


Behavioral Health Action Team Meeting

Friday, October 18, 2024

Agenda

1. Introductions
 2. Partner Spotlight Presentation
 - Shannon Lord - Charlie Health
 3. Partner Updates
 4. BHAT Scavenger Hunt in the Square
 5. Previous BHAT Projects
 6. Review - S.M.A.R.T. Goals
 7. Meeting Close
 - Contact HSMP
 - Upcoming Meetings
 - Action Team Elections
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Introductions

- See the attendee list [here](#)

- Action Team Co-Chairs
 - [Chris Shea](#) - SMCHD Health Hub
 - [Jess Jolly](#) - St. Mary's College of Maryland)

- BHAT Meeting Coordinator:




Aniko Renee

Local Health Improvement Lead

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SMCHD–Division of Community Engagement & Policy

Partner Spotlight

- Please welcome Shannon Lord from Charlie Health!
 -  shannon.lord@charliehealth.com
 - Review the slides [here](#).



charlie health

Partner Updates

- **Period Equity Initiative Work Groups** - Call for volunteers! Adjusting contracts, but still looking to meet community needs! Work groups will focus on funding for period products. Please reach out to [Suha](#) or HSMP by Nov 4!
- **Maternal, Child, & Elder Health Unit**
 - Drive-Through Baby Shower at the Health Hub open to the public - view the press release (10.15.24 PM). Attendees must live St. Mary's and must be pregnant or 6 mos of age. Pre-registration is required!
- **American Foundation for Suicide Prevention (AFSP)** is hosting their Annual Out of the Darkness Walk at St. Mary's City on Sunday, October 27! Join team "Healthy St. Mary's Partnership" and see you there!
- **The Santé Group** Mobile Crisis group will be serving the tri-county area with 24/7 care in Charlotte Hall, hopefully beginning in January! There will be one team per shift. They will be presenting at SMCHD in the future.
 - A Pascal Crisis Stabilization Center building is being constructed in Charlotte Hall area with 16 patient beds. Any person in crisis in MD can access the new facility. Stay tuned for updates on upcoming presentations!

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Partner Updates (Cont.)


- Pilot Hub & Spoke program for St. Mary's (SBHC/YM and MCF) is completing a needs assessment and asset mapping survey for St. Mary's County residents for school-aged children for behavioral health needs. Thank you for your support!
- Community Assistance Day on November 14 from 3 - 7 pm! Flyer to come!
 - Successful Sock Drive - 154 pairs donated!
 - Providing VIT Action Bags for the unhoused
 - 3rd Annual, "Why Don't They Just Leave?" IPV Panel was on October 13
 - Community Awareness Bag Stuffing - VIT Action Bags for survivors; PERK testing kits
- **Ridge Lions Club PACER group** - NC Relief Fund - Bags assembled and 41,000 lbs of supplies were donated!!!! Donations are still accepted!


BHAT Scavenger Hunt in the Square

- Reach Back & Lift 1 is hosting the 5th annual **Halloween in the Square** event on **October 26, 2024, 1 - 4 PM.**
- **HSMP created a scavenger hunt for attendees to promote the Health Hub!** [Canva Public View Link](#)
- **Health Hub Info on Back**
 - Process - Attendees will go to 9 different tables to receive a stamp.
 - Return stamped cards to SMCHD Health Hub Table for rubber duck prize & candy
 - Designed for ease & accessibility for families
 - Thank you to SMCHD attendees!
 - **Still open to sponsorships!** Interested? Contact Reach Back & Lift 1
 - Event Organizer & Nonprofit Owner: B.J. Hall - [✉ bj.hall@rbal1.org](mailto:bj.hall@rbal1.org)

HALLOWEEN ON THE SQUARE

Collect a stamp from 9 different tables to get a prize!
Turn this sheet into the St. Mary's County Health Department (SMCHD) **Health Hub's** table when done!

 ST. MARY'S COUNTY
HEALTH DEPARTMENT
Heart. Science. Service.

 HEALTHY ST. MARY'S PARTNERSHIP

Previous BHAT Projects

- No feedback has been provided on the BHAT Provider No-Show Client Letter.
 - How could we better monitor feedback after developing resources like this for providers?
 - Serenity Place has correspondence in place and haven't had feedback on the form.
- BHAT Family Education Website & Resource
 - More feedback received after last subcommittee meeting.
 - Designed as a quick-guide for families to navigate services in St. Mary's
 - Leadership County Comprehensive Resource Guide releasing later this year.
 - SMCHD Behavioral Health Unit for existing agency resource guides to be updated.
 - Final meeting?

Review - S.M.A.R.T. Goals

- January 2024 - The team agreed to begin working on the following projects:
 - Comprehensive resource guide for families
 - Providing trainings in the community
 - Conducting outreach in the community to raise awareness of resources and increase education around behavioral health and stigma.

<h1>S</h1>	<h1>M</h1>	<h1>A</h1>	<h1>R</h1>	<h1>T</h1>
Specific	Measurable	Achievable	Relevant	Time-bound
Be specific about what you want to achieve	Make sure that you can measure your success	Ensure your goal is realistic and achievable - don't set yourself a goal that's too easy or too difficult to complete	Set yourself a goal that's relevant to you	Assign a start and end date to your goal to encourage yourself to reach it with a deadline
Ask yourself questions about your goals following the five W's - Who, What, When, Where, and Why	You'll be able to track your progress by answering questions like how will you know when your goal is complete?	Look at your current situation and make sure you have what you need to achieve	Is your goal worthwhile to you? Are you the right person to achieve it? Is your goal applicable to your current situation, or is it unrealistic?	Think about what you can do today, tomorrow, months from now to achieve your goal
				



! Jamboard is going away December 31 To keep your work, export your Jam files before then

Provide cultural competency training for clinicians.

Health Department outreach to affected county commissions and committees

Identify initiatives to strengthen communities, ask and give what community needs WRT events and programming EMS, Youth, Elderly,

We really do need to coordinate with EMS, whether paid or volunteer. EMS needs training on what resources are out there, because they can suggest resources to patients.

BHAT to provide outreach and education on services available in the county? (Go to where the people are model).

growing amount of providers

Decrease stigma associated with behavioral health through communications campaigns, public outreach, and anti-stigma training.

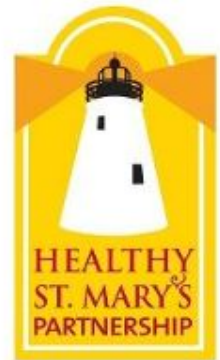
Review - S.M.A.R.T. Goals

- **How can we better streamline and execute our coalition's goals?**
 - Funding
 - Trainings - Local BHA?
 - Outreach, print, and physical projects - HSMP grants?
 - Planning for 2025 - One main goal, or one main theme?

 - Working on projects as a team vs. subcommittees
 - Tracking Outreach and Metrics
 - What partners are still missing from our regular meetings?
 - Social Needs tool for MedStar Hospital QR code page at discharge -
 - **Action Item:** follow-up with Medstar Medical Group for coordination;
 - Link or QR code to health department and hubpages

Meeting Close

- Contact HSMP
- Upcoming Meetings/Elections



CONTACT HSMP



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Upcoming Meetings

- Interested in being our next partner spotlight? Sign up [here](#).
- Our next meeting will be December 13.
- Elections
 - 2024 co-chair elections are near! Nominate yourself or others to be a co-chair!
 - Nominations are open until October 30
 - Voting will take place at the final meeting of the year

**HSMP Action Team
Co-Chair Elections**

Nominations close October 30

VOTE

Voting will take place at the final meeting of the year

HEALTHY ST. MARY'S PARTNERSHIP

The graphic features a central illustration of a ballot box with a white envelope slot on top and the word "VOTE" in white capital letters on a dark blue front panel. The box is set against a light beige background with dark teal circular accents in the corners. Below the ballot box is the logo for Healthy St. Mary's Partnership, which includes a lighthouse icon and the text "HEALTHY ST. MARY'S PARTNERSHIP". Two callout bubbles with pink borders contain the text "Nominations close October 30" and "Voting will take place at the final meeting of the year".