



Behavioral Health Action Team Meeting

Friday, April 21, 2023


Agenda

1. Introductions
2. Reduce ED visits
3. No Shows
4. Health Equity
5. Partner Spotlight
6. Partner Updates

Introductions

- Shan Chen - St. Mary's County Health Department (SMCHD)
- Michelle Turkaly - St. Mary's County Health Department (SMCHD)
- Kristin Voto - St. Mary's County Health Department (SMCHD)
- Rebecca Bowles - St. Mary's County Health Department (SMCHD)
- Taylor Nickerson - St. Mary's County Health Department (SMCHD)
- Lolita Hope - St. Mary's College of Maryland (SMCM)
- Margaret Williams - St. Mary's County Health Department (SMCHD)
- Linda Morrell - On Our Own of St. Mary's
- Robin Schrader - St. Mary's County Public Schools (SMCPS)
- Eliot Willenborg - St. Mary's County Health Department (SMCHD)
- Chris Shea - St. Mary's County Health Department (SMCHD)
- Derek Adams - St. Mary's County Health Department (SMCHD)
- Ali Wohlgemuth - St. Mary's County Health Department (SMCHD)
- Maryanna Lanham - Dream Queen Foundation
- Barbara O'Neal - Commission on Aging
- Rob Elrod - MedStar St. Mary's Hospital (MSMH)
- Jessica Jolly - St. Mary's College of Maryland (SMCM)
- Jacquie Wells - St. Mary's County Health Department (SMCHD)
- Elena Bell - St. Mary's County Health Department (SMCHD)

Reduce ED Visits

- The team would like to focus on family and parental education on mental health and suicide. Parent engagement is important; parents and the school should work jointly.
 - Standardized programs or ways to share information with parents
 - Offering QPR (suicide prevention) training for parents
 - Providing recordings, sharing podcasts or short 10-minute educational videos
 - Linking them with QR codes for easy accessibility
 - Best time to reach out to parents
 - Back to School week or orientation time (Fall 2023)
 - Once that connection is made, we can offer ongoing education/training for parents, with in person and virtual meetings
 - Conducting an assessment to determine where the gaps are
 - SMCPS has been doing their own needs assessment, while MSMH is beginning their needs assessment this summer.
 - Findings from [HSMP's 2020 Assessment](#) revealed that education is a key piece, as well as awareness and access to resources within the community
 - Holding public film screenings
 - Consider forming a potential subcommittee for Mental Health Court?
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No Shows

- Working through the verbiage of letters for providers to give to clients
 - Will start a shared Google Doc
- Share the survey and flyer (below) with the community and partners to gain a better understanding of why people are not showing up for their appointments. The flyer contains a QR code for quick access.
- Can reach out to STS regarding results from their rider feedback form once Transportation Advisory Council has finished collecting feedback. There are no results as of yet.

Have you ever scheduled a behavioral health appointment but didn't show?

We want to hear why!

The Healthy St. Mary's Partnership's Behavioral Health Action Team is looking to identify reasons and barriers as to why an individual doesn't show up for his/her scheduled behavioral health appointments. Your feedback is important - scan the QR code below to take our 1-minute survey!



Health Equity

- Providing training and education to providers on cultural competence
 - Region V Public Health Training Center's course on Healthy Equity & Racial Justice in Public Health
 - Reach out to Shan if you have other training suggestions in mind!
 - Hosting a debrief session to discuss topics
- Will reach out to Tammy regarding additional training opportunities
- Will reach out to MOC regarding feedback from their April 26th Community Conversation meeting

Partner Spotlight



Dream Queen Foundation & Gals Lead Teen Mentorship and Leadership Club

- Presented by Maryanna Lanham, Executive Director
- [View presentation](#)
- [View document](#)

Partner Updates

- Lexington Manor Passive Park Community Gardens has received funding by the county commissioners and construction is set to begin soon! Funding will go to provide fences, raised beds, tables for handicap-accessible beds, sidewalks, water and more!
- Minority Health Coalition is hosting Community Conversation: Exploring Diversity of Health & Community Issues on April 26 from 6:00pm - 7:30pm at Hickory Hills Community Center.
- HSMP is currently solidifying a location to host its annual meeting. Remember to Save The Date for the 2023 HSMP Annual Meeting on Thursday, September 28! More info to come.

Communications

- Submit event and news updates/information through
 - the website <http://healthystmarys.com/newsletter/>
 - or email stmaryspartnership@gmail.com
- Follow HSMP on Social Media
 - Facebook: [Healthy St. Mary's Partnership](#)
 - Twitter: [@HealthyStMarys](#)

Upcoming Meetings

- **Friday, May 19, 2023 from 10:00 - 11:00 a.m.**
- Interested in being in our Partner Spotlight? [Sign up here!](#)