



Chronic Disease Action Team Meeting

Tuesday, January 23, 2024

Agenda

1. Introductions
2. Partner Updates
3. CDAT Co-Chair Elections
4. Updates on Previous CDAT Projects
5. 2024 Brainstorming

Introductions

Click here to access the [attendee list!](#)

Partner Updates

- SOMD Tennis Association is hosting free tennis sessions at Cecil Park, Fridays, at 10 a.m. and at Leonardtown High School, weekends at 10 a.m. Tennis takes place when local weather is 35 degrees fahrenheit and above.
- SMCHD welcomes Andrea Hamilton (CDAT's former co-chair) as the new Assistant Director of the Division of Community Engagement and Policy!
- Blossoming Butterfly Warriors Inc. non-profit, is working to provide vouchers and education to treat autoimmune diseases. On March 23, they are hosting a Maternal Health focused event to assist pregnant women managing chronic diseases like lupus. For more information, email Alisa.
- Cervical Cancer Awareness month is wrapping up for the month of January! SMCHD is continuing to do cervical cancer screenings!
- SNAP-Ed will be working with SMCPS and Pre-K students to create edible "ABC's". SNAP-Ed will be partnering with the Judy Center in 2024.

Partner Updates (continued)

- SMCHD's Asthma Program is continuing enrolling children ages 2-18, with Medicaid or private insurance.
- SMCHD is holding its new TOPS weight-loss group with SMCHD and St. Mary's County Government employees starting February! Register here. The emergency adult dental program is open to county residents. Call SMCHD at 301-475-4330 to learn more!
- Seedco's Open Enrollment has ended, but Medicaid is year-round with a special enrollment reason. Pregnant individuals of any immigration status are eligible for Medicaid through the Healthy Babies Act.
- SMCHD's Tobacco Program and MedStar St. Mary's Hospital have partnered to offer smoking cessation classes every 3 weeks.
- Student Visionaries with Fly for a Cure are hosting an event at Leonardtown High School this Saturday, January 27.

CDAT Co-Chair Elections

- **HSMP would like to thank Andrea Hamilton for serving as CDAT Co-Chair!** Andrea's leadership and dedication has been invaluable in our efforts to improve the health of our community.
 - **We are excited to announce Andrea as our new Assistant Director of Community Engagement and Policy at SMCHD!**
 - Per the bylaws, she is not able to serve in both roles. Due to this, we'll be holding elections for a co-chair to serve alongside Brian.
- HSMP staff collected co-chair nominations during the meeting.
- Following the meeting, Christine Delise of Aetna Better Health of Maryland accepted her nomination. Christine has been elected into this position unopposed and will begin acting in her capacity as the CDAT Co-Chair for the February meeting.

**HSMP is pleased to welcome it's next CDAT Co-Chair:
Christine Delise!**

Updates on Previous CDAT Projects

- More To Explore 2024
 - In March, we will start checking the MTE signs.
 - Each sign's condition will be noted. Any damaged or missing signs will be replaced. If your organization would like to help sponsor the order of replacement MTE signs, please reach out to [HSMP](#)!
- HSMP's Walking Groups
 - Reconvening in March on weekday evenings at Lancaster Park (3rd Wednesdays).
- HSMP's Cooking Demonstrations
 - Shaniqua Cousins continues to hold in-person cooking demonstrations! The next one will be February 23 in California, MD.
- Advocacy Letter
 - The letter was tabled until Spring 2024, pending state legislative decisions. Funding is uncertain.
- Advocacy for Enhanced Physical Activity Facilities and Program Initiatives
 - Partnerships with YMCA of the Chesapeake - Great Mills Rd.
 - Sportsplex in central St. Mary's County with indoor/outdoor facilities
 - Commissioners have discussed a Sportsplex near St. Andrew's Church Rd.
 - Expanded the gymnastics facilities in 2023
 - Child care facilities for county workers as a proposed project for Rec & Parks
 - Focus on North St. Mary's County

2024 Brainstorming

- The team reviewed HSMP's 2023 Annual Meeting Interactive Planning Session Ideas on Overweight/Obesity and brainstormed ideas to the following questions on a Jam Board.
 - What organizations are missing from the action team?
 - What would make the CDAT meetings more beneficial for you?
 - What is the best way to contact new partners?
 - What specifically are you passionate about related to chronic diseases?
- The team also explored Action Team Level Strategies in the Healthy St. Mary's 2026 Plan (page 11) to solidify:
 - Project(s) the team should focus on
 - Education, weight-loss, food security, partnerships, physical activities and other topics were mentioned. HSMP will be reaching out to organizations and partners listed

Communications

- Submit event and news updates/information to:
 - <http://healthystmarys.com/newsletter/>
 - stmaryspartnership@gmail.com
- Follow HSMP on Social Media!
 - Facebook: [Healthy St. Mary's Partnership](#)

Upcoming Meetings

Our next meeting will be Tuesday, February 27, 2024 from 1:00 - 2:00 p.m.

- Interested in being our Partner Spotlight? Sign up [here](#) or share with your partners!
 - Action team members suggested: Representatives from YMCA, St. Mary's County Recreation & Parks