

THE MARYLAND VIOLENCE AND INJURY
PREVENTION PROGRAM

INJURY PREVENTION INSIDER



WINTER 2024

Welcome to the Winter 2024 Edition of the Maryland State Injury and Violence Prevention newsletter! Each edition highlights injury and violence prevention program news, resources, and upcoming events. Feel free to share this newsletter with others in your network. To be featured in an upcoming newsletter, send inquiries and feedback, or to request technical assistance, contact mdh.injuryprevention@maryland.gov.

Maryland Violence and Injury Prevention Spotlight

Violence and Injury Prevention Data-to-Action Webinar Series

The Partnership for a Safer Maryland (PSM) is hosting a free webinar series highlighting injury and violence prevention data and programs in Maryland. The webinars will focus on Maryland-specific data and strategies to prevent injuries and deaths, featuring topics that include intimate partner violence (IPV), homicide, suicide, transportation safety, and adverse childhood experiences (ACEs). Each session will include data experts who will present trends, patterns, and distribution of injury across Maryland's population, followed by an injury and violence prevention subject matter expert who will share best practices and innovations for prevention in Maryland. Please use the links below to register and attend future webinars (meeting registration is required).



Upcoming Featured Topics:

- [Data to Action: Violent Deaths Prevention Webinar - February 29, 2024](#)
- [Data to Action: Transportation Safety Webinar - April 4, 2024](#)
- [Data to Action: Adverse Childhood Experiences \(ACEs\) Webinar - April 29, 2024](#)



Traumatic Brain Injury (TBI) Data are Now Available in the Environmental Public Health Tracking Portal

[TBI data](#) related to falls, firearms, and motor vehicle crashes are now available on the [Maryland Environmental Public Health Tracking \(EPHT\) Portal](#). The EPHT Portal is an interactive tool that provides stakeholders with environmental and health data for planning, monitoring, and evaluating public health actions and decisions to improve community health. This new module includes state and county trends, and disparities in emergency

department (ED) visits, hospitalizations, and deaths in Maryland.

Things Worth Clicking On: Learn With Us

In Case You Missed It! Back to Basics: What will it Take to Prevent Sexual and Intimate Partner Violence?

According to Prevent Connect, the primary prevention of sexual and intimate partner violence is complex, but at its core, it means stopping violence before it ever begins. This web conference provides a foundation for understanding the importance of creating environments where violence is less likely to happen, provides real-world examples of prevention, and key resources to expand prevention knowledge including the use of technical language and acronyms. [Click here to view the recording.](#)

January is National Winter Sports TBI Awareness Month

This winter, our state is expected to see heavier than normal snowfall due to an El Niño weather pattern. While snow is great for winter sports, the communities we serve should also be made aware of the dangers that can come when sports gear, especially helmets, are worn

incorrectly or not worn at all. Visit [The CDC's Heads Up campaign website](#) for shareable resources and information on how to prevent serious head and brain injuries.

March is Brain Injury Awareness Month

According to the [CDC](#), a traumatic brain injury (TBI) is a preventable brain injury caused by external forces to the brain, such as a blow or penetrating injury to the head. In Maryland, TBI is the leading cause of hospital admissions and emergency room visits for non-fatal injuries. TBI in Maryland is most often caused by a firearm or a fall, followed by a motor vehicle crash. Assault is another common cause of TBI. The Maryland Environmental Public Health Tracking Portal provides data on injuries that intersect with TBIs, such as motor vehicle crashes, falls, and firearms. [Visit the portal](#) for more information about TBIs in your county. Additionally, the Brain Injury Association of Maryland is holding its Annual Conference on March 21-22, 2024. For information, visit <https://www.biamd.org/>.



Join Partnership for a Safer Maryland (PSM)

PSM provides free membership to people and organizations interested in injury prevention in Maryland. Members receive monthly newsletters on injury topics, events and resources. Sign up for your free membership account [here](#).

Contact Us & Submit Content

We hope you are enjoying our newsletter! We would love to highlight the programs taking place across the state. We are inviting local health departments and partners to offer submissions for the newsletter. Submissions should be concise (under 175 words), and informative. To submit content for an upcoming newsletter, inquiries, feedback, or programmatic technical assistance, contact mdh.injuryprevention@maryland.gov.

Maryland Department of Health | Center for Injury and Violence Prevention | [Visit our website](#)