


# Behavioral Health Action Team Meeting

Friday, March 15, 2024

# Agenda

1. Introductions
  2. Partner Spotlight
  3. Updates on Previous BHAT Projects
  4. Comprehensive Resource Guide and Training
  5. Community Outreach and Canvassing
  6. Partner Updates
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# Introductions

[Click here](#) to access the attendee list!



# Partner Spotlight

- Tiffany Daniels of CTLDomGroup presented on the Mental Health Awareness Project.



## Mental Health Awareness Project

Veteran Service Organizations bring awareness in a (5) Step Program.

1. General Assessment
2. Skills and Office Productivity Training
3. Peer Support Groups
4. Family Support
5. Transition Assistance



# Updates on Previous BHAT Projects

- Mental Health Court
  - The Mental Health Court subcommittee met this past Wednesday, and will meet again on April 10 to realize the report.
- Family Education Resources
  - Please share the [landing page](#), [one-pager](#), and [postcard](#)!
    - Update - As of March 14, iMind's Mobile Response Services are no longer available. This resource has been removed from the webpage and one-pager.
  - If you have shared the Family Education Resources with your networks, please provide feedback and suggestions using [this form](#)!
  - A Spanish version of the landing page will be available soon!
- Client Letter for Providers
  - HSMP will be reaching out to partners to obtain [feedback](#) and suggestions on our [client letter](#).

# Comprehensive Resource Guide and Training

- HSMP is looking to create a comprehensive behavioral health resource guide. Previously, BHAT has created the following which can be included towards the development of the comprehensive guide: Family Education Resources (2023), Resources and Training Guide (2022), and the Navigating Through Youth MH & Suicide Prevention (2022). The team is looking to create a pocket-sized guide that is similar to Three Oaks Center's Community Resource Directory.
  - This resource can be shared with EMS personnel, and include pertinent information on substance use, support groups, the Health Hub, and more!
- The team would also like to host/share important training events happening in St. Mary's County. Examples include Mental Health First Aid, AFSP's It's Real, QPR, AIR and more.
  - If you would like to partner with BHAT to host behavioral health trainings, please reach out!
  - With advanced notice, trainings can be held at St. Mary's County Health Hub, St. Mary's County Health Department, and more!

# Community Outreach and Canvassing

- Action team members expressed an interest in conducting community outreach to bring awareness to resources and increase education on behavioral health and stigma. The team is continuing to plan for upcoming community outreach days/events this spring and summer. Events include:
  - Suicide Prevention event on base (March 19)
  - ACEs Discussion Panel (March 27, 6-8:30PM)
  - Cherry Blossom Festival (April 6)
  - Mental Health & Wellness Fair (May 18, 10-3PM)
  - Juneteenth (June 15, 12-6PM)
  - Minority Mental Health Awareness Month (July - TBD) - Health Hub
- SMCHD's Health Equity team is looking to canvas St. Mary's County.
  - Update - this event has been postponed for a later date to accommodate for any necessary security training. Stay tuned for a finalized date!

# Partner Updates

- Pathways Inc will be hosting a Community Mental Health Run and 5K on Saturday, April 27, from 8 am - 12 pm at Patuxent High School. Prizes will be available for participants! For more info, reach out to Greg Holtz.
- The St. Mary's County Teen Court Program is continuing to see an increase in the number of serious cases involving youth mental health needs and broken families in need of assistance.
- Karen Carloni, the Chief Operating Officer of Cornerstone Montgomery, will be departing. There will be an informal goodbye celebration on April 3 at its Calvert Administrative office.
- PFLAG SoMD would like to invite LGBTQIA+ youth and adults to join their upcoming events: March 20, PFLAG's March Peer-to-Peer (& 🌻 Flower Pot Painting) monthly meeting at 6:15 pm, at the Solomon's Island Mission Center, or join via zoom! On April 13, they will host a MasQUEERade Ball fundraiser at the Olde Breton Inn in Leonardtown, from 6-10 pm.
- Hope & Healing Therapy and Wellness Center has partnered with a local yoga instructor to offer 1:1 Trauma Informed Yoga classes. The Wellness Center is hiring for fully licensed therapists (LCPC, LCSW-C and LCMFT.) Email Jennifer Voorhar for more info.
- Danielle Johnson has replaced Carolyn Cullison as the new Executive Director for On Our Own St. Mary's.



# Communications

**The Healthy St. Mary's Partnership Newsletter** is distributed every two weeks and highlights information on the four health priority areas for St. Mary's County. Sign up or share information with our members!



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# Upcoming Meetings

- **Friday, April 19, 2024 from 10:00 - 11:00 a.m.**
- Interested in being in our Partner Spotlight? Sign up [here!](#)
  - April Partner Spotlight - NAMI Southern Maryland