

Navigating Youth Mental Health

SUICIDE PREVENTION
AWARENESS FOR
PARENTS AND
CAREGIVERS

**MENTAL HEALTH STRUGGLES
AND SUICIDAL THOUGHTS ARE
COMMON FOR MANY YOUNG
PEOPLE**

Join FFSC and community organizations
for a panel discussion and resources on
how to support youth in times of crisis.



Date: 12 March 2024 Time: 6pm – 7:30pm

Location: NAS Patuxent River, Building 401, 22187 Arnold Circle, Patuxent River, MD