



BHAT Family Education Subcommittee Meeting

Wednesday, January 3, 2024

Agenda

1. Introductions
2. Subcommittee Members & Representation
3. Parent Resources - “The Menu”
4. Updates
5. Next Meeting

Introductions

- Shan Chen
- Kelsey Bush
- Chris Shea
- Taylor Nickerson
- Jess Jolly
- Aaliyah Fields
- Aniko Renee
- Natalie Russell
- Robin Shrader

Subcommittee Members & Representation

The Subcommittee continues its ongoing efforts to recruit new members.

- YMCA - will consider in the future
- SMCHD - Youth Mentoring Coordinator - sent invitation
- The Cove - no response
- Grupo Bienestar - no response, needs follow up

Parent Resources - “The Menu”

- Please continue to share our newly created website landing page and one-pager!
- A Spanish version of the landing page has been created!
 - It was presented to the subcommittee for initial thoughts and feedback. Updates are continuing to be made.
 - Some resources don't offer a Spanish translation of their webpage. Shan will reach out to them to access options (enabling a plugin on their website, providing Spanish-speaking point of contact, etc).
 - The Spanish landing page will be shared once finalized.
- Now that our Family Education Resource is public, we will continue to monitor its progress by meeting quarterly and tracking its use throughout the year. Metrics that we'd like to look at include:
 - How often it's being used, who is using or sharing it, monitoring the numbers of EP, identifying the causes of upticks, iMind utilization. We will also specifically identify what is a part of our prevention framework

Parent Resources - “The Menu” (continued)

- Additional locations to share this resource
 - School groups (homeschool, private, and virtual schools)
 - STS buses
 - Outreach events
 - Medication Take Back Days
 - Mental Health Day in May
 - Small business outreach
 - Coaches to refer to sports teams
 - Social Media push - The BayNet, SoMD NewsNet, SoMD Chronicle
 - Consider sharing with neighboring counties - Charles and Calvert
 - Seeking sponsorship to print our menu on promotional items
 - St. Mary’s County Libraries
 - Will reach out to Michael Blackwell to see if we can provide printed copies of the one-pager at each library, and providing one-pagers for the library’s mobile unit rollout

Updates

- The next VIT meeting is January 25th from 1:00-2:00 PM. The LOSS Team coordinator for Cecil County will be the partner spotlight and presenting on how their program was started.
- HSMP and St. Mary's County Public Schools are partnering to organize Mental Health Day on May 18. The school is holding its first planning day on January 19.
 - BHAT & VIT feedback requested on how to organize/plan the event
 - HSMP will recruit interested members from its BHAT and VIT action team meetings to participate at the next planning meeting on January 26 at 11:00 AM.
 - Theme ideas?
 - "Here for you St. Mary's"

Next Meeting

- **March 6, 2024 - 9:00 AM-10:00 AM**
- Please reach out to [Shan Chen](#) if you have questions/concerns on the Family Education Resource, or would like to share updates!