner Spotlight presentation, as a way to make meetings more interactive.
 - If you are interested in doing a presentation on your agency for our monthly Partner Spotlight, please fill out [this form!](#)
- Additionally, we will utilize programs like Pear Deck and Jam Board to make the meetings more interactive!



What specifically are you passionate about related to Violence, Injury & Trauma?

- Reduction in youth violence
- Impact of ACEs on youth & the parent
- Impact of ACEs on mental and behavioral health
- Dating and domestic violence prevention
- Violence reduction
- Prevention
- Elder abuse
- Bullying
- Stopping the cycle of abuse
- Trauma informed workplace
- Gun violence
- Early intervention
- Local efforts/working as a unit
- Suicide prevention
- Addressing generational trauma
- Increasing trauma-informed care
- Community violence
- Reducing ACEs in the community
- More practical implications and solutions for working with youth and families
- Opportunities to reach youth
- Solution focus
- Information for the non-choir members



Students, write your response!

Identify 2023 Areas of Interest - CHIP Objectives

The team voted on their top areas of interest from the VIT Objectives in the Healthy St. Mary's 2026 Community Health Improvement Plan. The top 4 areas of interest are highlighted below.

Additional ideas discussed were:

- Establishing a student leadership team with a rep. to each action team
- Continued ACEs training, with Stephanie available to offer for organizations
- Researching the ACEs component of Commission on trauma informed care
- There is a need for coaching/awareness for families
 - How do we tangibly support that option?

Reduce the number of adults who report 3 or more adverse childhood experiences.	Reduce violent crimes.	Reduce the suicide rate.
Reduce suicidal thoughts among adolescents.	Reduce bullying.	Reduce domestic violence.
(Developmental) Reduce sexual assault and contact sexual violence.	Reduce the proportion of people who are homeless.	



Identify 2023 Areas of Interest - CHIP Strategies

The team voted on their top areas of interest from the VIT Strategies in the Healthy St. Mary's 2026 Community Health Improvement Plan. The top 2 areas of interest are highlighted below.

Conduct local study to compare Philadelphia ACE survey and original ACE survey.	Conduct trauma/resiliency assessment with local agencies and community partners.	Expand community training on ACEs.
Support the implementation of targeted outreach and support to LGBTQIA+ community around suicide prevention	Expand community education and trainings on mental health and suicide (e.g. Mental Health First Aid).	Decrease social stigma associated with mental illness treatment and support through communications campaigns, public outreach, and anti-stigma training.
Develop resource guide for suicide prevention and mental health resources.	Host suicide prevention learning series.	Develop suicide prevention resource guides for youth for where and when to go for help.
Support public and private schools in suicide prevention and intervention measures.	Promote peer education around suicide prevention and intervention (e.g. Teen Mental Health First Aid).	Develop a resource guide for SMCSO to provide to homeless individuals.
Establish a local baseline for the cause of motor vehicle accidents (distracted driving, intoxication, etc.).		



Identify 2023 Areas of Interest - CHIP Strategies (continued)

Additional ideas for strategies discussed were:

- Helping parents have knowledge/information
 - There is an online QPR course for free
- Holding a training series with a kick off panel session
- Schools have moved to QPR model



2023 Brainstorming (continued)

- **Action Item:**
 - Review the priority areas/strategies identified during today's meeting and research evidence-based practices and innovative ideas for trainings, events, and programs that can be implemented by the action team in 2023.

Partner Updates

- The Dating Violence Awareness Month Proclamation is planned at the County Commissioners meeting for February 7 at 10:30am.
- SMCHD's Behavioral Health Hub is now open! Examples of services offered include [crisis stabilization](#), [harm reduction](#), [community mediation](#), day reporting program and behavioral health services. [Primary health care services](#) is provided by Greater Baden Medical Services. [Free legal expungement clinics](#) are happening monthly starting February 7. Many services being offered to the community! Reiki is coming in February. 988 is the regional lifeline. We are also collaborating with Anne Arundel County's warm line for behavioral health in St. Mary's, Charles and Anne Arundel county.
- St. Mary's County Commission for Women is seeking nominations for its "Woman of the Year" and "Woman of Tomorrow" awards. The nominee's service must relate to voluntary or unpaid work. Forms are available [here](#)! The deadline to submit nominations is Friday, February 17 at 5:00 p.m.
- HSMP published its [Food Security report](#) last November. HSMP has been recognized as a [Healthy People 2030 Champion](#). The Community Health Improvement Plan (CHIP), Healthy St. Mary's 2026, received a January 2023 [update](#).
- SMCHD released its new [Health Data Dashboard](#). SMCHD recently put out a public health advisory for everyone to be aware of rising rates of COVID-19, respiratory syncytial virus (RSV) and influenza and to take preventive measures to avoid contracting and spreading these illnesses. [Testing](#) and [vaccine appointments](#) are available at SMCHD's Behavioral Health Hub.

Communications

- Submit event and news updates/information through our website or email stmaryspartnership@gmail.com
- Follow HSMP on Social Media
 - Facebook: Healthy St. Mary's Partnership
 - Twitter: @HealthyStMarys

Upcoming Meetings

- Thursday, February 23, 2023 from 1:00 - 2:00 p.m.
- If you are interested in doing a presentation on your agency for our monthly Partner Spotlight, please fill out [this form!](#)