


Behavioral Health Action Team Meeting

Friday, August 18, 2023

Agenda

1. Introductions
 2. Reduce ED visits
 3. No Shows
 4. Health Equity
 5. iMind Behavioral Health
 6. Partner Spotlight
 7. September BHAT Meeting
 8. Partner Updates
- 

Introductions

- [Click here](#) to access the list of meeting attendees!

Reduce ED Visits

- The Family Education Subcommittee updates
 - The subcommittee last met August 2.
 - Next steps: developing a landing page and print out of the compiled parent resources, reviewing successful models or best practices of delivering parent/family education, and more!
 - Discussion on the lack of access to schools for public health outreach. Previously it was easy for SMCHD to share information at the schools, but it's become more difficult to gain access to students/parents.
 - The next meeting is on August 30. [Email Shan](#) if you'd like an invite!
- Mental Health Court Subcommittee updates
 - The subcommittee last met on August 3.
 - Next steps: Reaching out to counties in Maryland and other states for information on how their MHC courts were established, reviewing alternative routes such as veterans, re-entry or drug courts, reaching out to State's Attorney office, judges, continuing to request data, and more!
 - The next meeting is on September 7. [Email Shan](#) if you'd like an invite!
- Robin will share the results of the SMCPS Assessment when available.

No Shows

- The Client Letter For Providers template will be sent to SMCHD's Language Services to be translated into Spanish, pending review.
- Transportation Advisory Committee met on July 20 and shared the results of its survey. View the presentation slides here. Findings include:
 - STS is the most used form of public transportation in the county
 - There is a great demand for expanding existing STS routes by extending the hours of operation and reaching citizens in more remote parts of the county.
 - Many citizens are unaware of the transportation services available to them and would benefit from greater advertisement.
- SMCHD's Medical Assistance Transportation Program provided numbers on no-shows for all trips for Fiscal Year 2023
 - There was a total of 9,389 trips, with 63 No Shows for SMCHD that they are able to track.
 - There are strict stipulations for individuals who no-show for a ride. This could suggest the reason for a low no-show percentage across the year.

Health Equity

- Providing training and education to providers
 - Healthy Equity & Racial Justice in Public Health
 - Training on running a behavioral health clinic as a business
 - Fostering retention in the counseling field
 - PESI Training
- The team will assess funding opportunities to hold trainings
- Are you a provider that has attended a training and found it beneficial?
Let us know!
- Suggestions included to reach out to University of Maryland to come down to do an in-person training
- Are you interested in participating in a subcommittee to spearhead this?
Email HSMP!
 - Barbara O'Neal and Derek Adams expressed interest.

iMind Behavioral Health

- Yolanda Gales, Southern Maryland Mobile Response Team Director for iMind Behavioral Health, spoke about its [Mobile Response Team](#) program.
- Servicing Charles / St. Mary's County: Call (301) 900-HELP (Available Mon-Sat 10am-10pm; Sun 2pm-10pm)
- [Click here](#) to view the flyer!



Mental Health Crisis Response

Our Mobile Response Team (MRT) is available Monday - Saturday 10 am - 10 pm and Sunday 2 pm - 10 pm to respond to any behavioral/mental health or substance abuse crises throughout Charles and St. Mary's County.

OUR PROCESS

1

CONTACT

If you or a loved one is experiencing a crisis, contact our crisis number: (301) 900-HELP

2

DISPATCH

An experienced dispatcher will answer your call and gather information regarding the incident.

3

ASSESSMENT

Depending on the situation, you may receive immediate phone resolution, or our Mobile Response Team will be dispatched to your location within 45-60 minutes.

4

INTERVENTION

Once we arrive, we will provide interventions best fit for your crisis. This can include de-escalation, safety planning, hospitalization, or resource linkage.

5

FOLLOW-UP

In addition, we will check in with you after a couple days as part of our post-crisis care plan.

We respond to:

SUICIDAL / HOMICIDAL IDEATION
ANGRY OUTBURSTS
EXTREME PARANOIA
ANXIETY / PANIC ATTACKS
SUBSTANCE ABUSE
MANIC EPISODES
ANY OTHER MENTAL HEALTH CRISES

For crisis:

IMIND BEHAVIORAL HEALTH


(301) 900-HELP

www.imindhealth.net

24h

Partner Spotlight

- Julie Hendricks & Angie Payne of Utopian Institute of Family Living spoke about its services and its new location in Lexington Park!
- They are having an Open House in Lexington Park (46940 S. Shangri-La Dr. Suite 2) on September 13 at 4:00pm.
- [Click here](#) to view the flyer!



Utopian Institute of Family Living

Helping families become the best version of themselves, one individual at a time

LEXINGTON PARK OPEN HOUSE



Wednesday, September 13th at 4 PM

**46940 S. Shangri-La Drive Suite 2 Lexington Park, MD 20653
(Located in Workspace Building)**

Our mission at the Utopian Institute of Family living is to invest the best part of who we are into the holistic rehabilitation of adults and minors in need within our community.

Join us, and meet our staff as we provide you with an opportunity to learn about the services we provide to our community.

**For information contact:
Julie Hendricks at 240-431-6386
Or Angie Payne at 301-904-6844**



September BHAT Meeting

- September's BHAT meeting has been cancelled to accommodate the time commitment for team members to attend the 2023 HSMP Annual Meeting on September 28.
- The next BHAT meeting will be Wednesday, October 20.

Partner Updates

- Registration is now open for the 2023 HSMP Annual Meeting! [Click here](#) to register for free! For more information, visit the HSMP Annual Meeting [webpage](#).
- The Commissioners of St. Mary's County and St. Mary's County Homelessness Prevention Board is hosting [Community Resource Day](#) on September 8 at Lexington Park United Methodist Church from 11am-2pm. Click [here](#) if you are an organization interested in tabling. If you have any questions, please contact Lexington Park Librarian and Branch Manager, [Amy Ford](#).
- The St. Mary's County Health Department and Beacon of Hope are hosting a [Candlelight Vigil](#) on August 31 to recognize International Overdose Awareness Day. The event will take place at Church of the Ascension in Lexington Park from 6:00 - 8:00 pm.
- The 2nd Annual [St. Mary's County Goes Purple Walk For Recovery](#) is September 9 at Leonardtown Square from 9am-12pm. Register [here](#)!

Communications

- Submit event and news updates/information through
 - the website <http://healthystmarys.com/newsletter/>
 - or email stmaryspartnership@gmail.com
- Follow HSMP on Social Media
 - Facebook: [Healthy St. Mary's Partnership](#)
 - Twitter: [@HealthyStMarys](#)

Upcoming Meetings

- **Friday, October 20, 2023 from 10:00 - 11:00 a.m.**
- Interested in being in our Partner Spotlight? [Sign up here!](#)