



HSMP Steering Committee Meeting

Tuesday, February 6, 2024

Agenda

1. Healthy St. Mary's 2026 CHIP
2. 2024 HSMP Annual Meeting Planning
3. 2024 Advocacy Agenda
4. Action Team Meeting Times
5. Action Team Updates
6. Other Business?
7. Roles & Responsibilities Info Session

Healthy St. Mary's 2026 CHIP

- On January 31st, the annual update for the Healthy St. Mary's Community Health Improvement Plan was released
- [Click here](#) to view the report

2024 HSMP Annual Meeting Planning

- Save the Date for the 2024 HSMP Annual Meeting on Thursday, September 26, 2024 from 8:30 AM - 4:00 PM!
 - We will reassess shortening the event as we get closer to the meeting date. In the meantime, we will look into filling the afternoon segment with an engaging activity, training or demonstration!
- Grand Hall of the SMART building is available!
 - Sectioned off rooms with straight tables (classroom style), if possible
- Theme
 - “Health Throughout The Lifespan”
- Topic Ideas
 - Connecting young and elder population together with activities
 - Youth mental health
 - Cooking demonstration for a healthy snack
 - Urban gardening (tying in the new community garden)
 - Healthy Brain Initiative
- Speaker Ideas
 - Joint session with Dept. of Aging & Human Services on aging for caregivers
 - Retired seniors volunteer program
- Sponsorship Ideas
 - Gyms or physical therapy businesses: Method Gym, Rowhouse, or Pro Flex Therapy, SPICE, Evolve, Knowledge Boxing)
 - Aetna Better Health of Maryland
 - Other recreation/physical activity locations: YMCA of the Chesapeake, R&P
 - Entities looking to give back, base contractors, Chamber of Commerce



GRAND HALL

HSMP Advocacy Agenda

- Chronic Disease
 - A draft advocacy letter supporting the expansion of the STS bus routes will be put on hold due to recent changes in transportation funding
- Environmental Health
 - HSMP signed Chesapeake Climate Action Network's (CCAN) resolution in support of the RENEW Act
 - CCAN continues to hold weekly coalition meetings to advocate

Action Team Meeting Times

- At February's action team meetings, we will coordinate a schedule for evening action team meetings (if desired). These meetings will take place quarterly. We will also brainstorm of ways to encourage participation at our monthly meetings.
- Meeting guest lists continue to be updated for each action team.

Action Team Updates

- EHAT is planning initiatives for this upcoming year and sending out a Jamboard to brainstorm ideas. There is a desire to continue focusing on food security. The bike share project has been tabled for now, however, the team's initiatives has inspired other agencies to incorporate bike share plans into their own projects, like R&P for its Three Notch Trail development. Members expressed interested in promoting awareness of EH topics.
- Meeting reminders will now be sent 1 week before each action team meeting. It will include a link to the meeting minutes, agenda, and action items, if any.
- CDAT is prepping for another year of More to Explore this summer, as well as holding walking groups, and cooking demonstrations with its partners! Walking groups will resume in March, while the next cooking demonstration is February 23.
- VIT reports that St. Mary's County NAACP held its first branch meeting last month, and featured guest speaker, Sheriff Hall to discuss violence prevention programs. February is Teen Dating Violence Awareness Month. Yesterday morning, the County Commissioners presented a proclamation, recognizing the observance.
- BHAT's Mental Health Court Subcommittee is finalizing its report to be finished by March. Its Family Education Resources landing page is now live, and a Spanish version is currently under construction! Action team members are planning mental health outreach events this spring. They are working to organize a Mental Health & Wellness Fair in partnership with St. Mary's County Public Schools, on May 18.

Other Business?

- Welcome **Andrea Hamilton**, Assistant Director for the Division of Community Engagement and Policy at St. Mary's County Health Department (SMCHD) and HSMP's newest support staff member!
- Earmarks for senatorials are due this month. St. Mary's County previously applied for roadway improvements at Tulagi Place.
- SMCHD's Health Equity Team is doing community outreach to distribute COVID-19 test kits ahead of Super Bowl weekend.
 - Their next outreach date is this Friday at 11:00 AM - 1:00 PM, at Weis Markets in Callaway.
- HSMP's VIT Action Team is looking to secure a location for its evening ACEs Discussion Panel in March.
- Lexington Manor Passive Park's Community Garden is having its Opening Weekend on March 2-3. There will be a ribbon-cutting ceremony at the Cherry Blossom Festival on April 6.

Roles & Responsibilities Info Session

This January, action team members were elected into the following positions:

- HSMP Co-Chair (Kelsey Bush)
- HSMP Vice Chair (Nathaniel Scroggins)
- Chronic Disease Action Team Co-Chair (Christine Delise)
- Violence, Injury & Trauma Action Team Co-Chair (Michelle Pottinger)

Welcome!

We will take this time to hold a short informational session to review the roles and responsibilities for HSMP officers and co-chairs.

Roles & Responsibilities Info Session (continued)

Duties for HSMP Co-Chair

- Providing overall leadership for HSMP
- Exercising general powers of management usually vested in the office of the Co-Chair
- Serving as a spokesperson for HSMP
- Convening and leading coalition-wide meetings of HSMP
- Assist with nomination of Action Team Chairs
- Serve as the Chair for the Steering Committee
- Leading quarterly Steering Committee meetings
- Maintaining at least 50% attendance at each of the action team meetings
 - Attend at least 5 of each action team meetings per year
- Present HSMP Update Session at the HSMP Annual Meeting

Roles & Responsibilities Info Session (continued)

Duties for HSMP Vice-Chair

- Providing overall leadership for the HSMP
- Exercising duties of the HSMP Co-Chair in the absence of the HSMP Co-Chair
- Perform additional duties delegated by the HSMP Co-Chair
- Assist with the nomination of Action Team Chairs
- Supporting the HSMP Co-chair as needed at quarterly Steering Committee meetings
- Maintaining at least 50% attendance at each of the action team meetings
 - Attend at least 5 of each action team meetings per year

Roles & Responsibilities Info Session (continued)

Duties for HSMP Action Team Co-Chair

- Providing overall leadership for the action team
- Exercising general powers of management usually vested in the office of the Co-Chair
- Serving as liaison for the action team to the Steering Committee and overall HSMP
- Convening and leading action team meetings