

# **Chronic Disease Action Team Meeting**

**Tuesday, July 23, 2024**

# Agenda

1. Introductions
2. Partner Spotlight - Annie Carver, J.D.
3. Partner Updates
4. Education on Nutrition & Physical Activity
5. Updates on Previous CDAT Projects
6. Meeting Close
  - Contact HSMP
  - Upcoming Meetings

# Introductions

- Click here to access the [attendee list](#).

# Partner Spotlight

- **Please Welcome Annie Carter, J.D.,** Staff Attorney for the Legal Resource Center for Public Health Policy – Cannabis, at the University of Maryland Francis King Carey School of Law!
  - Presenting on the LRC-Cannabis team, their services, and reviewing the data for St. Mary’s County gathered from their community needs assessment.
  - Contact via email: [a.carver@law.umaryland.edu](mailto:a.carver@law.umaryland.edu)

# Partner Updates

- Seedco Event - Save the Date! 9/18 Community Resource Event 2:30-6:30 PM with health screenings, a cooking demo, small food pantry, Narcan training, and more! Open to the tri-county area! Jaycees Community Center in Waldorf.
- St. Mary's College is hosting a Volunteer Day on Sept. 7! Volunteers and vendors are needed! Students will be in attendance. Set-up is at 10 with the event following 11-1 at the Performing Arts Center. Find more information
- St. Mary's Caring Soup Kitchen is looking for vendors on Aug. 15 to assist with their Back to School Event from 4-6.
- SNAP-Ed- UME has a new family consumer sciences specialist, Dr. Deon Littles, and is open to needs assessments and future educational opportunities.
- SMHD are hosting free Nicotine Cessation Classes starting Sept. 10 - Oct. 22, every Tuesday evening for 7 weeks! One on one sessions to come! Share the flier or register [here](#).
- National Night Out at Nicolette Park will happen on August 6 from 4-8! Find other locations [here](#).
- The Legal Resource Center provided an update on newly enacted legislation, including: An increase to Tri-county council and farmers, vaping has been added to the clean indoor air act, tobacco tax increase to assist with MD Education Fund/Blueprint to MD's Future. Next Deadline: Oct. 1
- Farmers Feeding St. Mary's Events Aug. 15 at Bay District Firehouse and Sept. 7 at the UHaul

# Education on Nutrition & Physical Activity

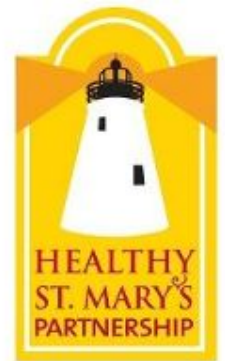
- Education & Nutrition:
  - CDAT Event - Supporting the community chapter of the Take Off Pounds Sensibly (TOPS) on Wednesday, October 2, 5PM at Lexington Park Library.
    - Free annual membership to the first 30 members that sign-up on site!
    - Launch the flyer and registration link next month!
- Diabetes and Obesity Education Grant - HSMP will be hosting 3 additional cooking demos with life and wellness coach, Shaniqua L. Cousins!
  - Partnering with LMPP Community Garden & Health Department Communications team to provide digital content
  - Seeking audiences for 2 new hybrid demos:
    - MedStar Women's Health & SMCHD Clinic - Gestational Diabetes sign up - 9/20
    - LMPP Community Garden Members & Renters - Flyer Coming soon! - 9/13
  - Hybrid demo with regular & returning attendees - Flyer Coming soon! - 9/27
- Providing resources at outreach - **Action Item:** Use this Google Form to volunteer to represent HSMP at an upcoming community outreach event!

# Updates on Previous CDAT Projects

- More To Explore 2024 launched on June 8 and will run through September 3!
  - Replacement signs have been delivered!
  - Aetna Better Health of MD is providing donations of MTE finisher prizes!
    - Christine will drop off finisher prizes like stress balls, pop-its, and pedometers to the Lexington Park Library.
  - HSMP developed a MTE Quick FAQ Guide to the sites with information for partners and participants. Please share with your networks.
  - MTE Update for fiscal '25 - New signs, prizes, and sites coming next year!
    - Continuing partnership with the Lexington Park Library
- HSMP's Walking Groups
  - Please join us for our walking groups every Wednesday evening at Lancaster Park (July 24) and once a month on Saturday morning at the Leonardtown Wharf (Aug 10). View the Walking Resource Page for future dates!

## Meeting Close

- Contact HSMP
- Upcoming Meetings





# CONTACT HSMP



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# Upcoming Meetings

- **Our next CDAT meeting will be on Tuesday, August 27, from 1-2 PM.**
  - Interested in being our next Partner Spotlight? Sign-up or send the form [here!](#)
- **Save the Date! The HSMP Annual Meeting will take place on Thursday, September 26, 2024 at the USM at Southern Maryland SMART Building - Grand Hall from 8:30AM-2PM! Vendor/table registration closes on Aug. 16!**

