



# **Behavioral Health Action Team Meeting**

Friday, May 17, 2024

# Agenda

1. Introductions
2. Partner Spotlight
3. Previous BHAT Projects
4. Comprehensive Resource Guide and Training
5. Community Outreach
6. Community Canvassing
7. Partner Updates

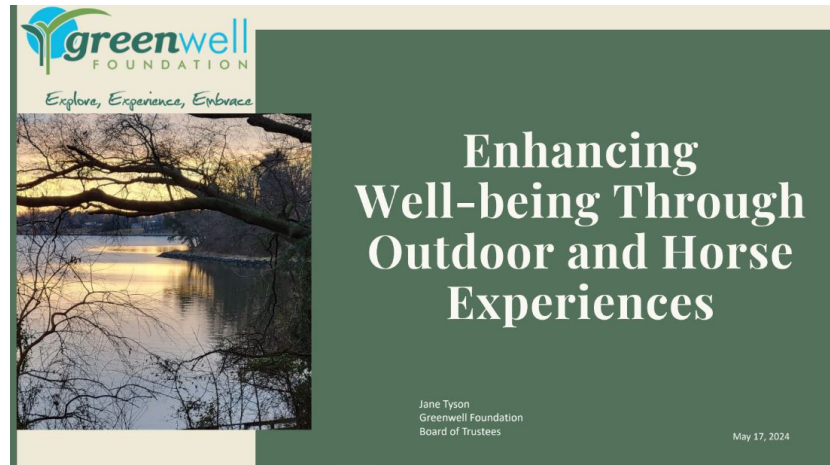
# Introductions

[Click here](#) to access the list of meeting attendees!



# Partner Spotlight

- Jane Tyson held a presentation on The Greenwell Foundation's accessible and inclusive programs and services.
- They will be holding an Open House on May 30, from 10 AM - 1 PM at Greenwell State Park (25450 Rosedale Manor in Hollywood, MD).
- RSVP by May 23 by phone (301) 373-9775 or email.
- For more information, visit [greenwellfoundation.org](http://greenwellfoundation.org).



# Previous BHAT Projects

- Mental Health Court
  - The Mental Health Court 2024 Data Update report is now complete and a copy of it has been sent to the District Administrative Judge for review.
    - The BHAT co-chairs and HSMP Staff are meeting with Judge Chesser at the end of this month to discuss the report.
    - Email [HSMP](#) to request a copy!
- Family Education Resources
  - The [Spanish](#) version of the [Family Education Resources](#) page is live, but it is still in its preliminary stages!
    - We are working with the [SMCHD Language Services Team](#) to identify Spanish versions of each resource, as well as exploring the translation features available on the Google Chrome browser.
    - If you're interested in helping to develop this resource in Spanish, please reach out!
  - Future updates will include resources to [PFLAG's](#) support groups as well as mobile crisis services and crisis stabilization services programs.

# Comprehensive Resource Guide and Training

HSMP is looking to create a pocket-sized comprehensive behavioral health resource guide. Topics for the Comprehensive Resource and Training Guide include:

- Substance Abuse
  - Overdose Response
  - Good Samaritan Law Information
  - Anti-Stigma
  - Coping
  - Insurance enrollment
  - Support Groups
  - Youth Mental Health
  - Suicide Prevention
  - Homelessness resources, 2-1-1, Domestic Violence
  - Warmline
  - Trauma
- The Violence, Injury & Trauma Action Team has expressed interest in collaborating on this project!
  - According to BHAT action team members, similar types of resources are currently being shared.
    - LBHA resource guide
    - Local Homeless Coalition resource with BH providers and information
    - Kristin Voto is able to help provide resources to most topics listed
  - We can pull from these existing resources to compile our comprehensive resource guide.

# Community Outreach

- Mental Health & Wellness Fair at the James A. Forrest Tech Center, tomorrow, May 18, from 10-3PM! Two buses, provided by Swan Transportation, will offer FREE rides to community members from Lexington Park, Greenview Knolls, and George W. Carver Elementary Schools.
  - Share the transportation flyer on social media today!
- St. Mary's County Minority Outreach Coalition (MOC) and NAACP 7025 are hosting the annual Juneteenth Freedom Day Celebration on June 15, from 12-6PM. Register now!
  - 1-2 volunteers needed to table with Aniko -
  - EHAT will be leading a community walk through the LMPP Community Garden during the event with free seed packets and resources from the St. Mary's County Community Development Corporation (CDC).

# Community Outreach (continued)

- In observance of Minority Mental Health Awareness Month, BHAT is holding an mental health outreach event at St. Mary's County Health Hub!
  - The event will take place on either Friday, July 19 or Saturday, July 20 and sometime in the afternoon.
    - We can hold it during lunch time (12 PM) if we are able to secure food. If not, we can aim for 1-4 PM.
      - Food ideas: Boston Dogs, Water bottles, Mission BBQ?
  - The event will be outdoors, but we can utilize the Health Hub's covered carport space for shade, as well as encouraging tabling vendors to bring tents.
    - We discussed partnering with the local fire department/rescue squad for help spraying water to cool off - Rachele/Chris can connect.



# Community Canvassing

- HSMP, SMCHD's Health Equity and Asthma Control Teams are completing our final day of community canvassing next Friday, May 24. We will be canvassing neighborhoods in Lexington Park from 10AM-1PM.
  - 14 volunteers have signed up to canvas!
- We still need assistance with stuffing bags filled with health resource information at the SMCHD office in Leonardtown for the following days:
  - Monday, May 20 & Thursday, May 23 from 10AM - 1PM
  - Wednesday, May 22 (1-3PM)
  - Interested in taking action? Email HSMP at [stmaryspartnership@gmail.com](mailto:stmaryspartnership@gmail.com) to volunteer to stuff bags or to participate in canvassing in Lexington Park!

# Partner Updates

- Johns Hopkins is seeking individuals to participate in their focus groups on Extreme Risk Protective Orders (ERPO). Potential focus group participants include community leaders, youth, individuals impacted by suicide, veterans, and anyone involved in violence/suicide prevention or impacted by violence/suicide. Email [Heidi Penix](#) and CC [Aniko Renee](#).
- [Volunteer](#) for the Third Annual Community Clean Up of Great Mills Road on Saturday, June 1, 2024 from 9AM-12PM to remove litter, pull weeds, and clean up Lexington Park. Please share the flyers! Email Carla at [carla.wilson@stmaryscdc.gov](mailto:carla.wilson@stmaryscdc.gov) to sponsor the garden. They are also looking for extra trash grabbers, leaf blowers, wagons, heavy duty reusable bags from Lowes etc. to be used at the event!
- The Minority Outreach Coalition is holding a picnic for the Pegg Rd Senior Citizens Center on Saturday, June 1 from 11 AM - 1 PM. For more information, contact [Nat Scroggins](#).
- St. Mary's County Health Department's [Behavioral Health](#) Division reports that new mobile crisis and crisis stabilization services will soon be available to community members! Stay tuned for a [press release](#) on SMCHD.

# Communications

The Healthy St. Mary's Partnership Newsletter is distributed every two weeks and highlights information on the four health priority areas for St. Mary's County. Sign up or share information with our members.



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Get social with us! Share your favorite healthy recipes, fun ways to be physically active, tips for quitting smoking and more with HSMP!



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# Upcoming Meetings

- **Friday, June 21, 2024 from 10:00 - 11:00 a.m.**
  - Interested in being in our next Partner Spotlight? Sign up [here!](#)
- Save the Date! The HSMP Annual Meeting is on Thursday, September 26, 2024 from 8:30AM-2PM, featuring Tony Stewart- YMCA of the Chesapeake, as our featured keynote session speaker. Vendor registration is currently open!



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