



Environmental Health Action Team Meeting (EHAT)

Wednesday, August 21, 2024

10:00 - 11:00 AM EST.

Agenda

1. Introductions
2. Partner Spotlight - SAPH (Ashlyn)
3. LMPP Community Garden
4. Previous EHAT Projects
5. 2025 Advocacy Agenda
6. Partner Updates
7. Meeting Close
 - Upcoming Meeting Poll
 - Contact HSMP
 - HSMP Annual Meeting

Introductions

- Click here to access the [attendee list](#).

Partner Spotlight

Ashlyn Dishman, Local Public Health Corps Coordinator at the St. Mary's County Health Department, has led the Student Academy of Public Health (SAPH).

- Possible future partnership for women in STEM partnership with Stella's Girls/ VIT Youth Mentorship
- Partnership with LMPP Community Garden, SMCHD Clinic & Health Hub, Detention Center, BEACON Recovery (Laura for training) & more!
- HSMP teaming up with Brianne and Youth Mentoring Platform (WellCheck) to recruit more students to volunteer.
 - Vice President of [SMASC](#) St. Mary's Association of Student Councils (all schools student councils - meet quarterly at the Tech Ctr. on Oct. 31. View [flyer](#)).
 - HSMP will get the list from Ashlyn to coordinate HSMP listserv sign-up! Great feedback for public health interest after learning about SMCHD!
 - Dr. Skinner interested in student interest as well. Call for applications in the Spring can be matched by HSMP email blast.
 - [SMCHD Local Public Health Corp.](#) and [Maryland Responds Medical Reserve Corp.](#)



LMPP Community Garden

- Food Security Partnership:
 - Farmers Feeding St. Mary's - first event on Aug. 15 was a huge success! Next event: Saturday, Sept. 7 at 4601 Signature Ln. in Lexington Park. View the [flyer](#)!
 - EHAT's [Food Connection Map](#) will be receiving new updates! Submit your edits and additions [here](#).
- Decreasing food waste: LMPPCG held a Composting Class on Aug. 12.
 - Join their next community education event to learn about Seed-Saving on Sept. 11. Registration is [open](#)!
 - Hosting a Fall Volunteer Weekend on Sept. 14 & 15. View the [flyer](#) and volunteer!
 - Excess produce - continuing to donate to Feed St. Mary's. - OVER 100 LBS OF PRODUCE so far!!!
 - Discussing extra communal gardening day for weeding around produce and possibility of an event in the Fall - flyer to come!
 - View the updated volunteer flyer
 - Providing education: Native plants grant (Molly Moore), Building Bridges workshops, and kid's garden will be starting soon!
 - SMCHD Language Services Team request in progress
- HSMP was awarded with funding from Overweight, Obesity, And Diabetes Strategies Grant!
 - Host HSMP Healthy Eating Cooking Demonstrations with Shaniqua L. Cousins, with one specifically for LMPP Garden Members on Sept. 13 at 6PM.
 - View the [cooking demo flyers](#) and register [here](#).
 - SOMD [Community Fridge](#) partnership with [Three Oaks](#) Men's Shelter: Bringing perishable food items in a community-sustained fridge.

Previous EHAT Projects

- HSMP's FREE Walking Groups are expanding to include additional days!
 - Walking Groups at Lancaster Park will now meet every Wednesday at 6PM
 - Our newest HSMP Coordinator, Lauren, recently attended the HSMP WarCycle Walk It Out Group! ([← Facebook Group Link](#))
 - Upcoming walks: August 21 (today) and join HSMP next Wednesday, August 28 by the basketball courts!
 - To sign up, email Mark at WARcycle!
- Walking Groups at Leonardtown Wharf Waterfront Park meet once a month on Saturday at 9:30 AM. Meet at the compass by the water.
 - Upcoming walks: Sept. 21 at 9:30 am
 - To sign up, email Amanda at Peaktop Wellness!
- Slow Bird Walking Event with Southern Maryland Autobahn
 - December Christmas Bird-Count Walk
 - Sharing the garden flyers to include HSMP updates for website
 - Slide deck, flyer library, calendar

2025 Advocacy Agenda

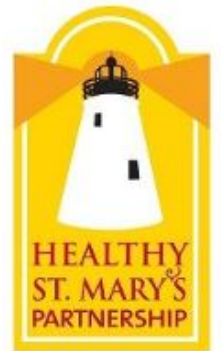
- Chesapeake Climate Action Network continues to host its weekly RENEW Act Coalition Meetings. This prepares the community for natural disasters.
 - Karly has been attending meetings - HSMP will provide the updated proposal in minutes
 - Virtual Meetings every Monday from 4:00 - 5:00 PM
 - If you would like to join these meetings, please contact HSMP.
- Kate McPhaul, RN, MPH, PhD & University of MD Public School of Health PHAB LAB's "Care About Air" presentation at July's EHAT meeting.
 - Shared findings for St. Mary's County Air Quality Assessment
 - Indoor air quality with GUV/asthma program, CPEST program
 - HSMP helped coordinate a second focus group at the Lexington Park Library.
- Coordinating with Kelly and Ashlyn for Emergency Preparedness -
 - Climate Investments Coalition meetings are held on Zoom every other Wednesday at 2pm.
- Period Equity
 - No dispensers at middle schools, but have products provided by nurses. Access being a barrier is still environment!
 - Funding is needed to keep the initiative sustainable! We may not be able to continue our current contract with Pads Across America.
 - Ended drives for collection in June. We divided products for partners but the library is having the most need for replenishing.
 - Can some locations work with HSMP to host continued drives/boxes and then KEEP products. Suha will reach out to library management to discuss!

Partner Updates

- **Land Use and Growth Management** will be updating their comprehensive plan. Dept. of Economic Dev. reapplying for sustainable communities designation.
- **SMCHD:** New website for public health trainings, volunteer events, emergency preparedness drills, and more for St. Mary's County residents. SMCHD as a virtual education hub for the community and for students. [Link](#) to platform. Changes and updates are in progress! Stay tuned for updates!
- [Farmers Feeding St. Mary's](#) events are open for vendor registration! Farmers will be providing free food to the community on Aug. 15 at Bay District Volunteer Fire Dept. from 1-7PM and on Sept. 7 from 9AM-1PM at the UHaul Parking lot (46041 Signature Ln. Lexington Park,MD).
- HSMP Annual vendor registration confirmations will go out Sept. 6!
- Reviewing Community Assistance Day - rescheduled to November 13.

Meeting Close

- Contact HSMP
- HSMP Annual Meeting



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Upcoming Meetings

- Our next meeting will be Wednesday, October 16, from 10 - 11 am.
- Save the Date! The HSMP Annual Meeting is on Thursday, September 26, 2024 from 8:30AM-2PM, featuring YMCA of the Chesapeake as our featured keynote session speaker.
 - Vendor registration confirmation emails will be sent by Friday, Sept. 6.

