

Violence, Injury, & Trauma Action Team Meeting

Thursday, April 25, 2024

Agenda

1. Introductions
2. Partner Spotlight
3. Partner Updates
4. Intimate Partner Violence
5. Accidental Injuries


Introductions

- Click here to access the [attendee list](#).

Partner Spotlight

- Suha Ansari, Health Equity Coordinator, Division of Community Engagement and Policy, at the St. Mary's County Health Department, lead a presentation about addressing period poverty.
 - The HSMP Period Poverty Drive is taking place during National Menstrual Health Awareness Month in May.
 - View our Period Poverty Supply Drive Toolkit or email Suha at suha.ansari@maryland.gov to volunteer to be a supply donation site or post flyers to spread awareness!

It's that time 

 Time to end
period poverty.



Partner Updates

- HSMP and St. Mary's County Public Schools (SMCPS) are hosting the “Surf the Mental Health & Wellness Wave” Resource and Education Fair on Saturday, May 18, from 10 A.M. - 3 P.M. at the James A. Forrest Career & Tech Center. They are currently at 54 tabling vendors. Free transportation will be available and will pick up riders from Lexington Park, Carver, and Greenview Knolls Elementary Schools. Event organizers are working on bus routes and schedules-stay tuned for a flyer!
- The Southern Maryland Center for Family Advocacy is offering evening virtual domestic violence support groups on the 1st and 3rd Thursday of the month. Participation in the support groups is free but space is limited! Contact Taylor Spencer Davis to sign up.
- The St. Mary's County Health Hub is continuing to offer walk-in crisis services Monday-Friday. The Hub is also looking to expand services throughout Lexington Park by onboarding a doctor with experience prescribing buprenorphine to handle referrals and work on-site one day a week.
- SMCHD Behavioral Health Authority was awarded funding to support mental health resources in partnership with St. Mary's County Public Schools and Maryland Coalition of Families. They will be launching a hub and spoke program. More to come!
- The SMCHD Community Baby Shower is on May 4 at Margaret Brent Middle School from 9 a.m-12 p.m. Anyone who is pregnant or that has a child 1 year or younger is eligible. Guests can receive door prizes like car seats, pack-n-plays, diaper bags, and more! Register here! HSMP will be collecting menstrual product donations at the registration table at the community baby shower! Stop by!

Intimate Partner Violence

- After discussing whether we would get in touch with Fear 2 Freedom to acquire materials to assemble bags or create our own locally, action team members decided that it would be handled locally.
- Community partners can assist with providing items, while VIT action team members can work together to prepare bags and distribute them through partners such as MedStar St. Mary's Hospital (MSMH), local EMS/St. Mary's County Sheriff's Department, Southern Maryland Center for Family Advocacy, and St. Mary's College of Maryland's Wellness Center.
 - HSMP will reach out to MSMH and the St. Mary's County Health Hub to see what items are typically most requested to include in the bags.
 - Churches affiliated with the WARM Program could be potential partners to help distribute the bags.
 - Ideas for items included universal phone chargers, hygiene products for both men and women, body sprays, wipes, tissues, bottles of water, socks, blankets, lip balm, sunscreen, lotion, bug spray, hand sanitizer, and waterproof storage bags.
 - Items in the bags can be tailored to the season, such as warm hats and gloves for the winter and sunscreen or bug spray for the summer.

Driver Safety

- The VIT Action Team will also focus on driver safety. Topics will include distracted/drunk driving, traffic accidents, Jamari's Law, and car seat safety.
- Action Team members discussed hosting a summer safety campaign that focuses on roadway safety, which would include driver and bicycle safety.
 - Distracted driving: Community members can report concerns to the Traffic Safety Unit Supervisor at 301-475-4200 x 8098 or email SMCSOTrafficSafety@stmaryscountymd.gov.
 - Car seat safety:
 - SMCHD employees will be receiving Kids In Safety Seats (KISS) training! In the future, they will be able to offer car seat assistance to the community!
 - Brianne created the Colorful Tips For Kids Safety List infographic for infant and child seat safety.
- The team discussed future projects and events for the team to host including:
 - Distributing car safety seats (SMCHD) with the Sheriff's Department checking installation (KISS partnership with free seats).
 - Possible VIT Safety campaign for summer- drivers safety, bike safety, distracted drivers and pedestrians by creating a toolkit or social media campaign
 - Providing feedback to environmental planners working on safe school routes with the Low Impact Development Center (LID) and NAS Pax River.

Communications

The Healthy St. Mary's Partnership Newsletter is distributed every two weeks and highlights information on the four health priority areas for St. Mary's County. Sign up or share information with our members!



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Share information



Get social with us! Share your favorite healthy recipes, fun ways to be physically active, tips for quitting smoking and more with HSMP!



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Upcoming Meetings

Next meeting: Thursday, May 23, 2024, 1:00 - 2:00 PM.

- Next month, we will discuss offering the option to hold quarterly action team meetings in the evening to include all community members.
- **Interested in being the next Partner Spotlight?** Sign up [here!](#)
- Save the Date! The HSMP Annual Meeting will take place on Thursday, September 26, 2024 at the USM at Southern Maryland SMART Building - Grand Hall from 8:30AM-2PM! Register to vendor/table now!

