

# In 2022, St. Mary's County Health Department (SMCHD)

established the first two SBHC's in the county.

**Goals:** Expand access to care to those living in Healthcare Provider Shortage Areas (HPSAs)

**Target clientele:** Students, staff and community members

## Steps to our goals

- Increase awareness
- Ease of access
- Long term financial stability

## Results

- Support with our community
- Enrollments

# St. Mary's County, Maryland



# ST. MARY'S COUNTY, MD

COUNTY

ADD COMPARISON

2022 POPULATION

113,814

0.534% 1-YEAR GROWTH

US SENATOR



Ben Cardin

DEMOCRATIC PARTY

US SENATOR



Chris Van Hollen

DEMOCRATIC PARTY

2022 MEDIAN AGE

37

0.817% 1-YEAR INCREASE

2022 POVERTY RATE

7.59%

4.93% 1-YEAR DECREASE

2022 MEDIAN HOUSEHOLD INCOME

\$113,668

10.5% 1-YEAR GROWTH

2022 MEDIAN PROPERTY VALUE

\$376,900

15.3% 1-YEAR GROWTH

2022 EMPLOYED POPULATION

57,306

2.94% 1-YEAR GROWTH

POPULATION & DIVERSITY

ECONOMY

CIVICS

EDUCATION

HOUSING & LIVING

HEALTH

St. Mary's County is considered a Health Provider Shortage Area (HPSA)

## Health Care

Diversity by age and insurance for our county in 2022

### Health Care Diversity

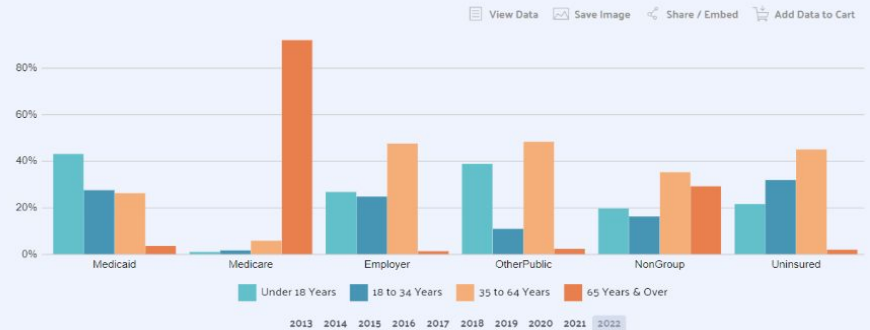
Age Range

In 2022, insured persons according to age ranges were distributed in 26.3% under 18 years, 21.1% between 18 and 34 years, 39.4% between 35 and 64 years, and 13.2% over 64 years.

By gender, of the total number of insured persons, 49.7% were men and 50.3% were women.

The following chart shows the number of people with health coverage by age range.

Data from [the Census Bureau ACS 5-year Estimate](#)



Our school based health centers were placed on the north part and south part of the county to assist with getting the entire county access to the care needed!



The North end of the county, we have our center located at Margaret Brent Middle School. We have a nurse practitioner, Paula Carson as well as our direct care assistant Christie

Johnson.



At the Southern end, we are located at Spring Ridge Middle School. We have our nurse practitioner, Kelli Goldsborough, as well as our direct care assistant

Chantell Mackall.



We prioritized ease of access to enrollments by working closely with WellCheck, a digital solutions company, to run our digital enrollment process for the families in our community.

 **WellCheck** Registration- online enrollment

-QR codes were created and utilized for easy access

**Expanded access to ALL SMCPS students**



# Increase Awareness of SBHC's

## Create Contacts



- School Nurses
- Admin in Schools
- Social Workers
- Our SMCHD Services
- Community Partners
  - Youth Groups
  - Libraries
  - Camps

## Community Outreach

- School Events
  - Back to school night
  - Freshman Orientation
  - Project Graduation
  - Back To School Vaccine Clinics
- Community Events
  - County Fairs
  - Mental and Health Wellness Events



# SBHC Promotional Flyers



**SCHOOL BASED HEALTH CENTERS**  
OPEN ALL SUMMER!



Available to **all** community members offering:

- **Vaccinations**
- Routine and sports **physicals**
- **Sick visits** and **rapid testing**
  - COVID-19, Flu, RSV & Strep
- **Minor injuries**
- Management of **chronic illness** and much more!



**Monday - Friday | 8 am - 4:30 pm**

**SAME DAY APPOINTMENTS AVAILABLE  
CALL TO MAKE AN APPOINTMENT**

Learn more: [smchd.org/SBHC](https://smchd.org/SBHC)



## SCHOOL BASED HEALTH CENTERS





- Same day sick visits
- Testing for COVID-19, flu, RSV & strep
- Annual well child visits
- Sports physicals
- Help managing chronic conditions
- Care for illness, injuries, allergic reactions, & more

**Spring Ridge Health Center**  
19856 Three Notch Rd  
Lexington Park, MD 20653  
240-434-6059

**Margaret Brent Health Center**  
29675 Point Lookout Rd  
Mechanicsville, MD 20659  
240-434-6060

**For More Information**  
[smchd.org/sbhc](https://smchd.org/sbhc)

ENROLL NOW FOR FASTER SERVICE!





**Spring Ridge Middle School-Based Health Center**

- Tuesday, July 11 (3pm-7pm)
- Friday, July 14 (9am-12pm)
- Saturday, August 12 (9am - 12pm)
- Saturday, September 9 (9am - 12pm)

**Margaret Brent Middle School-Based Health Center**

- Tuesday, July 25 (3pm-7pm)
- Friday, July 28 (9am-12pm)
- Saturday, August 26 (9am - 12pm)

**APPOINTMENTS RECOMMENDED**

*Bring vaccine records and any related school forms.*

**Vaccines Available:**

- Tdap (tetanus, diphtheria, whooping cough)
- Meningococcal (meningitis)
- HPV (human papillomavirus)
- Varicella (chicken pox)



Make an appointment at:  
[smchd.org/immunizations](https://smchd.org/immunizations)

Community vaccine clinics we host with the local hospital to ensure vaccine equity in the community

**FLU & COVID-19 VACCINE CLINICS!**

**FREE FOR CHILDREN 18 AND UNDER!**

Friday, October 20, 2023 from 2-6 pm at St. Mary's County Health Hub (Drive Thru)  
 Friday, October 27, 2023 from 2-6 pm at St. Mary's County Health Hub (Drive-Thru)  
 Saturday, November 4, 2023 from 12-3 pm at Charlotte Hall Library  
 Wednesday, November 8, 2023 from 3-6 pm at Spring Ridge SBHC  
 Saturday, November 18, 2023 from 9 am - 12 pm Margaret Brent SBHC

**NO APPOINTMENT REQUIRED**

[SMCHD.ORG/FLU/](https://SMCHD.ORG/FLU/)  
[SMCHD.ORG/COVID-19/](https://SMCHD.ORG/COVID-19/)

We host back-to-school vaccine events for St. Mary's schools including rising 7th grade

# Our Community Support



Mother's Day  
Community  
Baby Shower



Spring Ridge Middle

School Drum Line  
**We support one  
another bringing  
the community  
together for a  
bigger change!**

Governor Wes  
Moore: Showing his  
support at the  
SBHC Anniversary  
Dinner



# Financial Sustainability

## In network with insurance companies

- Being in network will assist with payments
- Collecting Co-payments from families

## Self Pay Patients

- Offer sliding fee scale
- Payment Plans

## Offer sport physicals and school physicals

## Offer childhood vaccines

- Commercial Insurances
- VFC with the State

***!!Never turning anyone away for inability to pay!!***

# Enrollments Since August 2022

## Margaret Brent SBHC

1,108 Patients

1,436 Visits

## Spring Ridge SBHC

924 Patients

961 Visits

**Total Patients: 1,867**

**Total Visits: 2,397**

# “Keeping up with the Joneses!”

Our community is constantly changing and growing and mental health is an important issue.

Received funding to provide Behavior Health into our SBHC's

Providing these services to :

Students

Staff

Community Members

We work hard to improve the access to care for our patients every day! We love working with them and are very grateful to support them with this new and innovative service. St. Mary's County is small and rural and lacks transportation and providers. We are making big changes to meet the needs of the students, staff, and community members in St. Mary's County!