

Behavioral Health Action Team Meeting

Friday, May 19, 2023

Agenda

1. Introductions
2. Reduce ED visits
3. No Shows
4. Health Equity
5. Partner Spotlight
6. Partner Updates

Introductions

- Shan Chen - St. Mary's County Health Department
- Nathaniel Scroggins - Minority Outreach Coalition
- Ebony Belt - Divine By Design Mentoring
- Natalie Russell - The Fleet & Family Center
- Kristin Voto - St. Mary's County Health Department
- Jessi Fowler - Pathways
- Greg Reuss - American Foundation for Suicide Prevention
- Michelle Turkaly - St. Mary's County Health Department
- Maryellen Kraese - St. Mary's County Health Department
- James McDaniel - Serenity Place LLC
- Joana Naranjo - St. Mary's County Health Department
- Taylor Nickerson - St. Mary's County Health Department
- Kaprece James - Stella's Girls
- Janiece Frederick - Cornerstone Southern Maryland
- Stephanie Freeman - St. Mary's County Health Department
- Ali Wohlgemuth - St. Mary's County Health Department
- Gregory Jones - St. Mary's County Teen Court
- Robin Schrader - St. Mary's County Public Schools
- Lolita Hope - St. Mary's College of Maryland
- Anna Guy - Hope and Healing Psychotherapy, LLC
- Rebecca Bowles - St. Mary's County Health Department
- Derek Adams - St. Mary's County Health Department
- Jessica Jolly - St. Mary's College of Maryland
- Jacqueline Wells - St. Mary's County Health Department

Reduce ED Visits

- Family and parental education on mental health and suicide
 - Formation of a subcommittee
 - Volunteers: Maryellen Kraese, Robin Schrader, Rebecca Bowles, James McDaniel, Greg Reuss, Nat Scroggins, Taylor Nickerson
 - The subcommittee will discuss the types of programs, educational videos or recordings that are the most useful to share with parents and organize the best time to reach out to parents (fall 2023)
- Conducting an assessment to determine where the gaps are
 - Obtaining a copy of SMCPS assessment results
- Forming a subcommittee for Mental Health Court
 - Will need a Chair and Co-chair as well as support from the courts and stakeholders. Kristin Voto & Maryellen Kraese are interested; can provide updated data and report.

No Shows



- Working through the verbiage of letters for providers to give to clients
 - **Action Item: Continue working on draft letter**
 - Will obtain letter templates from Jessica/Chris
- Share the survey and flyer (below) with the community and partners to gain a better understanding of why people are not showing up for their appointments. The flyer contains a QR code for quick access!
 - Currently there are 20 responses, Goal: 50
 - Will leave it open for another month
 - The following changes were made to the survey:
 - Q1: Question was changed from “Have you ever” to “In the last 12 months”
 - Q2: Answer choices changed from radio buttons to checkboxes
- Can reach out to STS regarding results from their rider feedback form once Transportation Advisory Council has finished collecting feedback. There are no results as of yet.



Have you ever scheduled a behavioral health appointment but didn't show?

We want to hear why!

The Healthy St. Mary's Partnership's Behavioral Health Action Team is looking to identify reasons and barriers as to why an individual doesn't show up for his/her scheduled behavioral health appointments. Your feedback is important - scan the QR code below to take our 1-minute survey!




Health Equity

- Providing training and education to providers
 - Healthy Equity & Racial Justice in Public Health
 - Training on running a behavioral health clinic as a business
 - Fostering retention in the counseling field
 - Reach out to Shan if you have other training suggestions in mind!
- Additional training opportunities
 - PESI Training
- Are you interested in participating in a subcommittee to spearhead this?
 - Reach out to Shan
- Minority Outreach Coalition is working on a summary report on topics discussed at its Community Conversation event

Partner Spotlight

Kaprece James presented on [Stella's Girls Youth Mentoring Program](#)

- Visit [Stellasgirls.org](https://stellasgirls.org) for more information
- Click [here](#) to access the mentoring program referral form
- If you have questions or concerns, reach out to mentoring@stellasgirls.org or to [Kaprece James!](#)



Stella's Girls Inc.

EDUCATE. EMPOWER. LEAD



Partner Updates

- The Maryland Public Opinion Survey (MPOS 2023) is now open. Maryland residents aged 18 or older are encouraged to provide their thoughts about perceptions, awareness, and use of prescription and illicit drugs. The survey can be accessed by [clicking here](#).
- Project Graduation is still seeking volunteers - contact ALisa Casas. The event is from May 30 to June 2. SMCHD will be doing a DUI simulator from 9pm-1am.
- SMCHD is hosting a [Community Baby Shower](#) tomorrow at the Spring Ridge Middle School-Based Health Center from 9am-12pm! New and expecting moms are welcome! There will be giveaways, raffle prizes and community resources.
- St. Mary's County Health Hub is holding an Open House on Saturday, June 3 from 9:00am - 12:00pm. If you're interested in volunteering, [sign up here!](#)
- St. Mary's County Community Development Corp. is doing a [Community Cleanup of Great Mills Rd](#) on June 3rd. They are still looking for volunteers - [sign up here!](#) There is also a prayer walk being held in St. Mary's Square on June 2 and 3.
- St. Mary's Goes Purple Recovery Awareness Walk is scheduled for September 9, 2023 from 9am-12pm. If you're interested in being a part of the planning committee, reach out to [Taylor Nickerson](#).

Communications

- Submit event and news updates/information through
 - the website <http://healthystmarys.com/newsletter/>
 - or email stmaryspartnership@gmail.com
- Follow HSMP on Social Media
 - Facebook: [Healthy St. Mary's Partnership](#)
 - Twitter: [@HealthyStMarys](#)

Upcoming Meetings

- **Friday, June 16, 2023 from 10:00 - 11:00 a.m.**
- Interested in being in our Partner Spotlight? [Sign up here!](#)