

Violence, Injury, & Trauma Action Team Meeting

Thursday, March 28, 2024

Agenda

- 1. Introductions
- 2. Partner Spotlight
- 3. Partner Updates
- 4. ACEs Discussion Panel
- 5. Intimate Partner Violence
- 6. Accidental Injuries

Introductions

<u>Click here</u> to access the full attendee list.

Partner Spotlight

Heidi Penix and Lisa Geller of Johns Hopkins University held a presentation on Extreme Risk Protective Orders (ERPOs).

- <u>Click here</u> to view the presentation slides.
- Additionally, Johns Hopkins University is recruiting members to be a part of a focus group for ERPO implementation in St. Mary's County. Heidi's team is looking to engage community leaders, youth (ages 13-24), people impacted by suicide, and veterans. If you would like to get involved, email <u>Heidi Penix</u>.

Did you know? Southern Maryland Center for Family Advocacy (SMCFA) provides assistance in filing ERPOs! Reach out to <u>Taylor Spencer Davis</u> or learn more about SMCFA's advocacy services <u>here</u>.

Partner Updates

<u>Southern Maryland Center for Family Advocacy</u> will be out of office and traveling San Diego, CA in the following week. For any concerns, please <u>reach out</u> via email or chat.

MCH is hosting its Community Baby Shower on Saturday, May 4 from 9 a.m. to 12:00 p.m. at Margaret Brent Middle School. They are expecting 300 attendees. Giveaways include diapers, wipes, diaper bag, and door prizes include strollers. Registration is required to participate!

Hope & Healing has partnered with a local yoga instructor for trauma informed yoga. More info here.

Save The Date for the Mental Health & Wellness Fair on May 18th at the Tech Center from 10am-3pm. Registration is still open for vendor tables. We are looking to have vendors secured by April 15th. If you re looking to speak at a mini session, there are still spots open!

Medication Take Back/Shred Event Saturday, April 13 from 9 am - 1 pm at the Department of Aging and Human Services

Hospice did a presentation at the Commission of Aging to speak about their <u>services</u>. Barbara O'Neal shared a webinar titled, "A Psychneurobiological Approach to Mental Health" on April 5. Register <u>here</u>.

ACEs Discussion Panel

The VIT Action Team held it's ACEs discussion panel yesterday evening at St. Mary's College of Maryland. 15 community members attended!

- HSMP would like to thank our panelists, presenters, and participants for a successful event! View the presentation slides <u>here</u>.
- Additionally, HSMP like to do a special shout out of appreciation to our VIT Co-Chairs, Taylor and Michelle, for planning and hosting the event!

Event follow up

- Topics that were well received
 - The impact that adverse childhood experiences have on families
 - ACEs interventions
- Future events?
 - Attendees expressed that they would like to attend more ACEs discussion panels, similar to this one
 - The team will evaluate the desire to hold another event in the future

Intimate Partner Violence

At our last meeting, members brainstormed these ideas in a breakout session:

- Hosting a supply drive
- Assembling goody bags for trauma victims
 - The VIT Action Team can partner with organizations like the St. Mary's County Health Hub, The Mission or St. Mary's Caring to determine what their needs are for the homeless population and assist with serving them.
 - HSMP is currently hosting a period supply drive to address period poverty.
 The VIT Action Team can also partner within HSMP provide menstrual hygiene products to women.
 - April is Sexual Assault Awareness Month Taylor discussed holding an event similar to Fear to Freedom, where individuals get together to assemble bags for victims of sexual assault.
- We will no longer be partnering with iMind's Mobile Response Services to provide resources as their services ended on March 14.
 - SMCHD is in the process of solidifying another contractor to offer crisis and mobile response services to the community. Stay tuned for more updates!

Driver Safety

The action team voted on which "accidental injuries" topic to focus on for this year. Out of the following three choices - driver safety, fire safety, and water safety - driver safety received 9 out of 13 votes.

Driver safety topics will include distracted/drunk driving, traffic accidents, Jamari's Law, and car seat safety

We will continue to brainstorm on the following ideas and talk about them at next month's meeting:

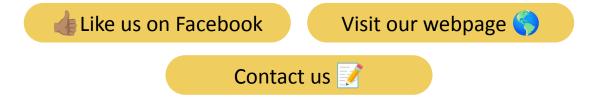
- Areas in our county with a high number of accidents
- Driver safety checkpoints
- Ways to reduce distracted driving, how to report distracted drivers
- Car seat safety
 - SMCHD employees will be receiving Kids In Safety Seats (KISS) training! In the future, they will be able to offer car seat assistance to the community!

Communications

The Healthy St. Mary's Partnership Newsletter is distributed every two weeks and highlights information on the four health priority areas for St. Mary's County. Sign up or share information with our members!



Get social with us! Share your favorite healthy recipes, fun ways to be physically active, tips for quitting smoking and more with HSMP!



Upcoming Meetings

Next meeting: Thursday, April 25, 2024, 1:00 - 2:00 PM.

 Next month, we will discuss offering the option to hold quarterly action team meetings in the evening to include all community members.

Interested in being the next Partner Spotlight? Sign up here!