

BRINGING COMMUNITIES TOGETHER





ADDRESSING COMMUNITY NEEDS

Over the past decade, community leaders worked tirelessly to advocate for a community center that would provide programs and services for the residents of St. Mary's County. In 2019, the St. Mary's County Commissioners established an exploratory committee to substantiate community need, programs and services and possible locations. The Committee was also charged with determining if the YMCA could be the partner of choice.

Working with the YMCA of the Chesapeake, St. Mary's County commissioned a third - party study to determine need, location and potential involvement. The results were overwhelmingly positive showing a new YMCA located next to Great Mills High School could serve 10,000 community members on a regular basis!



WHY THE YMCA?

- The Y of the Chesapeake has provided continuous service to the community since 1857.
- Today, we impact the lives of over 50,000 people of all ages, backgrounds, and abilities.
- As a not for profit community organization, no one is turned away due to the inability to pay.
- Expanded base of financial support granting \$2,000,000 in financial assistance while maintaining a balanced budget.
- The Y operates 11 Ys across the Eastern Shore of Maryland and Virginia and has a proven track record of success in raising fund and building new community YMCAs.



The YMCA of the Chesapeake has served the Eastern Shore since 1857.

We work side-by-side with our neighbors to address critical community needs that help kids develop into smart, resilient adults; for people to improve their health and well-being; for our most vulnerable young people to get the care and support they need; and to create a space where our community can come together as one.

YMCA OF THE CHESAPEAKE

1 Cecil County 2 Kent County **Family YMCA** Family YMCA 25 YMCA Boulevard 800 High Street Chestertown, MD 21620 Elkton, MD 21921 410.398.2333 410.778.3148 3 Queen Anne's County Perkins Family YMCA/ Family YMCA **Bay Hundred Senior Center** 210 Vincit Drive 300 Seymour Avenue Centreville, MD 21617 St. Michaels, MD 21663 443.262.9994 410.745.5963 5 Easton Family YMCA 6 Easton Family YMCA @Peachblossom @Washington 202 Peach Blossom Road 1180 S. Washington Street Easton, MD 21601 Easton, MD 21601 410.822.0566 410.822.1515 7 Caroline County 8 Pauline F. & W. David Robbins Family YMCA **Family YMCA** 46 Denton Plaza 201 Talbot Avenue Denton, MD 21629 Cambridge, MD 21613 DORCHESTER 410,479,3060 410.221.0505 WICOMICO 9 Richard A. Henson 10 Lower Shore WORCESTER Family YMCA **Family YMCA** 715 S. Schumaker Drive 1900 Worcester Highway Salisbury, MD 21804 Pocomoke City, MD 21851 410,749,0101 410.957.9622 11 David Landsberger 12 YMCA St. Mary's County Family YMCA **Family YMCA** 6395 Maddox Boulevard Lexington Park, MD Chincoteague Island, VA 23336 COMING SOON! 757.336.6266

YMCACHESAPEAKE.ORG

111-1 East Dover Street Easton, MD 21601 410.770.3890



YOUTH DEVELOPMENT

GOAL: Providing expanded youth programs designed to help children learn, grow, and thrive!

ACTIONS: Our YMCA will provide new youth programs that will include:

- Summer Camps
- Swim Lessons
- Early Learning
- Leaders Club
- Youth Wellness Programs
- After School
- Youth Sports
- Home School PE
- Lifeguard Training
- Water Safety
- Summer Learning
- 6th Grade Membership Initiative
- Mentoring







HEALTHY LIVING

GOAL: Work with community partners to improve the health of people by providing them programs and services that make them feel empowered.

ACTIONS: Our YMCA will provide a variety of health and wellness programs that support individuals, families and the community in their quest to live a healthy lifestyle.

New Wellness Programs and Services will include:

- Expanded group exercise classes
- Rock Steady Boxing (Parkinson's)
- Blood pressure management
- Diabetes prevention
- Youth obesity program
- Nutrition education
- LiveSTRONG at the YMCA
- Enhance Fitness



CONNECTING COMMUNITIES YMCA OF THE CHESAPEAKE, INC.

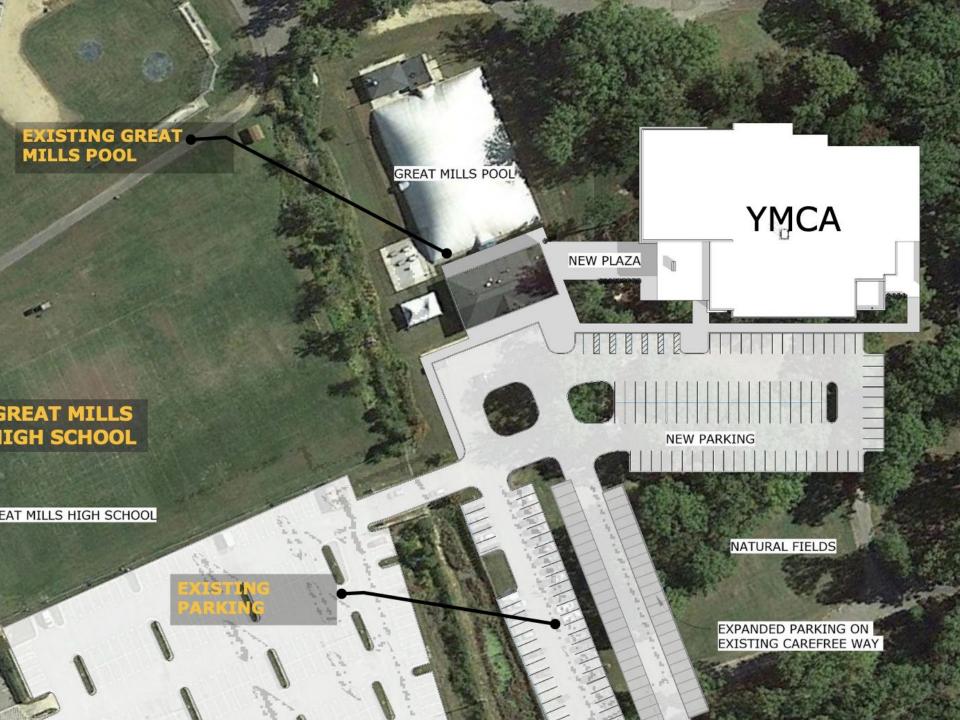






THE NEW 60,000 SQ FT YMCA FACILITY WILL INCLUDE:

- State of the art wellness center
- Six lane pool with easy entry and space for swim lesson and young swimmers
- Double gymnasium including two full size basketball courts, 4 basketball halfcourts, six pickleball courts, 2 volleyball courts
- Elevated Indoor walking track
- 5 indoor multiple purpose spaces
- Stay and play area for our youngest participants
- Community meeting spaces
- Teaching kitchen
- Social spaces
- A place to connect to other seniors, preventing isolationism among seniors who have lost a spouse.
- A place where everyone feels welcomed and comes together as a community.





St. Mary's Family YMCA





St. Mary's Family YMCA



Conceptual Rendering – Exterior



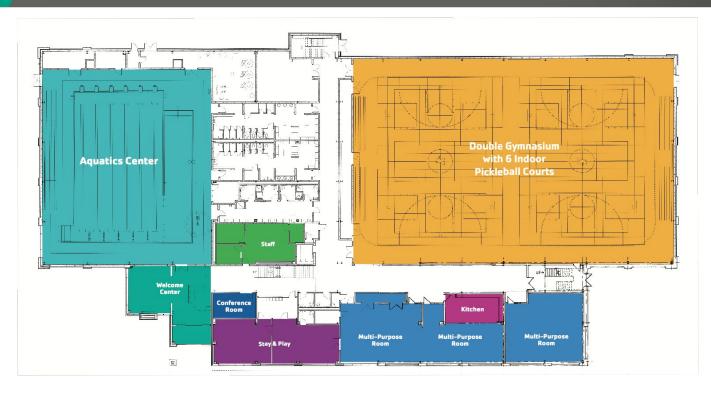
Conceptual Rendering - Aerial View



Conceptual Rendering - Bird's Eye View



St. Mary's County Family YMCA



Main Level



Welcome Center



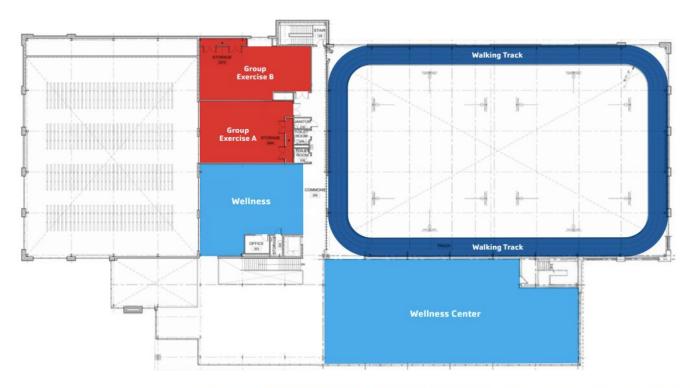
Aquatics Center



Gymnasium



St. Mary's County Family YMCA



Upper Level



NATIONAL PROPERTY OF THE PROPE



Wellness Center

Group Excercise Rooms

Running Track



KEY PARTNERSHIPS & COLLABORATIONS

YMCAs transform communities through longterm investments in people; strengthening other charities and collaborative partnerships in the region.

What does this look like in other communities?

- Provide free meeting space for outside community groups
- Partner with school districts to support systemic enhancements to curriculum – e.g. Learn to Swim, swim team programming.
- Work with local hospital systems to expand chronic disease programming and establish/ maintain referral networks
- Provide free YMCA programming to enhance participation and engagement in partner services
 e.g. Summer Meals Program





