



Behavioral Health Action Team Meeting

Friday, November 17, 2023

Agenda

1. Introductions
2. Reduce ED visits
3. No Shows
4. Health Equity
5. Partner Spotlight
6. Partner Updates

Introductions

- Click [here](#) to access the attendee list!

Reduce ED Visits

- The Family Education Subcommittee updates:
 - Please continue sharing our Family Education Resources [landing page](#) and [one-pager](#)* with your networks!
 - *The one-pager has been updated to include iMind's Mobile Response Team's phone number.
 - A request has been put in to have the landing page translated to Spanish. This may take 1-2 months.
 - The next meeting is December 6 - [email HSMP](#) for an invitation!
- Mental Health Court Subcommittee updates:
 - Subcommittee members will be working on the draft report
 - Would you like to join the subcommittee and help write the 2023 MHC Report? Reach out to [Shan](#).
 - The next meeting is December 7 - [email HSMP](#) for an invitation!

No Shows

- The Client Letter For Providers has been translated to Spanish.
 - Piloting and rolling out the letter:
 - **Action Item:** Reach out to Tammy to have the letter sent to local providers.
 - **Action Item:** Sharing this with interested practices or organizations we can offer it to are: Serenity Place LLC, SMCPs.
 - We will develop a survey to see if implementation of the letter is helping clients to connect, and track how they are being used.
 - The team considered the month of January for a follow-up and review with providers.
- Serenity Place and SMCPs discussed barriers to clients attending their behavioral health appointments. Barriers include scheduling conflicts with work, school, or the student not coming to school (SMCPs). Insurance was also identified as a barrier.

Health Equity

- Providing training and education to providers (private practices)
 - Partnering with SMCHD to suggest upcoming training
 - Healthy Equity & Racial Justice in Public Health
 - Training on running a behavioral health clinic as a business
 - Fostering retention in the counseling field
 - PESI Training
 - Business Growth Advantage Program training
- A Health Equity Subcommittee will begin coordinating canvassing, outreach and volunteer events throughout the northern and southern ends of the county in January 2024.
- SMCPS and HSMP are partnering together to promote Mental Health Day on May 18 at the Tech Center.

Partner Spotlight

- Yolanda Gales, Southern Maryland Mobile Response Team Director for iMIND Behavioral Health, spoke about its Mobile Response Team (MRT) program.
- The MRT team is made up of a dispatcher and peer support specialists/clinicians
- Many of their calls are received from 9-8-8. Many calls are for suicidal or homicidal ideation. Calls are dispatched to the scene 90% of the time to perform an assessment.
- Intervention includes de-escalation, safety planning, hospitalization or resource linkage.
- Hours of operation:
 - Monday - Saturday from 10 AM - 10 PM
 - Sunday from 2 PM - 10 PM
- Call the crisis number at **(301) 900-HELP (4357)**
- Click [here](#) to access the flyer!



Mental Health Crisis Response

Our Mobile Response Team (MRT) is available Monday - Saturday 10 am - 10 pm and Sunday 2 pm - 10 pm to respond to any behavioral/mental health or substance abuse crises throughout Charles and St. Mary's County.

OUR PROCESS

1

CONTACT

If you or a loved one is experiencing a crisis, contact our crisis number: (301) 900-HELP

2

DISPATCH

An experienced dispatcher will answer your call and gather information regarding the incident.

3

ASSESSMENT

Depending on the situation, you may receive immediate phone resolution, or our Mobile Response Team will be dispatched to your location within 45-60 minutes.

4

INTERVENTION

Once we arrive, we will provide interventions best fit for your crisis. This can include de-escalation, safety planning, hospitalization, or resource linkage.

5

FOLLOW-UP

In addition, we will check in with you after a couple days as part of our post-crisis care plan.

We respond to:

SUICIDAL / HOMICIDAL IDEATION
ANGRY OUTBURSTS
EXTREME PARANOIA
ANXIETY / PANIC ATTACKS
SUBSTANCE ABUSE
MANIC EPISODES
ANY OTHER MENTAL HEALTH CRISES

For crisis:

iMIND BEHAVIORAL HEALTH

(301) 900-HELP

www.imindhealth.net

24/7

Partner Updates

- This spring, St. Mary's County Department of Aging & Human Services is hosting a 4-week conference called "Keys to Senior Independence" at CSM Leonardtown. They are inviting HSMP Action Team members to participate as speakers. Speakers can present on a health topic of their choice. Available dates are March 19, March 26, April 2, and April 9. If you are interested, reach out to [HSMP](#)!
- Healthy St. Mary's Partnership (HSMP) is launching its Annual Monitoring Survey this month to help better understand the work of its action team members and partner organizations. Please take a moment to complete HSMP's Annual Monitoring Survey by clicking [here](#)!
- Save the Date for SMCPs/HSMP's Mental Health Fair Day on May 18, 2024 at the Tech Center.
- SMCPs is hosting a Town Hall Meeting on December 5 at the Tech Center in Leonardtown from 6-7:30PM focusing on [Pillar 4 of The Blueprint: Student Support Services](#). This area includes special education, students speaking other languages, community schools, and mental and behavioral health services. The town hall will feature an overview of The Blueprint, a panel discussion, Q&A and breakout sessions.
- Tomorrow is [International Survivors of Suicide Loss Day](#). American Foundation for Suicide Prevention is hosting a virtual event from 3-5pm. On Dec 9, CSM at La Plata is hosting a [Public Policy Forum on Black Youth Suicide](#) from 10AM-12PM.
- Pathways is accepting referrals for the Supported Employment Program, Community Support Services, TAY, and Therapy and Medication Management openings. For more information, reach out to [Ashley Alhambra](#).

Communications

- Submit event and news updates/information through
 - the website <http://healthystmarys.com/newsletter/>
 - or email stmaryspartnership@gmail.com
- Follow HSMP on Social Media
 - Facebook: [Healthy St. Mary's Partnership](#)

Upcoming Meetings

- **Friday, December 15, 2023 from 10:00 - 11:00 a.m.**
- Interested in being in our Partner Spotlight? [Sign up here!](#)