


# Violence, Injury, & Trauma Action Team Meeting

Thursday, February 23, 2023

# Agenda

1. Introductions
  2. HSMP Evaluation Survey
  3. Dating Violence Prevention Proclamation
  4. VIT Word Cloud
  5. 2023 Brainstorming
  6. Partner Spotlight
  7. Maryland Violence Prevention Coalition
  8. Partner Updates
- 

# Introductions

- Shan Chen - St. Mary's County Health Department (SMCHD)
- Nat Scroggins - Minority Health Coalition (MOC)
- Stephanie Thomas - St. Mary's County Health Department
- Angela Cochran - St. Mary's County Health Department
- Ann-Marie Combs - Department of Juvenile Services (DJS)
- Kelsey Bush - St. Mary's College of Maryland (SMCM)
- Deidra Carroll - Medstar St. Mary's Hospital (MSMH)
- Michelle Pottinger - St. Mary's County Health Department
- Barbara O'Neal - Commission on Aging/self
- Tori Poss - St. Mary's County Health Department
- Anna Guy - Hope and Healing Psychotherapy, LLC
- Terri Cox - St. Mary's County Public Schools (SMCPS)
- Tammy Loewe - St. Mary's County Health Department
- Madison Mansfield - St. Mary's County Public Schools
- Stacey Morgan - St. Mary's County Health Department
- Taylor Nickerson - St. Mary's County Health Department
- Stephanie Freeman - St. Mary's County Health Department
- Robin Schrader - St. Mary's County Public Schools
- Jean Cooper Carter - The Mission
- Jennifer Cass - St. Mary's County Health Department
- Taylor Spencer Davis - Southern Maryland Center for Family Advocacy (SMCFA)
- Jacquie Wells - St. Mary's County Health Department
- Michael Brown - Unified Committee for Afro-American Contributions (UCAC)
- Kaprece James - Stella's Girls
- Marta Kelsey - Commission for Women

# HSMP Evaluation Survey

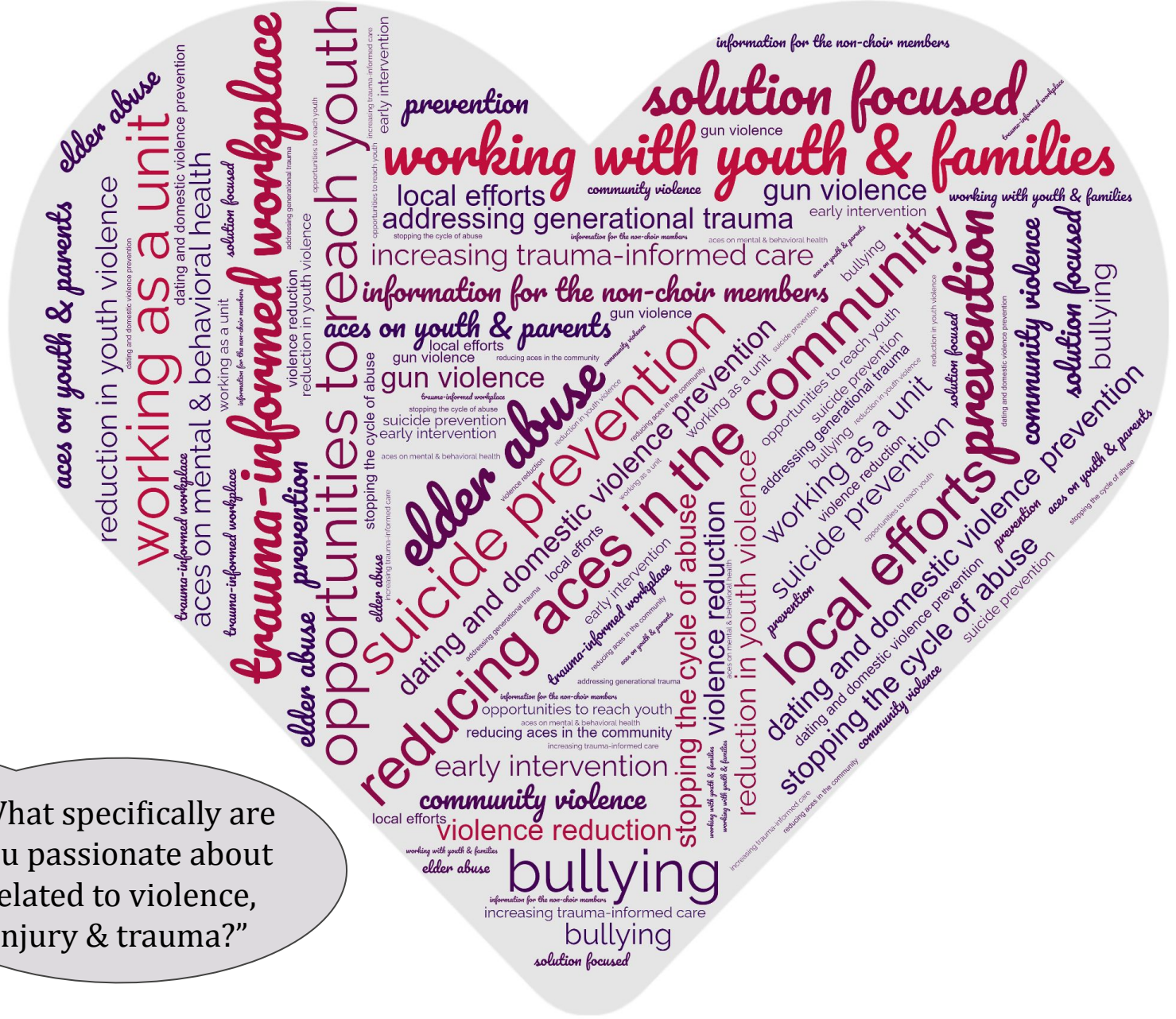
- Ali developed a survey for HSMP's evaluation plan
  - Please take a moment to complete - it takes 5 minutes or less!
- Once we have the results in, Ali will be reaching out to some of the VIT members for interview.

# Dating Violence Prevention Proclamation



On February 7th, the St. Mary's County Commissioners presented a proclamation declaring February as Dating Violence Prevention Month. In attendance were members of the county government, Southern Maryland Center for Family Advocacy, St. Mary's County Commission for Women, and the Healthy St. Mary's Partnership.

“What specifically are you passionate about related to violence, injury & trauma?”





## 2023 Brainstorming

- Last month, the team voted on its top 3 areas of interest from the Violence, Injury & Trauma objectives (Healthy St. Mary's 2026 CHIP). These are:
  - *ACEs* - Reduce the number of adults who report 3 or more adverse childhood experiences.
  - *Violent Crimes* - Reduce violent crimes.
  - *Suicidal Thoughts* - Reduce suicidal thoughts among adolescents.
- This month, the team participated in a brainstorming session using Google Jamboards focusing on the question "What trainings, events, and programs can be implemented by the action team in 2023 for each of the chosen objectives?"

# 2023 Brainstorming (continued)

## ACEs

- The team brainstormed and discussed the following ideas:
  - Increase the number of mentoring programs in the community
  - Participate in the Commission on Trauma who is developing assessments, tools, data
  - Marketing campaigns to explain what ACEs are
    - Public showing of *Resiliency* and other ACE movies
    - Sharing ACEs stories
      - Example: Healing Neen: The Tonier Can story
  - Educate community providers if using the ACE assessment outside of clinical settings how to use different tools to ensure secondary trauma does not occur
  - Develop data tools that can be used across providers to capture ACE data to be used for grant proposals
  - Begin to push developmental assets training
  - Develop an ACEs subcommittee
  - Awareness, training, educational workshops in the community
    - Parenting classes, classes on building resilience
      - Online parent support group
    - Coaching/awareness for families
    - Stephanie F. is a master trainer in ACEs
- The team discussed a need to focus on parental education/awareness and holding a series of discussion panels with parents as the target audience
- **Action item:** Bring topic areas and speaker ideas to the next meeting so that we can begin planning the series.



# 2023 Brainstorming (continued)

## Violent Crimes

- The team brainstormed and discussed the following ideas:
  - A variety of programs, such as:
    - Street outreach programs
    - Early childhood intervention programs
    - Mentoring programs
    - Job programs
    - Transitional programs to reduce risk of recidivism
  - Teacher education as well to understand where children are coming from
  - Trauma awareness and training for educators and providers
  - Market programs and clubs to kids
  - Create a community plan/road map
  - Conflict resolution
  - Developing social-emotional development
  - Expanding the Boys & Girls Club to an older age group (middle and high school)
    - Funding is available, however a provider is needed
  - Making sure that healthcare providers are part of the anti-violence conversation/movement
  - Are there areas of the community where the physical environment can be changed to make an area safer?
- The team identified the benefit of youth programs, especially ones that transition seamlessly from one age group to the next so the child doesn't "age out" of the care system and would like to do asset mapping of local resources and conducting a gap analysis.
- **Action item:** Fill out this [Google Sheet](#) to identify programs, resources & point of contacts in the county.

# 2023 Brainstorming (continued)

## Suicidal Thoughts

- The team brainstormed and discussed the following ideas:
  - Easily accessible and better resource access
    - Provide resources to kids to help friends seek help anonymously
    - Promote 9-8-8
  - Provide parent education sessions
    - Have parents educated on how serious the issue of suicide is
      - Example: how many children are suffering from mental illness and what clues to look for it in their children
    - Increase awareness/warning signs of suicidal ideation
    - Encourage less screen time and provide education about dangers of internet to parents and kids
      - Address social media impacts to suicidality
    - Series of speakers/education opportunities for parents
  - Develop support groups for youth to attend within clinical settings that are free or billable through MA
  - Provide suicide prevention training to persons in the community
    - Online support groups for parents and/or students
  - Reduce stigma in the community about mental health and seeking professional help
  - Use focus groups on what initiatives/outreach would be appealing to them
  - Open and honest conversation of mental health
  - Use the YRBS data to direct some of the work we are doing

# Partner Spotlight

Kaprece James - Stella's Girls Youth Mentoring Program

- [stellasgirls.org](http://stellasgirls.org)



# Maryland Violence Prevention Coalition

- Angela Cochran proposed inviting the Maryland Violence Prevention Coalition to present at the March Action Team Meeting as a Partner Spotlight. The team agreed and Angela will move forward with scheduling them to attend.

## Partner Updates

- Hope & Healing is offering yoga classes and space rental for events, classes and workshops. This space can be utilized for potential future ACEs training too!
- St. Mary's County Public Schools has an asset map for its community school at Carver Elementary.
- The American Foundation for Suicide Prevention (AFSP) shared its Legislative Priorities in Maryland's 2023 issue brief.
- Greg Reuss (AFSP) shared the U.S. Department of Veterans Affairs Emergency Suicide Care and Treatment Fact Sheet.

# Communications

- Submit event and news updates/information through our website or email stmaryspartnership@gmail.com
- Follow HSMP on Social Media
  - Facebook: Healthy St. Mary's Partnership
  - Twitter: @HealthyStMarys



## Upcoming Meetings

- Thursday, March 23, 2023 from 1:00 - 2:00 p.m.
- If you are interested in doing a presentation on your agency for our monthly Partner Spotlight, please fill out [this form](#)!