



HEALTHY ST. MARY'S
PARTNERSHIP'S

MONTHLY WALKING GROUP

JOIN US FOR AN
EVENING WALK!

THIRD WEDNESDAY OF
EACH MONTH

JOHN G. LANCASTER PARK
(21550 WILLOWS RD)
AT 5:30 P.M.



In partnership with
**the HSMP Chronic
Disease Action Team**

**Hosted by Peaktop
Wellness & WARcycle**

For more information on HSMP's
walking group, please email
stmaryspartnership@gmail.com

