


Behavioral Health Action Team Meeting

Friday, August 16, 2024

Agenda

1. Introductions
 2. Partner Spotlight Presentations
 - Greg Ruess - American Foundation for Suicide Prevention (AFSP)
 3. Awareness Days
 4. Partner Updates
 5. Previous BHAT Projects
 6. Meeting Close
 - Contact HSMP
 - Upcoming Meetings
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Introductions

- See the attendee list [here](#).

Partner Spotlight

- Greg Ruess led a presentation on behalf of the American Foundation for Suicide Prevention (AFSP).
 - Register for the annual Out of the Darkness Walk in Historic St. Mary's City on Sunday, October 27 at 9 AM!
 - Find practical information after experience a loss, and access free AFSP social-media graphics to join local awareness efforts.
 - **Are you in crisis? Call or Text [988](tel:988)**
 - **Having a mental health EMERGENCY? Dial 911**



Awareness Days

- August
 - Aug. 30: National Grief Awareness Day
 - Aug. 31: International Overdose Awareness Day
- September
 - National Recovery Month
 - Suicide Prevention Month
 - Sept. 4-10: World Suicide Prevention Week
 - Sept. 10: World Suicide Prevention Day
 - Sept. 19: Youth Mental Health Day
- October
 - Breast Cancer Awareness Month
 - Domestic Violence Awareness Month
 - National ADHD Awareness Month
 - National Sensory Processing Awareness Month
 - Pregnancy and Infant Loss Awareness Month
 - Oct. 3-9: Mental Illness Awareness Week
 - Oct. 7: National Depression Screening Day
 - Oct. 10: World Mental Health Day

Partner Updates

- **SMCHD** continues to host back to school vaccine clinics in August and Sept. See their schedule [here](#).
- **Beacon of Hope Recovery Community Center of Pyramid Healthcare** Is hosting a candlelight vigil in honor of International Overdose Awareness Day on August 31 held at 7-8:30pm. Learn more [here](#).
- **St. Mary's Goes Purple** is hosting their third annual [Walk for Recovery](#) on Saturday, Sept. 14 in Leonardtown Square. View the flyer [here](#). Vendor-table [registration](#) is open until Aug 31.
- The **Local Behavioral Health Authority** is hosting Recovery Fest 2024 on Saturday, September 7, 10 AM - 2 PM at Annmarie Gardens. View the flyer [here](#).
 - The Behavioral Health division of SMCHD will be sharing the family education resource at the event.

Partner Updates (Cont.)

- **College of Southern Maryland**: is hosting a Volunteerism Day on September 7 from 10 AM - 1 PM.
- **American Foundation for Suicide Prevention (AFSP)** is hosting their Annual Out of the Darkness Walk at St. Mary's City on Sunday, October 27! Learn more here.
- **The U.S. Oyster Festival** will take place October 19-20 at the Leonardtown Fairgrounds! Vendors and exhibitors are needed and registration is free!
- **Department of Aging and Human Services**: Farmer's Feeding St. Mary's had a great turnout on Aug 15! Another event will take place on Saturday, September 7 from 9-1. See the flyer here.
- **Department of Aging and Human Services** hosts Annual Community Wellness Fair to be held on October 11. Check out their website.
- **Department of Aging and Human Services** is hosting a new caregiver support group every 4th Tuesday at the Garvey Senior Center at 6 PM. No pre-registration required - 301-475-4200 *1057. See the flyer for August here.

Previous BHAT Projects

- Family Education Resource
 - The website, shareable hyper-linked (PDF), printable outreach version (front and back; dual-sided), and postcard have been updated! 🎉
 - Please share them with your networks!
- HSMP has added the Google Translate language plug-in to our website!
 - Our BHAT Family Education Subcommittee Meeting met on July 2. The subcommittee will meet again on October 2. View the minutes!
- Providing the updated resources for families at outreach and recovery events:
 - Lauren and Aniko will be attending the Recovery Fest and 3rd Annual Walk for Recovery with SMCHD and the Local Behavioral Health Authority!
 - BHAT is looking to partner with BJ Hall's annual Halloween in the Square Event. (10/26, 1-4PM) to highlight programs at the SMCHD Health Hub.
 - The Hub Event Planning Committee will meet on Sept. 3. Email HSMP to join the subcommittee. Meetings are open to the community!
 - Volunteers for upcoming outreach events - Please use this Google Form to view upcoming events and provide your availability to volunteer in fall 2024.

Meeting Close

- Contact HSMP
- Upcoming Meetings



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Upcoming Meetings

- **October 18, from 10 - 11 am**
 - We will not meet in Sept.
 - Interested in being in our next Partner Spotlight? Sign up here!
 - BHAT Event Planning Subcommittee Meeting on Sept. 3, 2:00 PM.
 - [July 19 - Meeting Minutes](#)
- **Save the Date!** The [HSMP Annual Meeting](#) is on Thursday, September 26, 2024 from 8:30AM-2PM, featuring YMCA of the Chesapeake as our featured keynote session speaker.

