


Behavioral Health Action Team Meeting

Friday, April 19, 2024

Agenda

1. Introductions
 2. Partner Spotlight - NAMI SOMD
 3. Period Poverty Drive
 4. Updates on Previous BHAT Projects
 5. Comprehensive Resource Guide and Training
 6. Community Outreach and Canvassing
 7. Partner Updates
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Introductions

- [Click here](#) to access the list of attendees!

Partner Spotlight

- Angie Payne of NAMI Southern Maryland provided a presentation on navigating programs for mental illness in St. Mary's County.

HSMP Period Poverty Drive

It's that time 
Time to end
period poverty.



- Suha Ansari, Health Equity Coordinator, Division of Community Engagement and Policy, at the St. Mary's County Health Department, is leading an initiative at SMCHD to address and create sustainable solutions to period poverty.
 - The HSMP Period Poverty Drive is taking place during National Menstrual Health Awareness Month in May.
 - View our Period Poverty Supply Drive Toolkit or email Suha at suha.ansari@maryland.gov to volunteer to be a supply donation site or post flyers to spread awareness!
 - SMCHD Harm Reduction Program has started a small collection of menstruation products on-site. They are looking to collaborate to get packs out to community members at outreach events.

Updates on Previous BHAT Projects

- Mental Health Court
 - The Mental Health Court subcommittee met on April 10. The subcommittee is finalizing the report to be finished at the end of this month.
 - Family Recovery Court program in St. Mary's County Circuit Court
 - Referrals, waitlists, and qualifications.
 - Email us at stmaryspartnership@gmail.com to share feedback!
 - The District Court would like a copy of the report. Shan will include the District Court as a recipient of the report.
- Family Education Resources
 - The Spanish version of the Family Education Resources page is live, but it is still in its preliminary stages! We are working with the SMCHD Language Services Team to identify if there are Spanish versions of listed resources.

Comprehensive Resource Guide and Training

- HSMP is looking to create an updated pocket-sized comprehensive behavioral health resource guide.
- Topics for the Comprehensive Resource Guide Rough Draft:
 - Substance Abuse
 - Overdose Response
 - Good Samaritan Law Information
 - Anti-Stigma
 - Coping
 - Insurance enrollment
 - Support Groups
 - Youth Mental Health
 - Suicide Prevention
 - Homelessness resources, 2-1-1, Domestic Violence
 - Warmline
 - Trauma
- Collaborating with VIT Action Team to make the guide comprehensive. Shan will reach out!

Community Outreach and Canvassing

- The team is continuing to plan for upcoming community outreach days/events to bring awareness to resources and increase education on behavioral health and stigma. Events include:
 - Mental Health & Wellness Fair (May 18, 10-3PM) - 1 volunteer needed.
 - 40 vendors, community agencies, and volunteers will be there with local food trucks! Transportation via two buses may be able to be provided by Swan transportation to the Southern end of the county.
 - Juneteenth (June 15, 12-6PM) - 2 volunteers needed.
 - We are looking to host a Minority Mental Health Awareness Month event at St. Mary's County Health Hub with HSMP (July - TBD)
 - **Action Item:** Use this Google Form to determine the best day/time for the event. We will finalize the date at the next meeting.
- We are partnering with St. Mary's County Health Department (SMCHD)'s Health Equity and Asthma teams to plan three (3) community canvassing days in May to share health and program information. Canvassing will take place from 10 a.m. to 1 p.m. on:
 - Thursday, May 9: Northern Part of the County (Charlotte Hall/Golden Beach Area)
 - Tuesday, May 14: Central Part of the County
 - Friday, May 24: Southern Part of the County
 - **Action Item:** Volunteer to canvass or to stuff giveaway bags by April 25 using this form.

Partner Updates

- The St. Mary's County Minority Outreach Coalition (MOC) is planning the Juneteenth Celebration with local St. Mary's County chapter of the NAACP 7025 on June 15. Register here.
- NAMI SOMD gave a shout-out to the SMCHD Health Hub in Lexington Park for providing great services to our local community members!
- HSMP and St. Mary's County Public Schools are hosting the “Surf the Mental Health & Wellness Wave” Resource and Education Fair on May 18, from 10 A.M. - 3 P.M. at the James A. Forrest Career & Technology Center.
- Save the Date for the annual St. Mary's Community Development Corporation (CDC)'s Great Mills Road Community Clean Up event on Saturday, June 1.
- SMCHD Maternal & Child Health is hosting the Community Baby Shower on Saturday, May 4, from 9 A.M. - 12 P.M. at the school-based health center located at Margaret Brent Middle School. They are accepting 300 registrants (167 Moms so far!) Any pregnant mothers or mothers of a child 1 year or younger is eligible to register. Door prizes include car seats, pack-n-plays, diaper bags, and more! Register here.

Communications

The Healthy St. Mary's Partnership Newsletter is distributed every two weeks and highlights information on the four health priority areas for St. Mary's County. Sign up or share information with our members!



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Get social with us! Share your favorite healthy recipes, fun ways to be physically active, tips for quitting smoking and more with HSMP!



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Upcoming Meetings

- **Friday, May 17, 2024 from 10:00 - 11:00 a.m.**
- Interested in being in our Partner Spotlight? Sign up [here!](#)
 - Save the Date! The HSMP Annual Meeting will take place on Thursday, September 26, 2024 at the USM at Southern Maryland SMART Building - Grand Hall from 8:30AM-2PM! Register to vendor/table now!



SAVE THE DATE
09.26.24
2024 HSMP Annual Meeting
USM at Southern Maryland
Smart Building - Grand Hall
44219 Airport Rd. California, MD 20619

The logo of the University of Southern Maryland (USM) is located at the bottom center of the circular graphic. It features a stylized building icon above the text "UNIVERSITY OF SOUTHERN MARYLAND".