

Behavioral Health Action Team Meeting

Friday, July 21, 2023

Agenda

- 1. Introductions
- 2. Reduce ED visits
- 3. No Shows
- 4. Health Equity
- 5. Partner Spotlight
- 6. Partner Updates

Introductions

- Shan Chen St. Mary's County Health Department
- Natalie Russell Fleet & Family Support Center
- Rachele Huot St. Mary's County Health Department
- Kristin Voto St. Mary's County Health Department
- Daveria Maddox St. Mary's County Health Department
- Stephanie Thomas St. Mary's County Health Department
- Christopher Shea St. Mary's County Health Department
- Ellie Barbour Pathways Employment Service
- Lolita Hope St. Mary's College of Maryland
- Ashley Alhambra Pathways Employment Service
- Michelle Turkaly St. Mary's County Health Department
- Jaime Barnes St. Mary's County Health Department
- Shonda Richardson St. Mary's County Health Department
- Derek Adams St. Mary's County Health Department
- Aniko Renee Seedco Partner of Maryland Health Connection

- Taylor Nickerson St. Mary's County Health Department
- Janiece Frederick Cornerstone Southern Maryland
- Greg Reuss American Foundation of Suicide Prevention
- Maryanna Lanham Dream Queen Foundation / Gals Lead
- Barbara O'Neal Commission on Aging/CoC
- Gregory Jones St. Mary's County Teen Court
- Ciara Hoover Inner Peace Therapeutic Services
- Pamela Dukes I'm Still Standing By Grace
- Angie Payne NAMI Southern Maryland
- Jessi Fowler Pathways
- Ebony Belt Divine by Design Mentoring
- Jessica Jolly St. Mary's College of Maryland
- Angela Horn St. Mary's County Health Department
- Jacqueline Wells St. Mary's County Health Department
- Alexis Higdon St. Mary's County Sheriff's Office
- Jean Carter The Mission

Reduce ED Visits

- The Family Education Subcommittee updates
 - The subcommittee last met July 19.
 - The next steps include developing a landing page and print out of the compiled parent resources, reviewing successful models or best practices of delivering parent/family education, and more!
 - The next meeting is on August 2. <u>Email Shan</u> if you'd like an invite!
- Robin will share the results of the SMCPS Assessment when available.
- Mental Health Court Subcommittee updates
 - The subcommittee last met on July 6. Click <u>here</u> to access the meeting minutes.
 - The next steps updating the data
 - The next meeting is on August 3. <u>Email Shan</u> if you'd like an invite!

No Shows

- The <u>Client Letter For Providers</u> template is continuing to be worked on. The team made additional suggestions to include the numbers for the warmline, crisis text line, 2-1-1 and mobile response stabilization services. Once revised, it will be sent to SMCHD's Language Services to be translated into Spanish.
- Transportation Advisory Committee met on 7/20 and shared the results of its survey. View the video recording of the meeting here.
 - Findings
 - STS is the most used form of public transportation in the county
 - There is a great demand for expanding existing STS routes by extending the hours of operation and reaching citizens in more remote parts of the county.
 - Many citizens are unaware of the transportation services available to them and would benefit from greater advertisement.
- <u>SMCHD's Medical Assistance Transportation Program</u> provided numbers on no-shows for all trips for Fiscal Year 2023
 - There was a total of 9,389 trips, with 63 No Shows for the Health Dept. that they
 are able to track.
 - There are strict stipulations for individuals who no-show for a ride, this could suggest the reason for a low no-show percentage across the year.

Health Equity

- Providing training and education to providers
 - Healthy Equity & Racial Justice in Public Health
 - Training on running a behavioral health clinic as a business
 - Fostering retention in the counseling field
 - PESI Training
 - Shan has reached out to Tammy for additional resources
- Are you a provider that has attended a training and found it beneficial?
 Let us know!
- The team will assess funding opportunities to hold trainings
- Are you interested in participating in a subcommittee to spearhead this?
 Email HSMP!

Partner Spotlight

- Natalie Russell with <u>Fleet & Family Support Center</u>
 - natalie.a.russell8.civ@us.navy.mil



Partner Updates

- HSMP is looking for organizations that can sponsor CEU's for the <u>HSMP Annual</u> <u>Meeting</u>. <u>Contact Shan</u> if your organization is able to help!
- SMCHD's Behavioral Health Division has a new Mobile Behavioral Health Service that started July 1. They are running Monday through Friday in the evenings for the first 30 days, then will expand their hours to include weekends in monthly increments over the course of the first 90 days. Read the press release here!
- NAMI Southern Maryland is offering upcoming classes in the fall. Its support groups are still active and meet the 3rd Saturday of every month. Reach out to <u>Angie Payne</u> for details!
- <u>Lexington Park United Methodist Church</u> in Lexington Park is hosting Community Resource Day on September 8.
- Save The Date for AFSP's Southern Maryland Out Of The Darkness Walk on October 15 in Historic St. Mary's City! Register for the walk at www.afsp.org/southernMD
- Dream Queen Foundation is hosting a <u>Gals Lead Workshop</u> on August 14. The
 workshop focuses on career and leadership development for teen girls and is designed
 to help teens embrace who they are at a young age, so they become passionate,
 purpose-filled women of tomorrow. <u>Contact Maryanna Lanham</u> for details.

Partner Updates (continued)

- The second annual <u>St. Mary's Goes Purple Walk for Recovery</u> will be held September 9 from 9:00 a.m. 12:00 p.m, in Leonardtown Square. This walk will be held to celebrate those in recovery and the people who support them, to help end the stigma surrounding substance use and mental health disorders, to bring awareness to the disease of addiction and how it impacts our community. Sign up <u>here!</u>
- Seedco is looking to hold an enrollment event this fall for Medicaid/QHPs through the marketplace.
 They have also hired a new bilingual navigator. If any partners would be interested in attending or tabling at the enrollment event, email <u>Aniko Renee</u>. The date is to be determined!
- HSMP is launching its <u>Annual Monitoring Survey</u> to better understand the work of action team members and partner organizations. Please complete this over the next couple of months.
- SMCHD's Language Services Team is holding a free screening event for the Hispanic community on August 5 from 9:00 a.m. 3:00 p.m. They will be offering bloodwork and blood pressure screenings at the Spring Ridge Middle School-Based Health Clinic. They will also be partnering with the Lions Club for free vision and hearing screenings. View the flyer! (Spanish only)
- If your organization offers behavioral health services for clients that do not have insurance, please contact <u>Angela Horn</u> so she can refer them!
- <u>Pathways</u> can provide information to anyone regarding their Employment Program or to whoever needs a presentation. You do not need to be clinician to refer to VOC. Their clinic is still on a waitlist for therapy but they are accepting referrals for Medication Management. They offer TAY-Day Service Programs. They were awarded grant funds to offer peer-to-peer services in Calvert County.

Communications

- Submit event and news updates/information through
 - the website http://healthystmarys.com/newsletter/
 - or email stmaryspartnership@gmail.com
- Follow HSMP on Social Media
 - Facebook: <u>Healthy St. Mary's Partnership</u>
 - Twitter: @HealthyStMarys

Upcoming Meetings

- Friday, August 18, 2023 from 10:00 11:00 a.m.
- Interested in being in our Partner Spotlight? <u>Sign up here!</u>
 - August's Partner Spotlight: Utopian Institute of Family Living