



Parents or Caregivers of  
Newborn to 5 yrs. old

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## PATHWAYS STRONGER FAMILIES PROGRAM IS HOSTING a Parent Café

Cafés are physically and emotionally safe spaces where people talk and listen to each other on topics that matter to them, such as the challenges and victories of raising a family, navigating landscapes of inequality, enhancing well-being, or being involved in the recovery process of someone they love.

### The next Parent Café will be:

Date: Post-Holiday Celebration January 17<sup>th</sup>

Time 1:30pm-3:30pm

Location: Lexington Park Library


Address: 21677 FDR Blvd, Lexington Park


For more information, call: 240-587-8047

## Protective Factors for Strong Families

- ☼ Parental Resilience
- ☼ Social Connections
- ☼ Concrete Support in Times of Need
- ☼ Knowledge of Parenting and Child
- ☼ Development
- ☼ Social and Emotional
- ☼ Competence of Children

Please RSVP as soon as possible with name/gender and age of child so your child receives a gift 😊  
[dsisk@pathwaysinc.org](mailto:dsisk@pathwaysinc.org)  
or  
240-587-8047.

 A Strengthening Families Maryland Parent Café, courtesy of Maryland Family Network.

 Strengthening Families Maryland Parent Cafés are a Be Strong Families Parent Café Model

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**PATHWAYS, INC**

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