



Pathways STRONGER Families Program

Pathways, Inc



MARYLAND
FAMILY
NETWORK

The Pathways Stronger Families Program

Our Strong Families Program is an early intervention support program for Southern Maryland families. The program is structured to help vulnerable and marginalized families who may be in crisis and experiencing multiple, complex challenges that may lead to individual or family disintegration or separation.



STRONGER FAMILIES PROGRAM MISSION

Aspiring the Southern Maryland families to a healthy living environment, a positive community support system through resource networking, and placing family values at the forefront of families.



Building Proactive Child & Family Well-being Systems

CHANGING THE NORMS ABOUT PARENTING:

- Raising awareness and commitments to promote safe, stable, and nurturing relationships and environments for all children
- Use data to inform actions
- Create the context for healthy children and families through norms change and programs
- Create the context for healthy children and family policies.

(Prevention Resource Guide, 2023-24).

The Protective Factors Framework

- **Parental Resilience:** Ability to manage and bounce back from all types of challenges that emerge in every family's life.
- **Social Connections:** The involvement of friends, family members, neighbors and community members for emotional support, problem solving, parenting advice and concrete assistance to parents.
- **Concrete Support in Times of Need:** Meeting basic economic needs (e.g. food, shelter, clothing and health care) essential for families to thrive. Crisis such as domestic violence, mental illness or substance abuse, adequate services and supports need to be in place.
- **Knowledge of Parenting and Child Development:** Accurate information about child development and appropriate expectations for children's behavior at every age that is essential in healthy development.
- **Social and Emotional Competence of Children:** Ability of children to interact positively with others, self-regulate behavior and effectively communicate their feelings.

Internal and External Referral Program

- Parenting Skill Group
- Family Counseling
- Individual Counseling
- Parent Cafè
- Resource Coordination
- Community Support
- Supported Employment
- Others (includes external referrals, if necessary)

Reference

U.S. Dept. of Health and Human Services Administration for Children and Families Administration on Children, Youth and Families Children's Bureau, (2023-24), ***Prevention Resource Guide***, pg. 9, www.acf.hhs.gov/cb

My Contact Info

Gregory (Greg) Holtz

Outreach Specialist, Pathways Stronger Families Program

Email Address: gholtz@pathwaysinc.org

Work cell: (301) 997-3517

QUESTIONS

