

# Behavioral Health Action Team Meeting

Friday, January 19, 2024

# Agenda

- 1. Introductions
- 2. Partner Spotlight
- 3. Updates on Previous BHAT Projects
- 4. 2024 Brainstorming
- 5. Partner Updates

#### Introductions

• Click here to access the attendee <u>list</u>.

# Updates on Previous BHAT Projects

- Mental Health Court
  - Mental Health Court Report is currently in draft form. The team will continue to finalize the report before the February meeting.
- Family Education Resources
  - Please share the <u>landing page</u> and <u>one-pager</u>!
  - A Spanish version of the landing page will be available soon! The team decided to review engagement in March.
- Client Letter for Providers:
  - Our <u>client letter</u> has been shared with several partners to pilot. We will follow up with Serenity Place & Pathways in March to collect feedback.
- Continuing to plan for community outreach days:
  - Upcoming outreach events include
    - Cherry Blossom Festival (April)
    - Mental Health Day (May)
    - Minority Mental Health Awareness Month (July)
    - SMCHD's Health Equity team is looking to canvas the north end of St. Mary's county soon. Email <u>HSMP</u> to join!
  - Stay tuned for upcoming events and partnership opportunities!

#### 2024 Brainstorming

- The team used a <u>Jam Board</u> to talk through the following questions:
  - What organizations are missing from the action team?
  - What would make the BHAT meetings more beneficial for you?
  - What specifically are you passionate about related to Behavioral Health?
- The team discussed topics to focus on for 2024 and projects to implement.
  - The team agreed to begin working on the following projects:
    - Developing a comprehensive resource guide and then providing trainings in the community on what is available locally. Training locations discussed included:
      - Through employee Wellness Initiatives at facilities like Lowes/Walmart/Target/etc.
      - EMS
    - Conducting outreach in the community to raise awareness of resources and increase education around behavioral health and stigma.



#### **Partner Updates**

- HSMP and St. Mary's County Public Schools are partnering to host Mental Health Day on May 18 at the Tech Center. Action team members are meeting virtually on January 26 at 11:00 AM to plan and discuss the details. Email <u>HSMP</u> for an invite!
- MDH announced the new Office of Overdose Response, formerly known as the Opioid Operational Command Center, in December. Additionally, the executive order also established the Maryland Overdose Response Advisory Council, which will take the place of the former Inter-Agency Heroin and Opioid Coordinating Council.
  - SMCHD is seeking a representative from a faith-based organization to join our local Overdose Response team. If you are interested in joining, please contact <u>Taylor</u>.
- SMCHD is excited to introduce Regina Hillian, the new Overdose Fatality Review Coordinator, to the team! Welcome, Regina!
- Pathways currently has multiple male beds open.
- Pathways' first Parent Cafe of 2024 was very successful. Their next Parent Cafe's will be on February 7 for parents of middle and ihgh school students and February 28 for parents of elementary school students.

# Communications

- Submit event and news updates/information through
  - the website <a href="http://healthystmarys.com/newsletter/">http://healthystmarys.com/newsletter/</a>
  - or email <u>stmaryspartnership@gmail.com</u>
- Follow HSMP on Social Media
  - Facebook: <u>Healthy St. Mary's Partnership</u>



# **Upcoming Meetings**

- Friday, February 16, 2024 from 10:00 11:00 a.m.
- Next Partner Spotlight: Pathways' Stronger Families Program
  - Interested in being in our Partner Spotlight? Sign up <u>here</u>!